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This guide contains information from companies/organizations that offer family services in the Dubuque County area. Inclusion does not indicate endorsement of any listing. The Kids Expo Team and sponsors cannot be responsible for errors/omissions of any kind. Submit changes or new listings to dcearlychild@gmail.com. To request this guide, contact Dubuque County Early Childhood at (563) 588-1620.

ARTS

Academy of Ballet/Dubuque City
Youth Ballet (DCYB) ................. 583-2047
2085 Mullin Rd., Dbq 52001
www.balletdubuque.com
E-mail: marina@balletdubuque.com
• Classical ballet training for ages 6-adult with
  beginner through advanced classes.

Creative Adventure Lab .......... 607-5366
210 Jones St., Dbq 52001
www.creativeadventurelab.org
• Fun, skill-building activities for the whole
  family, all designed to spark creative thinking.
  Visit to design, build, climb, paint, and explore.

Dubuque Museum of Art .......... 557-1851
701 Locust St., Dbq 52001
www.dbqart.org
• Offers traveling art exhibitions and art classes
  for adults and children.

Hobby Lobby Creative Center .... 557-0680
3925 Dodge St., Dbq 52003
• Hours: 9 a.m.–8 p.m.; closed Sundays.

Michaels Arts & Crafts .......... 584-0339
2455 NW Arterial, Dbq 52002
www.michaels.com

BEFORE-/AFTER-SCHOOL PROGRAMS

Before & After-School Care ...... 556-3371
• Offered by Dubuque Community YMCA/
  YWCA at various locations.

Before- and After-School Programs
At St. Mark Youth Enrichment. 582-6211
1201 Locust St., Dbq 52001
www.stmarkyouthenrichment.org
• Located at various elementary schools on
  Monday to Friday on regularly scheduled
  school days with homework help, instruction,
  snacks, and more.

Leadership Enrichment After-School
Program (LEAP) ................. 552-3130
210 Jones St., Dbq 52001
www.dbqschools.org/district/programs/
  leadership-enrichment-school-programs-leap
BEREAVEMENT/GRIEF

Angel Wings Support Group... 590-3681
At Resources Unite, 1900 JFK Rd., Dbq 52002
• Support group for the loss of a child; spend time with others experiencing a similar loss.
  Meets on 1st Wednesday of every month from 7-9 p.m.

Compassionate Friends Support Group.......................... 590-2292
At Mercy Medical Center, Conf. Rm 1B
250 Mercy Dr., Dbq 52001
• Support group for parents who have lost children. Meets on 4th Tuesday of every month from 7-8:30 p.m.

Leonard Funeral Home & Crematory.................................. 556-6788
2595 Rockdale Rd., Dbq 52003

Mount Olivet Cemetery .......... 582-7392
10566 Military Rd., Dbq 52003

Threshold Singers ............ 515-451-2291
E-mail: rtsboeke@gmail.com
• A group who sing songs of comfort/healing for those experiencing birth, death, illness, joy, grief, or transition. Will sing for 15-20 minutes locally at no charge.

BIRTHDAY PARTIES

Happy Joe’s ......................... 556-0820
855 Century Dr., Dbq 52002
• Dine-in and carry-out pizza plus fun birthday party packages for all ages with free sundae.

McDonald’s PlayPlace ........... 583-8286
2250 Flint Hill Dr., Dbq 52003

RMB MAGIC ...................... 556-8584
Bob Beardsley
• Stand-up and walk-around magic/balloon animals for parties and special occasions.

CAMPS

Boy Scouts Camp .................. 556-4343
10601 Military Rd., Dbq 52003
www.scoutsiowa.org

Camp Albrecht Acres .......... 552-1771
14837 Sherrill Rd., Sherrill 52073
www.albrechtacres.org
E-mail: info@albrechtacres.org
• Weekly summer camps for individuals with special needs and winter respite weekends.

Capri College ................... 588-2379
Capri Camp for Kids
395 Main St., Dbq 52001

Dubuque Community
YMCA/YWCA Camps ............ 556-3371
35 N. Booth St., Dbq 52001
www.dubuqueymca.org
E-mail: info@dubuqueymca.org

Dubuque Humane Society
Kids ‘N Critters Camp .......... 582-6766
4242 Chavenelle Rd., Dbq 52002
www.dbqhumane.org
• Camps offered to kids in 1st to 6th grades during the summer.

Girl Scouts Camps .............. 583-9169
2644 Pennsylvania Ave., Dbq 52001

Loras College All-Sports Camps ..... 588-7053
1450 Alta Vista St., Dbq 52001
www.lorasallsportscamps.com
• Instruction in 3 different sports with sessions in June and July for girls and boys ages 7-14.

NICC Kids on Campus .......... 557-8271, ext. 380
844-642-2338 ext. 1399
8342 NICC Dr., Peosta 52068
Email: walsh-weitzk@nicc.edu

St. Mark Youth Enrichment Summer Camps ..................... 582-6211
1201 Locust St., Dbq 52001
www.stmarkyouthenrichment.org
• Offered Monday-Friday with a nutritious meal and theme-based instruction, enrichment activities, and fun field trips.

University of Dubuque for Kids ..................... 589-3000
2000 University Ave., Dbq 52001
www.dbq.edu/udforkids

CHILD CARE & PRESCHOOLS

ABC Learning Early Childhood Center ...................... 583-6654
15 Nightengale Ln., Dbq 52003
• Provides a safe and nurturing environment, so children can explore new possibilities while acquiring knowledge. Care for children ages 6 weeks-12 years and transportation available to certain schools.
Supporting Children’s Healthy Mental Development in the First Five Years

It helps to understand your child’s development and know what new milestones to look for next. Your child’s doctor and 1st Five can help!

1st Five helps children 0-5 years old by helping to find resources to assist with physical development, social-emotional development, autism, family stressors, and more!

UnityPoint Health Visiting Nurse Association 563-556-6200
Child Care & Preschools

Aquin’s Little Angels Early Childhood and Preschool
563-852-7020
210 Grant St., Cascade 52033

Child Care Resource & Referral
557-1628
2728 Asbury Rd., Ste 215, Dbq 52001
- Supports quality child care by helping families select providers who meet their needs. Also offers on-site consultation and educational opportunities to preschools, child care centers, and home providers. Preschool scholarship available to families who meet income qualifications.

Cool School
556-3371
35 N. Booth St., Dbq 52001
- Supports licensed child care for children in kindergarten through 5th grade. Offered at Booth St. location for non-school days and summer.

Dubuque Child Care, LLC
556-0943
3074 Cedar Crest Ct., Dbq 52003

Dubuque Community School District
Preschools
552-5879
www.dbqschools.org/preschool
- 4-year-old voluntary preschool programs free to children who are age 4 by September 15. See web site for list of participating preschools.

Dubuque, Delaware and Jackson County
Iowa Head Start
563-235-3700
10502 St. Joseph Dr., Dbq 52003
- Head Start provides comprehensive child development to children 3-5 years of age. Teaching staff from our 13 classrooms promote academic, social and emotional development, along with providing social, health, nutrition services and play opportunities in safe settings for a minimum of 24 hours weekly. Head Start is a free preschool program to qualifying families.

Dubuque Community YMCA/YWCA
Child Care/Y Creative Learning
556-3371
35 N. Booth St., Dbq 52001
- Licensed child care for children 3-5 years old, including free 4-year-old preschool. Preschool with wrap-around child care is available.

Dubuque Montessori School
556-5101
2605 Pennsylvania Ave., Dbq 52001
www.dubuquemontessori.org
E-mail: office@dubuquemontessori.org

- Offering preschool and kindergarten programs for children ages 2-6. Utilizes the Montessori philosophy to provide enriching developmental experiences where children are free to play and learn at their own pace in areas of practical life, sensorial, math, science, language, geography, culture, art, music, and movement.

Early Learners Child Development Centers
3495 Windsor Ave., Dbq 52001
583-3501
610 Duggan Dr., Dbq 52003
556-8160

Finley/Dubuque Community YMCA/YWCA
Child Care Center
589-2640
300 N. Grandview Ave., Dbq 52001
- Licensed child care for children 6 weeks to 4 years. Infant, toddler, and preschool programs with wrap-around child care is available.

Frog Hollow Kids Campus
582-2200
5005 Asbury Rd., Dbq 52002
- A full-day preschool, nurturing and educating children from 6 weeks to 12 years. Quality, child-driven program is directed by experienced and educated teachers equipped with exceptional resources and a constantly evolving program.

Grand View Child Development Center
582-1125
3342 John Wesley Dr., Dbq 52002
- Offers infant care, preschool, and summer elementary programs. Focuses on each child and individual rates of development and diversity of interests.

Hills & Dales Childcare Center
583-5033
3505 Stoneman Rd., Dbq 52002
www.hillsdales.org
- Offers child care services for children infant age and up, including before-/after-school care, 2- to 3-year-old preschool, and free 4-year-old preschool program.

Holy Family Catholic Early Childhood Centers
582-1246
2005 Kane St., Dbq 52001
www.holyfamilydbq.org/early-childhood
- Dedicated to children’s intellectual/emotional growth in a faith-filled environment. Child care in 5 early childhood centers; preschool for age 3; free 4-year-old preschool; school-age care; and dual-language/Spanish immersion pre-k.
Child Care & Preschools

Holy Ghost Early Childhood Center........................................... 582-2578
2981 Central Ave., Dbq 52001
• Offering infant to school-age care.

Key West Early Childhood Center........................................... 583-1881
10244 Key West Dr., Dbq 52003
www.kwecc.com
• Licensed preschool/child care serving ages 2-5 with free 4-year-old preschool and school-age summer camp. Provides developmentally appropriate activities to enhance children’s growth, including cognitive, physical, social, and emotional development.

The Kid Project Child Care Center........................................... 563-875-2080
415 9th Ave. SW, Dyersville 52040

Little Leaps Learning Academy. 588-2800
715 W. Locust, Dbq 52001
• Offers preschool and child care for children ages 0-5 years old and before-/after-school care plus summer camp for kindergarten to 12 years.

Little Rascals Daycare and Preschool........................................... 582-2400
1125 Rockdale Rd., Dbq 52003

Little Treasures Daycare and Preschool........................................... 556-3800
2035 Radford Rd., Dbq 52002

Martia Theisen ChildCare Center ...587-8830
1584 White St., Dbq 52002
childcare@steeplesquare.com
A safe, beautiful, home-like environment conveniently located in downtown Dubuque.

