

→ REMEMBER TO



1 WET HANDS
USE CLEAN, RUNNING
WATER (WARM OR COLD)



2 APPLY SOAP
USE ENOUGH TO COVER
ALL HAND SURFACES



3 LATHER SOAP
RUB HANDS TOGETHER TO
SPREAD SOAP ALL OVER



4 SCRUB HANDS
WASH FOR 20 SECONDS
("HAPPY BIRTHDAY" TWICE)



5 RINSE HANDS
USE CLEAN, RUNNING
WATER (WARM OR COLD)



6 DRY HANDS
AIR DRY OR USE A
CLEAN PAPER TOWEL

WASH YOUR HANDS