Mercy Child Development Center...589-9680
250 Mercy Dr., Dbq 52001

Mini Masterpieces Preschool..... 543-1106
1205 Cleveland Ave., Dbq 52003
Noah's Ark Preschool ..........................557-8629
1755 Delhi St., Dbq 52001
• Offers high quality, educational programs for children ages 12 weeks through 5 years with highly trained and qualified staff who focus on helping children achieve development physically, intellectually, spiritually, and socially using traditional teaching methods and principles.

Northeast Iowa Community College Child Development Center .............. 556-5110
8342 NICC Dr., Peosta 52068

Our Redeemer Lutheran Preschool ..... 588-1247, ext. 110
2145 JFK Rd., Dbq 52002
www.orlpreschool.org
• Offers Christian preschool where children ages 3-5 can grow and learn physically, spiritually, intellectually, emotionally, and socially.

Resurrection Early Childhood Center .............................................. 583-5206
4320 Asbury Rd., Dbq 52002

Romper Stompers Childcare Center .............................................. 556-1500
2307 Central Ave., Dbq 52001

School Age Child Care ................. 556-3371
• Licensed child care for children in kindergarten through 5th grade at 9 school sites before and after school.

St. Anthony Early Childhood Center and Our Lady of Guadalupe Spanish Immersion Preschool ......................... 556-2820
2160 Rosedale Ave., Dbq 52001

St. Columbkille Early Childhood 583-1620
1220 Rush St., Dbq 52003

St. Francis Xavier Early Childhood Center ...................................... 563-875-7376
203 2nd St. SW, Dyersville 52040

St. Joseph the Worker Early Childhood Center .............................. 582-1246
2105 St. Joseph St., Dbq 52001

St. Mary School ......................... 815-747-3010
701 IL Route 35 N., East Dbq, IL 61025
www.stmary-ed.com
• Catholic school serving preschool to 8th grade. Develops each individual’s potential to become well-rounded members of the community.

University of Dubuque Marge Kremer Child Care Center .................................. 585-7461
1001 McCormick St., Dbq 52001

Western Dubuque County School District Preschools .......... 563-744-3885
310 4th St. SW, P.O. Box 68, Farley 52046
www.wdbqschools.org

Western Dubuque Montessori Preschool ....................................... 563-744-3022
502 2nd Ave. SW, Farley 52046

Young- Uns Preschool and Child Care Center ............................... 584-0845
3375 Kennedy Circle, Dbq 52002
• Provides developmentally-appropriate child care for infants through school-age children, including free 4-year-old preschool. Ensures a nurturing, relaxed, and safe environment that fosters independence, self-esteem, and needs of the whole child. Is a 5 star on the Quality Rating System.

CLOTHING & HOUSEHOLD ITEMS

Coats for Kids .............................................. 556-5130
1473 Central Ave., Dbq 52001
• Helps kids receive coats for the winter and other times by referral. Operation: New View collects and distributes coats each fall.

Community Clothes Closet .............................................. 588-1415
680 Main St., Dbq 52001
• Provides gently used interview appropriate clothing. Call for open hours.

Discovery Shop: American Cancer Society ......................... 582-9800
2197 University Ave., Dbq 52001
• Offers second-hand clothing and household items at low cost.

Earth Angels .............................................. 552-1835
1900 JFK Rd., Dbq 52002
• Takes donations of gently used household items to give to those in need.

Mission Thrift Store .............................................. 583-3443
998 Central Ave., Dbq 52001
• Resale store offers second-hand clothing, household, and furniture items at low cost.
Open Closet ............................... 583-6572
1276 White St., Dbq 52001
www.almosthomedbq.org
• Offered at St. John’s Lutheran Church on
1st and 3rd Saturday of the month. No cost for
clothing. Coats for Kids in late October.

St. Vincent De Paul .................. 584-2225, 584-2226
1351 Iowa St., Dbq 52001
4990 Radford Ct., Dbq 52002
www.svdpusa.org
• Call to obtain name and telephone number
of representative who will furnish a voucher
for clothing, furnishings, or food. Resale store
offers second-hand clothing and household
items at low cost.

Goodwill Super Center .............. 557-3158
2121 Holliday Dr., Dbq 52002
• Resale store offers second-hand clothing and
household items at low cost.

COUNSELING SERVICES/
SUPPORT GROUPS

Achieving Maximum Potential ... 542-9736
2005 Asbury Rd., Dbq 52001
www.ampiowa.org

Asbury Counseling and
Evaluation Services LLC ......... 588-3500
5900 Saratoga Rd., Ste 4A, Dbq 52002
www.asburycounseling.com

Batterer’s Education Program ... 557-5199
(BEP) ................................. 1-800-485-8151
745 Main St., Dbq 52001
• Program for offenders of domestic violence
through agency referral or voluntary
attendance.

Birthright .............................. 556-1991
National Hotline ................. 1-800-550-4900
221 W. 9th St., Dbq 52001
www.birthright.org/landingpage/lp-dubuque
• Offers support and maternity clothing for
expectant mothers and clothing for infants
through 1 year. No fee for clothing.

Body and Soul ....................... 556-9642
2728 Asbury Rd., Ste 777, Dbq 52001
www.relaxlivewell.com
• Offers counseling, coaching, yoga, spa
services.

Child Care in Dubuque

• Helping families find quality child care services!
• Helping professionals start their own child care
business!

Quality Child Care Matters!

CCR&R Dubuque: 563-557-1628
CCR&R Parent Referrals: 855-244-5301
Catholic Charities .......... 563-588-0558
........................................1-800-772-2758
1229 Mt. Loretta Ave., Dbq 52003
www.catholiccharitiesdubuque.org
• Provides counseling on sliding-fee scale to individuals, couples, families, and children from school age to adolescence. Most insurance accepted. Addresses parenting issues, parent/child relationships, self-esteem, grief/loss, and marital/couple relationship issues.

Cedar Valley Friends of the Family 24-Hour Crisis Line .......... 1-800-410-7233
www.cvfriendsofthefamily.org
• Offers emergency shelter; rapid rehousing; homeless prevention.

Children and Adults with Attention Deficit/Hyperactivity Disorder ... 557-7529
3200 Asbury Rd., Dbq 52002
www.chadd.org

Child Health Specialty Clinic .... 556-3700
Community Circle of Care ........ 556-3700
Pediatric Integrated Health....... 583-5545
799 Main St., Ste 230, Dbq 52001
www.chsciowa.org
• Serves children with special health care needs (birth to age 22), including serious emotional and behavioral challenges. Helps families find local services; access care coordination; and attend support groups. Sliding-fee scale for clinic services; no charge for non-clinic services.

Compass Counseling ............ 564-4114
1545 Associates Dr., Ste 105, Dbq 52001
www.compasscounselingdbq.com

Cornerstone at Four Oaks ....... 557-3100
2460 Kerper Blvd., Dbq 52001
• Provides career and educational opportunities to help move families to self-sufficiency, achieving goals through home visits and peer support groups. To qualify, head of household must be receiving Family Investment Partnership benefits. Services are free and confidential.

Crisis Recovery Team through Iowa Help Line ............... 1-855-800-1239
www.foundation2.org

Crossroads Counseling Center . 556-0699
300 Main St., Ste 230 Dbq 52001
www.crossroadsdbq.com
• Offers a wide range of high-quality mental health services to children, teens, adults, and families.

Department of Human Services 557-8251
799 Main St., Nesler Center, Ste 410, Dbq 52001
www.dhs.iowa.gov
• Provides case management for mental illness; home- and community-based services for those with mental illness; and services to families in need and children in foster care.

Dubuque County Mental Health and Disability Services .......... 589-7870
720 Central Ave., Dbq 52001
• Provides help for those in east central region who are interested in accessing mental health and developmental disability services.

Dubuque Dispute Resolution Center (DDRC) ..................... 589-4395
1300 Main St., Dbq 52001

Dubuque Neurology .............. 583-1558
2140 JFK Rd., Ste C, Dbq 52001
• Offers assessments/services for children, teens.

Families First Counseling Services of Iowa .......... 1-888-316-3025
419 N. Grandview Ave., Ste 5, Dbq 52001
www.families-first.net
• Offers remedial services, safety and permanency services; child mental health waiver; public health assessments; community treatment services; behavioral health integrated services; therapy services for all ages.

Families Anonymous ........... 556-4975
www.FamiliesAnonymous.org
• A self-help support group for families/friends who are affected by substance abuse or behavioral problems of a loved one.

Filitti Counseling Services ........ 223-8566
Jon Filitti
2728 Asbury Rd., Ste 950, Dbq 52001
• Offers counseling for families and individuals.

Helping Services for Northeast Iowa, Inc. ............... 582-5317
2728 Asbury Rd., Ste 510, Dbq 52001
www.helpingservices.org
• Supports and promotes the health of children and
Counseling Services/Support Groups

adults by providing programs/resources to help eliminate substance use/abuse for youth and adults plus parenting skills training with emphasis on families of children ages 9-14.

Homb Therapy, LLC ......................580-1990
Julie C. Homb, LMHC, CVSP
3388 Kennedy Circle, Dbq 52002
• Counseling services to children, teens, adults, and couples, specializing in developmental trauma and victimization. Accepts most insurance and Crime Victim Compensation.

Hillcrest Community Health Services
Downtown .................................583-6431
Asbury Road ..............................583-7357
220 W. 7th St., Dbq 52001
2005 Asbury Rd., Dbq 52001
www.hillcrest-fs.org
• Offers residential treatment for behavior disorder and mental illness; family/marriage counseling; youth mentoring; Woman, Infants, and Children (WIC); day treatment and independent living sites for adults with mental illness; homeless outreach; mental health counseling; sexual abuse treatment groups for children and adolescents; health care and education for reproductive system; adoption services. Sliding-fee scale; accepts Title 19 and some insurance. No one denied services for financial reasons.

Iowa Helpline .........................1-855-800-1239
• Has counselors for calls on counseling needs.

Iowa Legal Aid ..........................588-4653
........................................1-800-942-4619
799 Main St., Ste 280, Dbq 52001
www.iowalegalaid.org
• Free legal services for low-income individuals on civil matters, including family violence, housing, income, health, education, consumer.

J4BG ............................................447-7344
1420 Central Ave., Dbq 52001
• Mentors and coaches to help youth.

JDR Counseling Services, LLC ...519-8288
Joel Reicks, LMHC
3388 Kennedy Circle, Ste 1, Dbq 52002
www.jdrcounselingservices.com
E-mail: joelreicks@jdrcounselingservices.com
• Serves children, teens, and adults with a focus on individual and family mental health to create positive connections. Offers Monday-Friday, day, and nighttime hours.

Is your child struggling?
LSI can help!
Consider Behavioral Health Intervention Services (BHIS) and Therapy

You want the best for your child and so do we.
Call 888.457.4692 to learn more about BHIS and Therapy. Schedule an assessment today!

Are you seeking services for a loved one with a disability?
We empower people with disabilities and mental illness to reach their full potential.
Call 563.582.0044 today!

LSI provides hourly SCL and respite options. We service clients funded by the CMH, ID, BI, and Habilitation waivers.
Counseling Services/Support Groups

Life Connections
1766 Central Ave., Dbq 52001
www.life-connections.org
- Counseling services open to the public including individual, family, and couple therapy. Free counseling services for Title 19/Medicaid. Also accepts insurance and hawk-i.

Lutheran Services in Iowa (LSI) 582-0044
2255 JFK Rd. (Asbury Sq.), Dbq 52002
www.lsiowa.org
- Services include counseling for children, adults, families; social, emotional, and behavioral issues; life skills building for people with disabilities; respite care for family caregivers; adoption and foster care; case management for children with severe emotional disturbance; assistance for those who don’t qualify for traditional services. Insurance accepted including Medicaid, TRICARE, Blue Cross/Blue Shield, UnitedHealthcare, and others. Call 1-888-457-4692 to set up an assessment.

Medical Associates Psychiatry
584-3500
200 Mercy Dr., Dbq 52001
www.mahealthcare.com
- Offers services for children, teens, and families.

Mental Health of America Dubuque County
P.O. Box 283, Dbq 52004
www.mhadbq.org
- Provides education, advocacy, networking, and legislative action on mental health issues.

Mercy Medical Center
Mental Health Crisis Line 589-8280

Substance Abuse Center 589-8291
Psychiatric Services 589-9299
250 Mercy Dr., Dbq 52001
www.mercydubuque.com

Mothers of Preschoolers (MOPS) 556-7724
11893 JFK Rd., Dbq 52001
www.ehope.org/MOPS,
E-mail: MOPS@ehope.org
- A moms’ group for mothers of children ages birth to kindergarten. Support and education offered that is relevant to this season of life.

National Alliance on Mental Illness (NAMI) 557-6264
900 Jackson St., Ste LL5-2B, Dbq 52001
- A support service for people with mental illness, including their family and friends.

National Suicide Hotline 1-800-273-8255

New Directions 319-232-2086
1310 Solar Dr., Waterloo 50701
- Behavioral health intervention for children ages 5-17 with skill-based services in homes. Offers couples/individual counseling, STEPS program, training for parent-child interaction therapy.

Pathway of Hope at Salvation Army 556-1573
1099 Iowa St., Dbq 52001
E-mail: cindy.kohlmann@USC.salvationarmy.org
- Works with disadvantaged families giving them tools to grow increased stability and self-sufficiency. Helps break cycle of crisis and enable a path out of intergenerational poverty.

Pediatric Psychology at Medical Associates 584-3441
1000 Langworthy St., Dbq 52001
www.mahealthcare.com
- Offers child and family counseling, therapy, and intervention plus consultation and training.

Reynolds Counseling 284-7613
Amanda Reynolds
810 Locust St., Dbq 52001
- Offers counseling for children, teens, adults.

Riverview Center, Inc. 557-0310
Sexual Abuse Hotline 1-888-577-0310
2600 Dodge St., Ste D4, Dbq 52003
www.riverviewcenter.org
- Offers sexual assault, prevention, intervention, and support for children, women, and men; free and confidential 24-hour crisis intervention; legal and medical advocacy; short- and long-term therapy for victims and significant others.

Routley Center for Solution-Focused Counseling, PC 588-4476
988 W. 3rd St., Ste 108, Dbq 52001
www.routleycenter.net
Cultural Opportunities • Dental Services

Stepping Stones ....................... 557-3774
700 Locust St., Dbq 52001
www.ehope.org
E-mail: steppingstones@ehope.org
• Offers mentoring and education through Earn
While You Learn program for women pregnant
or with children age 4 or under. Earn baby
bucks for diapers, wipes, and other basics
necessities.

Substance Abuse
Service Center ......................... 582-3784
799 Main St., Ste 110, Dbq 52001
www.sasc-dbq.org
E-mail: info@sasc-dbq.org
• Provides assessment and counseling services
for teens, adults, and families experiencing
problems related to alcohol, drugs, and gamble.
Sliding-fee scale, Medicaid, and most
health insurances accepted.

Three Willows Wellness .......... 556-5000
160 W. 10th St., Dbq 52001
www.3willowswellness.com
• Offers counseling for children, teens, adults,
and families for anxiety, stress, depression,
grief, and substance abuse. Services include
clinical hypnotherapy, play therapy, cognitive
therapy, and wellness coaching.

UnityPoint Health/Finley Hospital
Intensive Outpatient Program .... 589-2309
350 Grandview Dr., Ste 4222, Dbq 52001
www.unitypoint.org/Dubuque

Waypoint Domestic Violence
Services ................................ 319-363-2093
24-Hour Crisis Line ............ 1-800-208-0388
318 5th St. SE, Cedar Rapids 52401
www.waypointservices.org
• Provides domestic violence victims with emo-
tional support, referrals, advocacy, and groups.

CULTURAL OPPORTUNITIES

City Life ..................................... 589-4180
1300 Main St., Dbq 52001
www.cityofdubuque.org/citylife
• Helps community learn about city services.

Mathias Ham House ................. 557-9545
2241 Lincoln Ave., Dbq 52001
www.rivermuseum.com/hamsite
• National Register of Historic Sites built in 1856
with tours offered from May through October.

Multi-Cultural Family Center ...... 582-3681
1157 Central Ave., Dbq 52001
www.mfcdbq.org
• Offers cooking and reading nights; children
and teen programs; field trips; Alcoholics
Anonymous; language and computer classes;
mentoring; tutoring; and cultural celebrations.

DENTAL SERVICES

Dental Services at Crescent
Community Health
Center .......... 563.690-2852
1690 Elm St., Ste 300, Dbq 52001
www.crescentchc.org
• Offers oral health services provided by a dentist
and a dental hygienist; preventive and restor-
avive dental services; translation services.
Dental Services • Educational Opportunities

**Dental Services at Visiting Nurse Association (VNA)** 556-6200
1454 Iowa St., Dbq 52001
www.unitypoint.org/dubuque/services-vna.aspx
- Offers age-specific oral health education and screenings; dental care coordination; assistance in accessing professional dental care; and possible assistance for dental care if income eligible and funds are available.

**Dubuque Pediatric Dentistry** 556-6383
Dr. Steve Leifker, Board Certified
1645 JFK Rd., Dbq 52002
www.dbqkidsdentist.com
- Specialist in pediatric dentistry for infants, children, teens, and special needs.

**Epworth Family Dentistry** 563-876-3396
Dr. Kim Kissell
255 Bierman Rd., Epworth 52045
www.epworthfamilydentistry.com

**Exceptional Dentistry** 556-2711
Dr. Kristen Berning, Dr. Alexia Oetken, Dr. Ted Murray | 4200 Asbury Rd., Dbq 52002
www.triexceptional.com

**Kramer Family Dental** 556-3468
Dr. Anna Kramer-Miller, Dr. Meghan Brown-Monroe
968 W. 3rd St., Dbq 52001
www.kramerfamilydental.com

**Midwest Dental Center** 588-2585
2055 Holiday Dr., Dbq 52002

**Peckosh Pediatric Dentistry** 582-1478
Dr. Valerie Peckosh
3455 Stoneman Rd., Ste 2B, Dbq 52002

**Schultz Family Dentistry** 582-5000
3480 Hillcrest Rd., Dbq 52001

**Riverview Family Dentistry** 583-3788
666 Loras Blvd., Dbq 52001

**University of Iowa Dental Clinic** 319-335-7499
Iowa City, 52246
- Services provided at the Iowa City clinic with reduced fees. Call for an appointment.

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**EDUCATIONAL OPPORTUNITIES**

**Archdiocese of Dubuque Center** 556-2580
1229 Mt. Loretta Ave., Dbq 52001
www.dbqarch.org
- Provides professional, spiritual, and consultative services plus coordinates adult faith programs for persons with disabilities.

**Boy Scouts of America** 556-4343
10601 Military Rd., Dbq 52003
www.scoutsiowa.org
- Provides young men and women, ages 5-20, with an exciting year-round program designed to build desirable qualities of character, citizenship, and fitness. Financial aid available based on need.

**Dubuque Community School District** 552-3000
2300 Chaney Rd., Dbq 52001
www.dbqschools.org
- Strives to prepare world-class learners and citizens of character in a safe and inclusive learning community.

**Student & Family education and support Nights at St. Mark Youth Enrichment** 582-6211
1201 Locust St., Dbq 52001
www.stmarkyouthenrichment.org
- Registration held in fall and spring.

**Four Oaks/Parents as Teachers** 557-3100
2460 Kerper Blvd., Dbq 52001
- Free family education and support program that provides information to families on child development for children ages prenatal to kindergarten. Families receive 2 home visits monthly with learning activities; developmental screenings; early intervention; and groups to share successes and concerns with other parents.

**Girl Scouts of Eastern Iowa and Western Illinois** 583-9169
21700 Girl Scout Rd., Epworth, 52045
www.gseiwi.org
- Provides young girls with year-round programs and activities. Financial aid available.
Educational Opportunities

Holy Family Catholic Schools..... 582-5456
2005 Kane St., Dbq 52001
www.holyfamilydbq.org
• Tri-state area’s only full Catholic school system, offering progressive programs from preschool to 12th grade at area sites. Nurtures the gifts of each child, fostering peace, justice, and service in the name of Jesus Christ. Innovative programs and technology usage engage students with varying interests and learning levels, personalizing growth and achievement.

Inclusive Dubuque............... 588-2700
700 Locust St., Dbq 52001
www.inclusivedbq.org
• Gathers a network of partners working on advancing equity in the community.

Iowa State University (ISU) Dubuque County Extension Office......... 583-6496
14858 W. Ridge Ln., Ste 2, Dbq 52003
www.extension.iastate.edu/dubuque
• Serves children, youth, and families with educational programs and services, like 4-H, to help to meet the challenges of a changing world.

Keystone AEA...................... 556-3310
Educational Support...........1-800-632-5918
2310 Chaney Rd., Dbq 52001
www.aea1.k12.ia.us
• Provides school improvement; student learning; school-community planning; educational/instructional materials; professional development; and services for children with special needs. Free screenings for children ages birth-3 to identify special needs and offers free speech-language therapy; occupational/physical therapy; social work; school psychology; special education nursing; audiology and hearing; early childhood special education; vision; transition from school to adult life; and parent assistance.

Mentor Dubuque at Hillcrest Family Services.......................... 583-7357
2005 Asbury Rd., Dbq 52001
www.hillcrest-fs.org
• Caring volunteers are matched with youth ages 5-15 and meet weekly or twice a month. Volunteers make a one-year commitment and maintain a consistent one-to-one relationship.

The National Education Center for Agricultural Safety (NECAS) 557-0354
“Progressive Agricultural Safety Days”
8342 NICC Dr., Peosta 52068
safetyday@nlcc.edu
• Dedicated to preventing illnesses, injuries, deaths among farmers/ranchers, agricultural/horticultural workers, including families and employees.

NICC Dubuque Center......... 844-642-2338
ext, 3100 700 Main St., Dbq 52001
www.nicc.edu
• Provides English-language classes for non-native speakers; basic instruction in reading, writing, and math; dyslexia tutoring services; and HSED Preparation and Testing (formerly the GED).

Presentation Lantern Center ..... 557-7134
900 Jackson St., Ste LL5-1, Dbq 52001
www.thelanterncenter.org
• Drop-in and welcoming center for adult internationals that offer: hospitality, English language education, resources, citizenship test preparation, and advocacy, especially to women.

Two by Two Character Building................
.......................................................... 513-0059
470 W. 4th St., Dbq 52001
www.twobytwoeducation.org
E-mail: info@twobytwoeducation.org
• Program supports development of responsible citizens with strong character who care for, respect, and appreciate people, animals, and the environment.

Western Dubuque County School District..................... 563-744-3885
310 4th St. SW, P.O. Box 68, Farley 52046
www.wdbqschools.org

EMERGENCY INFORMATION

American Red Cross of the Tri-States............... 800-733-2767
2400 Asbury Rd., Dbq 52001
www.redcross.org/ia/dubuque
• Provides relief to victims of disasters and helps people prevent, prepare for, and respond to emergencies. Offers CPR and water safety training. For children, offers first-aid program, basic aid training, and babysitter’s training.
Emergency Information • Financial Assistance

Child Abuse and Neglect Reporting
24-Hour Reporting Line ...1-800-362-2178
General Office ......................... 557-8251

Domestic Violence 24-Hour
Crisis Line .........................1-800-332-5899

Dubuque Community YMCA/YWCA
Victim Services Shelter ........... 556-1100
• Provides emergency shelter to victims of violence and their children in Dubuque County. Services are free and confidential.

Dubuque County
Sheriff’s Department ............ 589-4406
770 Iowa St., Dbq 52001
www.dbqcosheriff.com

Dubuque Fire Department
Fire Prevention Office and
Dubuque Fire Marshal .......... 589-4160
11 W. 9th St., Dbq 52001
www.cityofdubuque.org/fire

Dubuque Police Department
General Information .......... 589-4410
Non-Emergency Dispatch ...... 589-4415
770 Iowa St., Dbq 52001
www.cityofdubuque.org/police

Emergency ..................................... 9-1-1
Homeless Hotline 24/7 ............ 2-1-1
............................................ 1-866-469-2211
Information & Referral ............ 2-1-1
............................................ 1-866-469-2211
• Offers easy way to call and access local information and resources. Available for all ages and income.

Hillcrest Homeless Hotline ............. 855-800-1239

FINANCIAL ASSISTANCE

Apples for Students Program at
St. Mark Youth Enrichment ...... 582-6211
1201 Locust St., Dbq 52001
www.stmarkyouthenrichment.org
• Offers basic school supplies to students in need. Available to children grades K-5 in local public and parochial schools. Register through school counselors or principals by end of the previous school year or through a service agency.

Area Residential Care (ARC)
of Dubuque Area .................... 556-7560
3355 Kennedy Circle, Dbq 52002
www.arearesidentialcare.org
E-mail: info@arearesidentialcare.org
• Advocates for persons with intellectual disabilities. Provides financial aid for those in need.

ARK Advocates ....................... 556-1785
900 Jackson St., Ste LG-1, Dbq 52001
www.arkadvocates.org
• Advocates for and offers financial assistance to those with intellectual disabilities; holds fundraisers; has volunteer opportunities.

Consumer Credit Counseling Service
of Greater Dubuque ................ 582-3885
810 Locust St., Dbq 52001

Department of Human Services 557-8251
799 Main St., Nesler Center, Dbq 52001
www.dhs.iowa.gov
• Access to general relief for emergency financial services and applications for Family Investment Partnership; Aid to Dependent Children; Food Stamps; Title 19; and child care assistance.

Dubuque County Commission on
Veteran Affairs and General Assistance
for Veterans ....................... 589-7840
36 E. 8th St., Dbq 52001
www.dubuquecounty.org/veterans-affairs
• Assists veterans and veteran families with rent, utilities, medical, burial, and special needs. Files disability and pension claims. Eligibility based on requirements.

Dubuque County
General Relief ......................... 589-7840
36 E. 8th St., Dbq 52001

Operation: New View Community
Action Agency (CAA) ............ 556-5130
1473 Central Ave., Dbq 52001
www.operationnewview.org
• Provides services and resources to families and people living in poverty, including Head Start, outreach, energy assistance, emergency assistance, and Santa’s Helper programs.

PATH at Hillcrest
Family Services ..................... 588-0605
2005 Asbury Rd., Dbq 52001
• Provides services for homeless persons with
Financial Assistance • Food Programs

a mental illness, including outreach, case management, support services (transportation, food, blankets, housing search assistance), and financial assistance for security deposits.

People in Need……………………… 581-7995
2155 University Ave., Dbq 52001
www.dacuonline.org
• Assists those temporarily in need by offering limited help through payments to creditors and for other basic needs.

Social Security Administration…………1-877-405-3650
1635 Associates Dr., Ste 101, Dbq 52002
www.socialsecurity.gov
• Supplemental Security Income (SSI) program provides financial support to disabled adults and children who have limited income and resources. Call for appointment or complete online application at web site.

Society for Special Needs…………. 556-6200
Referrals made through Visiting Nurse Association.
• Provides medical assistance for a variety of services, including health care equipment, devices, and supplies.

United Way Services………………….. 588-1415
215 W. 6th St., Dbq 52001
www.dbqunitedway.org
• Offers referrals and information regarding a wide variety of community resources, including child care, medical care, financial assistance, supplemental food programs, and more.

FOOD PROGRAMS

Child and Adult Food Care Program……………… 563-875-7452
750 5th St. NW, Dyersville 52040
• A nutrition education and reimbursement program for registered home providers of child care. Helps children receive nutritious meals.

Dubuque Area Labor Harvest…. 583-3933
215 W. 6th St., Dbq 52001
• Food given away 8-10 times per year and breakfast served on Saturdays when food is not given out. Check local newspaper for listings.

Dubuque County Veteran Affairs ……………… 589-7840
36 E. 8th St., Dbq 52001
www.dubuquecounty.org
• Provides food vouchers to veterans or spouses of a veteran who qualify. Also makes available a food pantry.

Dubuque Food Pantry…………… 583-4440
1598 Jackson St., Dbq 52001
• Free groceries, meats, and paper products. Can be used once every 2 months, except in emergency circumstances. Referral from a social service agency or church is required.

Emergency Food Pantry at Resources Unite…………….. 231-6280
1900 JFK Rd., Dbq 52001

Food Pantry at Multi-Cultural Family Center……………… 582-3681
1157 Central Ave., Dbq 52001

Food Stamps……………………...... 557-8251
Department of Human Services (DHS)
799 Main St., Nesler Center, Dbq 52001
www.dhs.iowa.gov
• Application for food stamps. Applicants need proof of social security number and identification. Can receive every four months.

Hope House Catholic Worker….. 582-9079
1592 Locust St., Dbq 52001
• Provides food pantry.

New Life Food Pantry………………. 556-5090
835 S. Grandview Heights, Dbq 52003

Salvation Army………………….. 556-1573
1099 Iowa St., Dbq 52001
• Provides food to families with limited income. If on FIP/Food Stamps, clients will need a referral from Department of Human Services.

St. Vincent De Paul Vouchers…. 582-3733
4990 Radford Ct., Dbq 52002
1351 Iowa St., Dbq 52001
• Provides food vouchers with a referral from a church, pastor, or social service agency.

Women, Infants, and Children (WIC) …………………… 557-4444
220 W. 7th St., Dbq 52001
• Provides information and food vouchers to pregnant women, breast-feeding mothers, and mothers who have had a baby in the last 6 months. Also provides food vouchers to parents with children up to 5 years of age.
FREE/REDUCED PRICE MEALS

CAFE Meals.......................... 582-3648
First Congregational United Church of Christ
255 W. 10th St., Dbq 52001
• Open to all ages on Thursday evenings.

Dubuque Area Labor Harvest.......................... 582-5947
423 Locust St., Dbq 52001
• Food giveaway on second Saturday and free
breakfasts on other Saturdays of month.

Dubuque Rescue Mission ........... 583-1394
398 Main St., Dbq 52001
www.dbqrescue.org
• Free meal program for all in need. Emergency
housing for men.

Hope House ......................... 582-9079
1592 Locust St., Dbq 52001
• Meals open to all ages on Sundays and
Mondays. Also offers food pantry. No
identification required. No appointments
necessary.

St. John Episcopal Church ........... 556-0252
1410 Main St., Dbq 52001
• Offers a free meal every 5th Sunday at 1458
Locust St. Open to all ages.

St. Luke Methodist Church ........... 582-4543
1199 Main St., Dbq 52001
• Serving every Saturday even if it falls on a
holiday. Open to all ages.

St. Patrick Church-Foley Hall...... 583-9749
1425 Iowa St., Dbq 52001
• All ages. Serving Wednesdays at 5 p.m.

HEALTH CARE/SAFETY PROGRAMS

Advanced Wellness Center ........... 556-6292
2442 Meinen Ct., Dbq 52002
www.advancedwcdqb.com
• Serves children, teens, and adults ages 10
years up for acute care, physicals, illness,
weight loss.

CALL CRESCENT TODAY TO SCHEDULE YOUR APPOINTMENT!
Medical and Brain Health: 563-690-2863
Dental: 563-690-2852
1690 ELM STREET SUITE 300, DUBUQUE, IA 52001 | www.crescentchc.org
Health Care/Safety Programs

Asbury Family Chiropractic 582-3424
5555 Saratoga Rd., Dbq 52002
www.asburyfamilychiropractic.com
• Helps patients regain their health naturally through chiropractic care.

Balanced Integrative Health & Wellness 284-2422
4855 Asbury Rd., Ste 7, Dbq 52002
• Works with children and parents with chronic illnesses like ADHD, ADD, autism, etc.

Burger Chiropractic 582-1188
1340 Delhi St., Dbq 52001
www.burgerchiropractic.com

Cascade Family Health Center 563-852-7756
805 Johnson St. SW, Cascade 52033

Child Health Specialty Clinic 556-3700
Community Circle of Care 583-5545
Pediatric Integrated Health 583-5545
799 Main St., Ste 230, Dbq 52001
www.chsciowa.org
• Serves children with special health care needs (birth to age 22), including serious emotional and behavioral challenges. Helps families find local services; access care coordination; and attend support groups. Sliding-fee scale for clinic services; no charge for non-clinic services.

Child Safety Seat Check
Dubuque Police Department 589-4100
1770 Iowa St., Dbq 52001
www.cityofdubuque.org/childpassenger
E-mail: police@cityofdubuque.org
• Free child safety seat installation by appointment and educational materials.

Children and Adults with Attention Deficit/Hyperactivity Disorder 557-7529
3200 Asbury Rd., Dbq 52002
www.chadd.org

City of Dubuque Childhood Lead Poisoning Prevention Program 589-1724
1300 Main St., Dbq 52001
www.cityofdubuque.org/803/lead-hazard-control
• Offers education and case management of lead poisoned children plus funding and information on safe lead removal from housing units and lead screening.

City of Dubuque Public Health Department 589-4181
1300 Main St., Dbq 52001
www.cityofdubuque.org/health
• Child lead poisoning prevention program, Green and Healthy Homes Program, food inspections, and animal control.

Clarity Clinic 556-5250
3365 Hillcrest Rd., Dbq 52001
www.clarityclinic.com
• Provides pregnancy tests and post-abortion counseling; limited sexually transmitted infection testing; free limited obstetric ultrasound. Services are free and confidential; must meet with counselor before receiving services.

Compass to Care 231-0458
900 Jackson St., Ste LL5-2H, Dbq 52001
www.compassstocare.org
• Helps schedule and pay for travel arrangements to hospitals for children treated for cancer.

Crescent Community Health Center 690-2850
1789 Elm St., Ste A, Dbq 52001
www.crescentchc.org
• Offers primary health care services; oral health services; diagnostic laboratory services; preventive health services; patient case management; pharmacy services; preventive and restorative dental services; and translation services.

Department of Human Services 557-8251
799 Main St., Nesler Center, Dbq 52001
www.dhs.iowa.gov
• Application for Title 19 and for families with limited income to receive medical care at University of Iowa Hospitals and Clinics.

Dubuque Area Council for the Prevention of Child Abuse 557-3100
• Community coalition does advocacy and awareness projects on child abuse prevention.
Dubuque County Public Health Department/Board of Health
13047 City View Dr., Dbq 52002
www.dubuquecounty.org
- Water testing, well permitting, septic permitting, time of transfer, grants to counties, and septic pumper inspections.

Dubuque Noon Lions Club
Vision Screenings
556-3742
www.dubuquenoonlions.com
E-mail: grandpah01@aol.com
- Provides eye wear for low-income individuals; free vision screenings for children in child care, preschool, and school; and open screenings.

Dubuque Noon Lions Club
Vision Screenings
556-3742
www.dubuquenoonlions.com
E-mail: grandpah01@aol.com
- Provides eye wear for low-income individuals; free vision screenings for children in child care, preschool, and school; and open screenings.

Dyersville Family Practice
563-875-2776
1121 3rd St. SW, Dyersville 52040

Epworth Family Chiropractic
563-876-3231
116 W. Main St., Epworth 52045

Family First Chiropractic Wellness Center
556-6921
998 Fremont, Ste L1, Dbq 52003
www.ffcw.com
E-mail: dr.hinderman@gmail.com
- Helping families achieve health and well-being by providing safe, drug-free, natural chiropractic care and wellness education.

Fuerste Eye Clinic
582-0769
2140 JFK Rd., Ste F, Dbq 52002
www.fuersteclinic.com

Fullness of Life Chiropractic
583-2095
150 JFK Rd., Ste 10, Dbq 52002

The Gabriel Project
1-800-771-5790
- Helps with crisis pregnancy intervention with many local parishes participating.

Grand River Medical Group
557-9111
Family Practice
583-9300
Pediatrics Clinic
557-3900
1515 Delhi St., Ste 100, Dbq 52001
320 N. Grandview Ave., Dbq 52001
1500 Delhi St., Ste 3500, Dbq 52001
- Offers same-day, Sat., after-hours appointments.

Harmony Factor
556-9642
2728 Asbury Rd., Ste 777, Dbq 52001
- Offers infants to adults gentle, drug-free, non-invasive options to take charge of health and well being using stress management, biofeedback technologies, and education. Private sessions and group workshops available.

Mark the Calendar!
Kids Expo
Dubuque County will happen on October 2, 2021
www.dcearlychild.org
(563)588.1620
Health Care/Safety Programs

hawk-i (Healthy & Well Kids in Iowa) ............................................. 556-6200
Toll Free ........................................ 1-800-257-8563
www.dhs.iowa.gov/hawk-i
• Offers no-cost or low-cost health insurance for children ages 0-19 with no insurance and are ineligible for Medicaid. Must meet income requirements and be an Iowa resident.

Health From Within
Chiropractic Wellness Center of Dubuque ................................. 556-6252
4855 Asbury Rd., Dbq 52002

Healthy Living Chiropractic .................................................. 552-7236
8558 Kapp Dr., Ste B, Peosta 52068
www.healthylivingdubuque.com
• Chiropractic care and health assessments for the whole family and sports rehabilitation.

Hillcrest Community Health Services
Downtown .................................................. 583-6431
Asbury Road ......................................... 583-7357
220 W. 7th St., Dbq 52001
2005 Asbury Rd., Dbq 52001
www.hillcrest-fs.org
• Offers reproductive health exams; sexually transmitted infection tests; pregnancy tests; birth control; nutrition services for pregnant women and children; counseling, dental hygienist, and nursing education for pregnant women. Also offers stop smoking classes; residential treatment for behavior disorder and mental illness; family and marriage counseling; youth mentoring; Woman, Infants, and Children (WIC); day treatment and independent living for adults with mental illness; homeless outreach; mental health counseling; sexual abuse groups for children and teens; adoption services. Sliding-fee scale; accepts Title 19 and some insurance. No one denied services for financial reasons.

Hospice of Dubuque ........................................ 582-1220
1670 JFK Rd., Dbq 52002
• Provides physical and emotional support to terminally ill patients and their families. No one is denied services for financial reasons.

Hy-Vee ........................................ 583-2199, 583-6148, 583-5204
Three sites in Dbq
• Offers nutrition and fitness programs for families and children.

Iowa Safety Identification Program .................................... 564-6250
2511 Windsor Ave., Dbq 52001
• Provides safety identification materials to participants and families to use in the event a participant becomes missing.

Keystone AEA .................................... 556-3310
Special Needs Services ........................................ 1-800-632-5918
2310 Chaney Rd., Dbq 52001
www.aea1.k12.ia.us
• Free screenings for children birth-3 years to identify special needs. Services include speech-language therapy; occupational and physical therapy; school psychology; special education nursing; audiology and hearing; early childhood special education; vision; transition from school to adult life; and parent assistance.

Kobusch Chiropractic ........................................ 588-4730
4655 Old Highway Rd., Dbq 52002

Little Bits and Vacuums ........................................ 845-7036
2600 Dodge St., Plaza 20 C9, Dbq 52003
www.littlebitsandvacuums.com
• Has autism products (e.g., games, eating accessories) available.

Medical Associates Clinic ........................................ 584-3000
East Campus – 1000 Langworthy, Dbq 52001
West Campus – 1500 Associates Dr., Dbq 52002
www.mahealthcare.com
• Access same-day appointments for sick children and evening/Saturday hours. Access comprehensive well-child services; diabetes program; pediatric dietitian; and vaccines.

Mercy Family Pharmacy ........................................ 583-5846
1920 Elm St., Dbq 52001
• Offers health and medication services with locations throughout Dubuque County.

Mercy Home Care ........................................ 589-8899
250 Mercy Dr., Dbq 52001
• Offers in-home health care providers and medical equipment.

Mercy Medical Center Info ........................................ 589-8000
Emergency .......................................... 589-9666
250 Mercy Dr., Dbq 52001
www.mercydubuque.com
Mercy Medical Center
Dyersville .......................... 563-875-7101
1111 3rd St. SW, Dyersville 52040
www.mercydubuque.com/dyersville

Merritt Family Chiropractic 563-852-5060
713 1st Ave. W, Cascade 52033

School Resource Officers.......... 589-4100
770 Iowa St., Dbq 52001
www.cityofdubuque.org/police
• Partners with Dubuque Schools to have officers in schools for safety and education of students.

Tri-State Family Practice, LLP ... 557-5900
1500 Delhi St., Dbq 52001

Tri-State Independent
Blind Society .......................... 556-8746
1068 Cedar Cross Rd., Dbq 52003
www.tristateblind.org
• Assists in finding aides and modified equipment; offers counseling on vision loss; teaches skills to maintain independence in living environments, including kitchen and computers.

Tri-State Independent Physicians .......... 582-7055
2140 JFK Rd., Ste E, Dbq 52002
www.tristateipa.com

Unified Therapy Services .......... 583-3408
4121 Pennsylvania Ave., Dbq 52002
www.unifiedtherapy.com
• Pediatric-focused outpatient clinic offering physical, occupational, and speech-language therapy. Therapists believe in a collaborative approach to assist children and young adults achieve functional goals. Treats a variety of diagnoses from developmental delays to serious neurological disorders. Call to set up a free developmental screening.

UnityPoint Health/Finley Hospital
Information .......................... 582-1881
Emergency .......................... 589-2460
350 N. Grandview Ave., Dbq 52001
www.unitypoint.org/dubuque

UnityPoint Health Clinic/
Cascade Medical Center ..... 563-852-5050
610 2nd Ave. NE, Cascade 52033
www.unitypoint.org/dubuque

Vaassen Chiropractic ................. 585-2225
3338 Center Grove Dr., Ste. 2, Dbq 52003
www.dbqwellness.com

Vision Health Center ................. 556-3937
505 Cedar Cross Rd., Dbq 52003
www.visionhealthcenter.net
• Comprehensive eye care for the entire family, including evaluations for infants on up, urgent care for injury and inflection, foreign body removal, and conjunctivitis or pink eye. Large selection of kid’s frames and packages.

Visiting Nurse .......................... 1-800-862-6133
Association(VNA) ....................... 556-6200
660 Iowa St., Dbq 52001
www.unitypoint.org/dubuque/services-vna.aspx
• Help with applications for Medicaid (Title 19) and hawk-i. Assists with accessing medical and dental care plus possible transportation. Offers case management services. Child Care Nurse Consultants provide training for child care providers on health and safety issues.

HOUSING–PERMANENT/RENTAL/REHAB

ECIA/Eastern Iowa Regional Housing Authority (EIRHA) .................... 556-4166
7600 Commerce Park, Dbq 52002
www.ecia.org
• Programs available for families with limited income to receive assistance outside city limits. Income guidelines for assistance.

Ecumenical Towers ................. 556-5125
250 W. 6th St., Dbq 52001
• Offers housing for low-income elderly and disabled adults.

Four Mounds Foundation ............ 557-7292
4900 Peru Rd., Dbq 52001
www.fourmounds.org
• Housing Education & Rehab Training with Dubuque Schools for entitled students.

Habitat for Humanity .................. 556-2195
900 Jackson St., Ste LL5-2E, Dbq 52001
www.habitatdjc.org
• Volunteer group that helps build or renovate homes for purchase to families with limited income. Family is expected to help with project.
Hillcrest Apartments .................. 556-9430
3290 Hillcrest Rd., Dbq 52001
• Services include affordable housing and income-based rent.

Housing, City of Dubuque........ 589-4230
350 W. 6th, Ste 312, Dbq 52001
• Provides qualified renters with financial assistance and inspectors to perform housing code inspections for assisted housing. Offers financial assistance and housing rehabilitation for first-time home buyers. Other programs include Circles Initiative for persons working to get out of poverty; family self-sufficiency program; lead paint hazard reduction; Healthy Homes Program with assistance for remediation of health and safety issues in low-to moderate-income housing; and low-interest loans to homeowners and rental property.

Kennedy Manor Apartments ...... 556-5125
2671 Owen Ct., Dbq 52001
• Subsidized housing for families on limited income.

Lead & Healthy Homes Program, City of Dubuque.............................. 589-1724
350 W. 6th St., Ste 312, Dbq 52001
• Offers home improvement services.

Manasseh House Apartments .... 557-4450
2080 Elm St., Dbq 52001
• Single rooms available for women in drug- and smoke-free environment with deposit required. Rent includes all utilities, telephone access, computer accessibility, direct TV, free laundry, community kitchen, living rooms, and 24-hour security. Supportive services include educational support, computer training, life skills classes, access to health care, and information.

Mercy Housing.......................... 583-9653
90 Main St., Dbq 52001
• 1, 2, and 3 bedroom apartments for low- to moderate-income families. Convenient neighborhood locations, coin-operated laundry, off-street parking, low deposits, and handicapped accessible units. Section 8 and HUD approved.

Operation: New View, Green Iowa Americorps ...................... 556-5130
1473 Central Ave., Dbq 52002

Penn Place Apartments ........ 556-5858
3702 Pennsylvania Ave., Dbq 52002
• Subsidized housing units; application required.

Rehabilitation Department, City of Dubuque.................................. 589-4239
350 W. 6th St., Ste 312, Dbq 52002
• Subsidized housing units; application required.

Sheridan Village .................. 557-7706
3260 Getty Terrace, Dbq 52001
www.homzmanagement.com
E-mail: sheridanvillage@homzmanagement.com
• Subsidized 2 bedroom family apartments and 3 bedroom townhouses in quiet cul-de-sac location. Income-based rent.

Housing–Temporary Shelters

Almost Home ...................... 583-6572
1276 White St., Dbq 5201
• Helps those in need get back on the path home by offering shelter, services, and support.

Dubuque Community YMCA/YWCA Domestic Violence Shelter...... 556-1100
Toll Free......................... 1-800-332-5899
P.O. Box 1301, Dbq 52004
• Emergency shelter for women/children experiencing abuse. Referrals to other resources and free counseling for children and adults.

Dubuque Rescue Mission ........ 583-1394
398 Main St., Dbq 52001
www.dbqrescue.org
• Offers emergency housing for men and free meal program for all in need.

Heartland Boarding House ...... 583-0635
1266 Jackson St., Dbq 52001
• Weekly and monthly units available.

Hope House ..................... 582-9079
1592 Locust St., Dbq 52001
• Daytime hospitality and referral assistance to other agencies as needed.

Housing Referrals .................. 2-1-1
• Connects people with unmet needs to appropriate resources. Provides assistance to homeless to assure safety, dignity, self-sufficiency.
Life House Maternity
Home ........................................... 513-1988
www.lifehouseministry.org
• Offers maternity home dedicated to women between ages 12-24.

Maria House ......................... 582-6286
1561 Jackson St., Dbq 52001
www.openingdoorsdbq.org
• Offers hospitality to Dubuque area women alone or with children, who are in need of transitional housing and related support services.

Mary’s Inn Maternity Home ...... 552-6288
• Offers maternity home dedicated to single pregnant mothers.

Operation Home and PATH
Program, Hillcrest Family
Services .............................. 583-7357
220 W. 7th St., Dbq 52001
www.hillcrest-fs.org
• Offers assistance to homeless families that are veterans or have substance abuse issues.

Teresa Shelter ......................... 690-0086
1111 Bluff St., Dbq 52001
www.openingdoorsdbq.org
• Offers hospitality to area women, alone or with children, in need of emergency housing.

LIBRARIES

Carnegie-Stout Public Library ... 589-4225
360 W. 11th St., Dbq 52001
www.dubuque.lib.ia.us
• Provides resources for enjoyment, enlightenment, and knowledge plus literacy tools for youth. Children’s programs and activities are available. Serves Dubuque and surrounding communities with a collection of books, audio, video, and digital materials plus Internet access.

Cascade Public Library ...... 563-852-3222
301 1st Ave. W., Cascade 52033
www.cascade.lib.ia.us

Charles C. Meyers Library ....... 589-3100
2195 Grace St., Dbq 52001

Dubuque County Libraries
Asbury Main Branch .............. 582-0008
5290 Grand Meadow Dr., Asbury 52002
www.dubcolib.org
• Serves rural residents and contracting communities in 5 locations. Provides books, computer access terminals. Wi-Fi, magazines, printing and copying, fax, DVDs, online resources and eBooks, and programming for all ages.

Epworth Branch ................. 563-876-3388
Farley/Drexler Branch ....... 563-744-3371
Holy Cross Branch ......... 563-870-2082

James Kennedy Public Library
Dyersville ................. 563-875-8912
320 1st Ave. E., Dyersville 52040
www.dyersville.lib.ia.us
• Offers infant through 5th grade programs including storytimes, reading programs, book week, back-to-school parties, holiday parties.

Peosta Branch .............. 556-5110, ext. 224
www.dubcolib.lib.ia.us
• Serves rural residents and contracting communities in 5 locations. Provides books, computer access terminals, Wi-Fi, magazines, printing and copying, fax, DVDs, online resources, eBooks, and programming for all ages.

Nicholas J. Schrup Library .... 588-6320
1550 Clarke Dr., Dbq 52001
www.clarke.edu/office/library

Wahlert Memorial Library ........ 588-7009
1450 Alta Vista St., Dbq 52001

MUSIC

Alexxus Entertainment .......... 590-5815
1611 Amy Ct., Dbq 52002

Colts .......................... 582-4872
2300 Twin Valley Dr., Dbq 52003
www.colts.org
E-mail: colts@colts.org
• Offers Pandemonium Steel Drum Ensemble for 5th-8th grade students; Dubuque Colts Area Summer Band for students in grades 4-8; Colt Cadets Drum and Bugle Corps, a musical and dance training program for children ages 11-17.

Dubuque Symphony Orchestra . 557-1677
2728 Asbury Rd., Ste 900, Dbq 52001
Dubuque County Family Resource Guide

Photography • Schools-Private & Public

www.dubuquesymphony.org
• Dubuque’s only professional symphony performs classics concerts at the Five Flags Theater, pops concerts, and chamber concerts. Supports Dubuque Youth Ensembles, an instrumental training program for young musicians.

Kephart-West Music .................. 583-7333
2255 JFK Rd., Dbq 52002

Moondog Music ...................... 583-7041
806 Wacker Dr., #120, Dbq 52002

Music Men Barber Shop Chorus 552-7064

Northeast Iowa School of Music 690-0151
2728 Asbury Rd., Ste 200, Dbq 52001
www.nisom.com
E-mail: admin@nisom.com
• Programs for all ages from preschoolers through senior citizens, including private lessons, group classes, and performance ensembles.

Rondinelli Music/Audio ............. 583-8271
3414 Pennsylvania Ave., Dbq 52002

Uncle Ike’s Music and Sound ...... 556-6052
4989 Radford Ct., Dbq 52002

PHOTOGRAPHY

Capture the Moment
Photography ........................ 563-543-4095
217 1st Ave. E., Dyersville 52040
www.capture-moment.com

Elite Images Photography ............ 583-9369
5025 Wolff Rd., Ste 104, Dbq 52002
www.eliteimages.com

The Joy of Photography ............. 556-1111
www.thejoyofphotography.biz

Studio 506 Photography .......... 563-599-9761
507 Tahoe Ct., Farley 52046

Nauman Photography ................. 599-1655
561 Obeche Ct., Dbq 52003
www.naumanphoto.com

Reflections Photography .......... 503-5505
2189 Tuscany Ridge Dr., Dbq 52002
www.rbrfoto.com

Siebe Studio .......................... 556-6111
4605 Old Hwy Rd., Dbq 52002
www.siebestudio.com

Weber Portrait Design .............. 556-1265
3408 Meggan St., Dubuque 52002
www.weberportraitdesign.com

SCHOOLS—PUBLIC & PRIVATE

Aquin Catholic Schools ............. 563-852-3331
608 3rd Ave NW Cascade, 52033

Audubon Elementary School ...... 552-3300
605 Lincoln, Dbq 52001

Beckman Catholic High School
........................................ 563-875-7188
1325 9th St. SE, Dyersville 52040

Bryant Elementary School ........ 552-3400
1280 Rush St., Dbq 52003

Carver Elementary School ......... 552-4500
2007 Radford Rd., Dbq 52002

Cascade Elementary
School .................................. 563-852-3335
110 Harrison St. SE, Cascade 52033

Cascade Junior/Senior High
School ................................. 563-852-3201
505 Johnson St. NW, Cascade 52033

Drexler Middle School ............. 563-744-3371
405 3rd Ave. NE, Farley 52046

Dubuque Schools—Public .......... 552-3000
Dubuque Community School District
2300 Chaney Rd., Dbq 52001
www.dbqschools.org

Dubuque Senior High School .... 552-5500
1800 Clarke Dr., Dbq 52001

Dyersville Elementary
School .................................. 563-875-8484
813 12th Ave. SW, Dyersville 52040

East Dubuque Elementary
School .................................. 815-747-3117
100 School Rd., East Dubuque, IL 61025
Schools–Public & Private

Dubuque County Family Resource Guide

East Dubuque Junior and Senior High School ............................... 815-747-3188
200 Parklane Dr., East Dubuque, IL 61025

Eisenhower Elementary School ................................................. 552-3500
3170 Spring Valley Rd., Dbq 52001

Eleanor Roosevelt Middle School ........................................... 552-5000
2001 Radford Rd., Dbq 52002

Epworth Elementary School .................................................. 563-876-5514
201 Jacoby Dr., East Epworth 52045

Farley Elementary School .............................................. 563-744-3308
405 3rd Ave. NE, Farley 52046

Hempstead High School .................................................. 552-5200
3715 Pennsylvania Ave., Dbq 52002

Holy Family Catholic Schools ........................................... 582-5456
2005 Kane St., Dbq 52001
www.holyfamilydbq.org

Hoover Elementary School ........................................... 552-3700
3259 St. Anne Dr., Dbq 52001

Irving Elementary School ........................................... 552-3800
2520 Pennsylvania Ave., Dbq 52001

Jefferson Middle School ........................................... 552-4700
1105 Althauser St., Dbq 52001

Kennedy Elementary School ........................................... 552-3900
2135 Woodland Dr., Dbq 52002

LaSalle Catholic .......................................................... 563-870-2405
835 Church St. Holy Cross, IA 52053

Lincoln Elementary School ........................................... 552-4050
555 Nevada St., Dbq 52001

Marshall Elementary School ........................................... 552-4100
1450 Rhomberg Ave., Dbq 52001

Proud to Support the Dubuque Community!

Ready to join something better? Join Dupaco.
Everyone who works or lives in the area is eligible for membership.

Dupaco.com/join
800-373-7600
Schools–Public & Private • Shopping

Mazzuchelli Catholic Middle School ........................................ 582-1198
2005 Kane St., Dbq 52001

Our Lady of Guadalupe Spanish Immersion Program .... 556-4194
2160 Rosedale Ave., Dbq 52001

Peosta Elementary School....... 588-9010
8522 Burds Rd., Peosta 52068

Prescott Elementary School ..... 552-4200
1151 White St., Dbq 52001

Resurrection Elementary School ........................................ 583-9488
4320 Asbury Rd., Dbq 52002

Sageville Elementary School .... 552-4300
12015 Sherrill Rd., Dbq 52002

Seton Catholic School ............563-556-5967
7598 Burds Rd., Peosta, IA 53068

Seton Catholic -Farely.........563-744-3290
210 2nd Ave. SE, Farley, IA 52046

St. Columbkille Elementary School ........................................ 582-3532
1198 Rush St., Dbq 52003

St. Francis Xavier School ... 563-875-7376
203 2nd St. SW, Dyersville 52040

Table Mound Elementary School........................................ 552-4400
100 Tower Dr., Dbq 52003

Tri-State Christian School......... 231-3701
5025 Saratoga Rd., Dbq 52002
www.tscs.org

Wahlert Catholic High School.... 583-9771
2005 Kane St., Dbq 52001

Washington Middle School ...... 552-4800
51 N. Grandview Ave., Dbq 52001

Western Dubuque High School........................................ 563-876-3442
302 5th Ave. SW, Epworth 52045

Western Dubuque School District ........................................ 563-744-3885
310 4th St. SW, Farley 52046
www.wdbqschools.org

SHOPPING

Bicycle World.............................. 556-6122
1072 Central Ave., Dbq 52001

Bike Shack.............................. 582-4381
3250 Dodge St., Dbq 52003

The Calico Bean Market ............ 557-8159
352 Bluff St., Dbq 52001
www.calicobeanmarket.com

Carter's Children's Clothing ...... 556-0362
2445 NW Arterial, Ste 100, Dbq 52002

Free Flight Bikes, Skis & Fitness 582-4500
5010 Wolff Rd., Dbq 52002
www.freelightbikes.com

Koppes Kreations........ 563-451-3486
E-mail: koppeskreations@yahoo.com
• Sells cupcakes for all ages.

Lowe's of Dubuque ............ 588-8008
4100 Dodge St., Dbq 52003

Mural Inspirations Create It! ......... 590-8404
www.muralinspirations.com
• Offers mural paintings and paint parties.

River Lights Bookstore 2nd Edition ........................................ 556-4391
1098 Main St., Dbq 52001
www.riverlights.com

Sam's Club.............................. 587-0576
4400 Asbury Rd., Dbq 52002
www.samsclub.com
• Members receive $10 for every $500 spent
  on qualifying purchases. Order online by 5
  p.m. and pick up next day. Exclusive offers
  electronically loaded and redeemed through
  checkout on select items. Speciality services
  include fuel station, free health screenings,
  hearing aid center, photo, tire/battery center,
  optical, pharmacy.
Sports/Recreation

TOMY Outlet Store .................. 563-875-5613
2021 9th St. SE, Dyersville 52040
www.rc2corp.com
• Offers innovative toys and die-cast collectibles, including farm toys, American Muscle vehicles, and Learning Curve Toys.

SPORTS/RECREATION

Adam’s Dance Connection......... 845-9729
4855 Asbury Rd., Ste 8, Dbq 52002
E-mail: akiefferdance@yahoo.com

All Around Academy of Gymnastics .................................. 587-9268
4292 Dodge St., Dbq 52003

Almost Famous Dance, Cheer & Gymnastics .................... 319-465-4111
908 1st St. NW, Farley 52046
231 Cedar St., Ste A, Monticello 52310
www.almostfamousdancestudio.com
E-mail: office@almostfamousdancestudio.com
• Offers dance for ages 3 to 18 and Mommy and Me for age 2.

Alpine Tennis & Fitness ............ 556-1234
1090 Cedar Cross Rd., Dbq 52003
www.alpinetennisdbq.com

AYSO Region 419 ....................... 564-4718
2615 Dodge St., Dbq 52003
www.ayso419.org

Ballroom by Jennifer ............ 815-281-0430
2600 Dodge St. (Hwy 20), Dbq 52003
www.BallroombyJennifer.com

Bunker Hill Golf Course .......... 589-4100
2200 Bunker Hill Rd., Dbq 52001
www.cityofdubuque.org/parks

Cascade Lanes ....................... 563-852-3133
1303 1st Ave. E., Cascade 52033

Cascade Swimming Pool ......... 563-852-3842
405 2nd Ave. NE, Cascade 52033

Challenge to Change .......... 542-1168
www.challengetochangeinc.com
• Offers yoga and art camps for kids.

Cherry Lanes .................... 690-4823
Port of Dubuque, 301 Bell St., Dbq 52001

Cobra Lanes ......................... 563-744-3008
107 2nd St. NE, Farley 52046

Creslanes ................................ 583-9766
255 S. Main St., Dbq 52003

Derby Grange Golf & Recreation 556-4653
13079 Derby Grange Rd., Dbq 52002
www.derbygrangegolf.com
• Scenic driving range, 9-hole par 3, challenging miniature golf, 6 automatic batting cages, concession stand, and party pavilion.

Distinctively Dubuque .......... 557-9049
• Offers free program for newcomers.

The Dream Center .................. 845-7591
1600 White St., Dbq 52001
www.dubuquedreamcenter.com
• Offers community center with group activities and educational programming for youth.

Dubuque Area
Swimmin’ Hurricanes .............. 543-1105
P.O. Box 1062, Dbq 52004
www.teamdash.org
E-mail: coachdoug@teamdash.org

Dubuque Bicycle Club .............. NA
P.O. Box 1746, Dbq 52004
www.dubuquebikeclub.org

Dubuque Bike Coop .................. NA
2206 Central Ave., Dbq 52001
• Helps people with reasonable means get a bike.

Dubuque Community
YMCA/YWCA ......................... 556-3371
35 N. Booth St., Dbq 52001
www.dubuqueymca.org
E-mail: info@dubuqueymca.org
• Welcomes people of all ages, abilities, and backgrounds in programs to address youth development, domestic violence, seniors, social and economic needs, child care, and health and wellness. Financial assistance is available.

Dubuque County
Conservation Board .......... 556-6745
13606 Swiss Valley Rd., Peosta 52068
www.dubuquecounty.org/Conservation
• Provides nature, conservation, and environmental programs in parks and at nature center.
Thank you

Sports/Recreation

Dubuque Dance Studio
& Gymnastic Club .......................... 556-1842
2612 University Ave., Dbq 52001
www.dubuquedance.wordpress.com
E-mail: miss.dee@dbqdanceandgym.com
• Classes are offered in selected disciplines to students 18 months through adult, including tumbling, gymnastics, dance team, tap, ballet, jazz, pointe, parent-tot classes, and ballroom.

Dubuque Driving Range ............. 556-5420
10704 Rt. 52 N., Dbq 52001

Dubuque Karate Club .................. 583-8256
805 Century Dr., Dbq 52002

Dubuque Martial Arts Group .... 588-1012
3430 Dodge St., Dbq 52003
www.dubmag.com
E-mail: dubmag@aol.com
• Classes for adults and children. Gain confidence, self-control, and achieve self-defense skills; make new friends and have fun.

Dubuque Pony League Baseball .... NA
P.O. Box 3318, Dbq 52004
www.dbqpony.org
E-mail: info@dbqpony.org
• Youth baseball league for ages 4-18 with games at Derby Grange Golf & Recreation and other sites. Anyone can play with open registration.

Dubuque Soccer Club .......................... NA
P.O. Box 1873, Dbq 52004
www.dubuquesoccer.org

Dubuque Sports Complex ........... 239-1127
12614 Nightengale Ln., Dbq 52003
www.dubuquesportscomplex.com

Dubuque Water Sports Club ......... NA
P.O. Box 3377, Dbq 52004
www.dbqwsc.com
E-mail: dubuquewsc.info@gmail.com

Dubuque Wrestling Club .......... 581-7741
E-mail: dwcwrestle@gmail.com
• Provides affordable, year-round training for wrestlers in the tri-state area.

Dubuque Youth Hockey Association .................................. 585-1423
2736 Mineral St., Dbq 52001
www.dubuquehockey.org

The sponsor of this year’s Family Resource Guide.
Their support allowed the guide to be distributed to over 10,000 families!
Theatre Arts

**Dubuque County Family Resource Guide**

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**Dyersville Aquatic Center** ... 563-875-8675
1300 Aquatic Dr., Dyersville 52040
• Zero-depth pool features 2 slides, a kiddie area, and sand volleyball.

**Dyersville Karate Club** ........... 563-923-5775
1110 16th Ave. SE, Dyersville 52040

**Flora Pool** ................................ 589-4246
2525 Green St., Dbq 52001

**Heritage Trail** ............................. 556-6745
www.dubuquecounty.org
• 26-mile all-season trail from Dubuque to Dyersville, passing through Graf, Durango, Epworth, and Farley. Available for walking, biking, cross-country skiing, and snowmobiling.

**Mississippi Valley Running Association** ................................ NA
P.O. Box 854, Dbq 52004
www.mvradubuque.com

**Moser’s School of Dance & Gymnastics** .................. 563-875-2846
1413 8th Ave. SE, Dyersville 52040
E-mail: dmoser@iowatelecom.net
• Classes available in tap, jazz, hip-hop, gymnastics, and ballet for boys and girls ages 2-1/2 through adult with beginner through elite levels. For recreation or competition with locations in Manchester, Dyersville, Independence, Monticello, Clermont, Elkader, Guttenberg, Edgewood, and Strawberry Point.

**Parks and Recreation, City of Dubuque Leisure Services** .......... 589-4263
2200 Bunker Hill Rd., Dbq 52001
www.cityofdubuque.org/leisureservices
• Offers year-round and after-school activities for children and youth.

**Peosta Community Center** ........... 556-8751
7896 Burds Rd., Peosta 52068

**Skate Country** ............................. 556-4224
5630 Saratoga Rd., Asbury 52002
www.skatecountrydubuque.com

**Springer’s Martial Arts Academy** 582-1400
1880 Radford Rd., #1, Dbq 52002
• Offers karate classes for kids as young as 5 years. Children learn self-discipline, respect, goal-setting, and value of exercise. Improve attention span, focus, and self-confidence in a positive, friendly, and motivating classroom.

**Studio 5678** ........................................ 582-3430
5540 Saratoga Rd., Dbq 52002

**Sundown Mountain Resort** ........... 556-6676
16991 Asbury Rd., Dbq 52002
www.sundownmtn.com
• Offers 21 trails, 4 chairlifts, 2 ski carpets, 2 separate teaching areas with 1 especially designed for children, 100 teaching pros, rental department with the latest equipment, and lodge with healthy food and drinks. Parents can ski with children or enroll kids ages 4-11 in Kids Park, a high-energy creative 2-4 hour lesson that makes learning snow skills fun while teaching safety.

**Sutton Pool** .................................... 589-4247
1900 Hawthorne St., Dbq 52001

**Total Fitness Recreation Center** ................. 563-875-2727
1110 16th Ave Ct. SE, Dyersville 52040
E-mail: totalfitness@dyersville.com

**West Side Gymnastics** .................. 583-8553
1003 Century Dr., Dbq 52002

**Xtreme Dance** ............................. 556-0538
1075 Cedar Cross Rd., Dbq 52003
www.xtremedancedbq.com

**THEATRE ARTS**

**Bell Tower Theater** .................. 588-3377
2728 Asbury Rd., Dbq 52001
www.belltowertheater.net
E-mail: info@belltowertheater.net
• Provides high-quality programs offering entertainment and arts learning to kids of all ages.

**Five Flags Center**
Administration ................................ 589-4254
Ticket Office ................................... 589-4258
405 Main St., Dbq 52001
www.fiveflagscenter.com
• Offers opportunity to attend plays, concerts, and sporting events throughout the year. Call ticket office for more information on events.

**Grand Opera House** ................. 588-4356
Box Office ...................................... 588-1305
135 W. 8th St., Dbq 52001
www.thegrandoperahouse.com
E-mail: director@thegrandoperahouse.com

**Great Midwestern Educational**
Transportation Services • Volunteer Opportunities

Theatre Company .......................... 542-5452
21700 Girl Scout Rd., Epworth 52045
www.storytellingschool.org
E-mail: frogwarts@gmail.com

Rising Star
Theatre Company .......................... 231-0110
1310 White St., Dbq 52001
www.risingstartheatrecompany.com

University of Dubuque
Heritage Center .......................... 585-7469
2000 University Ave., Dbq 52001

TRANSPORTATION SERVICES

#1 Green Cab ............................ 495-4444
2705 Jackson St., Dbq 52001

A1 Taxi & Delivery Service .......... 582-1818
www.a1taxidbq.com

Burlington Trailways .................. 583-3397
950 Elm St., Dbq 52001

Jule Transit ............................. 589-4196
2401 Central Ave., Dbq 52001
www.JuleTransit.org
• Students grades K-8 ride free. Students in high school and college ride free with school ID.

Regional Transit Authority ............. 588-4592
7600 Commerce Park, Dbq 52002
• Daily service in Dubuque for work, school, and child care; also available between Dubuque surrounding counties. Weekly service between Dubuque, Bellevue, and Maquoketa; monthly services between Dubuque and Iowa City. Call in advance to set up ride.

Starlight Taxi ............................ 556-6666

Uber Service ............................ NA
• Download app to find drivers.

VOLUNTEER OPPORTUNITIES
TO WORK WITH CHILDREN

AmeriCorps ............................... 584-8644
1550 Clarke Dr., #1546, Dbq 52001
www.cityofdubuque.org/americorps

Child Advocacy .......................... 582-6219

P.O. Box 80, Peosta 52068
childadvocacy.iowa.gov
• Offers Court Appointed Special Advocates Program and Foster Care Review Board.

Clare Cares .............................. 581-8921
www.clarecares.org

Community Foundation of
Greater Dubuque ....................... 588-2700
700 Locust St., Ste 195, Dbq 52001
www.dbqfoundation.org

Dubuque County Early Childhood .......................... 588-1620
2310 Chaney Rd., Dbq 52001
www.dcearlychild.org
• Works collaboratively with the community to promote high-quality child care, health care, and family services for young children. Public is welcome to attend meetings and participate in activities. Many volunteer opportunities are available to serve on board of directors and committees plus volunteering for office work. Programs supported include preschool scholarships, family support services, health services for children and child care providers, and child care provider grants, mentoring, and professional development.

March of Dimes .......................... 563-323-6378

Mentor Dubuque at Hillcrest Family Services .......................... 845-0768
2005 Asbury Rd., Dbq 52001
www.hillcrest-fs.org
• Caring volunteers matched with youth ages 5-15 to meet weekly or twice a month. Volunteers make a one-year commitment and maintain a consistent one-to-one relationship.

Resources Unite ........................ 231-6280
1900 JFK Rd., Dbq 52001
www.resourcesunite.com

Special Spaces .......................... 580-3146
P.O. Box 6, Peosta 52068
• Creates dream bedrooms for children with life threatening illnesses.

Toys for Tots .............................. 590-3840
432 Bluff St., Dbq 52001
www.dubuque-ia.toysfortots.org
• Gathers donations for children in need.

United Way Services ................... 588-1415
**Youth Activities & Attractions**

**4-H** ............................................ 583-6496
ISU Dubuque County Extension Office
14858 W. Ridge Ln., Ste 2, Dbq 52003
www.extension.iastate.edu/dubuque
- Kids in grades kindergarten through 12th
can become a 4-H member with activities
that challenge participants’ skills and help
them learn from others who care. 4-H has
opportunities for volunteering, from being a
local club leader to volunteering at the Iowa
State Fair.

**AMC Star Dubuque 14** .......... 1-888-262-4386
2835 NW Arterial, Dbq 52002

**American Lady Cruises** ............ 557-9700
1630 E 16th St., Dbq 52001

**AY McDonald Park**
Kerper Blvd. & Hawthorn St., Dbq 52002
- Is an 8-acre park with fishing piers.

**Becker Woodcarving Museum** .......... 563-875-2087
15346 Becker Ln., Dyersville 52040
- Call ahead for appointment to view the
woodworks of famous NE Iowa carver, Jack
Becker.

**Boys/Girls Club**
**of Greater Dubuque** .......... 585-0599
1299 Locust St., Dbq 52001
www.boysgirlsclubdubuque.com
- Provides kids in 1st-12th grades with a club
that promotes health, education, social, and
character development. Membership fee is
$10.00. Meals provided to members at 5 p.m.
on Monday-Friday evenings and noon on
Saturday.

**Crystal Lake Cave, LLC** .......... 556-6451
6684 Crystal Lake Cave Rd., Dbq 52003
www.crystallakecave.com
E-mail: info@crystallakecave.com
- Natural living cave with guided tours, gift shop,
gem-mining sluice, picnic grounds.

**Dubuque Arboretum & Botanical Gardens** .......... 556-2100
3800 Arboretum Dr., Dbq 52001
www.dubuquearboretum.net

**Dubuque Area Attraction Information** ............ 1-800-798-8844
www.americasriver.com
www.traveldubuque.com

**Dubuque Area Youth Leadership Council (DAYLC)**
www.daylc.org

**Dubuque Chess Club** .......... 556-1662
3585 Copperfield, Dbq 52002
- Conducts casual games for all ages with free
lessons and membership. Meets at the library.

**Dubuque County Fair Association** .......... 588-1406
14569 Old Highway Rd., Dbq 52002
www.dbqfair.com

**Dyer-Botsford Doll Museum** ... 563-875-2414
331 1st Ave E, Dyersville 52040
- Home of Dyersville’s founder, a restored
Victorian features a rare revolving German
Feather Christmas tree, German ornaments,
and a collection of over 1,200 dolls.

**Dubuque by Carriage** .......... 580-0558
E-mail: dbqbycarr@yahoo.com

**Eagle Point Park** ................. 589-4263
2601 Shiras Ave., Dbq 52001
www.cityofdubuque.org/parks

**E.B. Lyons Interpretive Center, Mines of Spain Recreation Area** .......... 556-0620
8991 Bellevue Heights, Dbq 52003
www.minesofspain.org
- Located on 1,439 acres of forest, savannas,
warted, creeks, cliffs, and tall grass prairies
found throughout rugged terrain south of
Dubuque. Features 12 hiking trails; 5 miles
of cross country ski trails; educational and
interpretive programs on area history and
natural resources; Julien Dubuque Monument;
canoe access; Horseshoe Bluff Interpretive
Area; view of the Mississippi River; free field
trips and youth presentation; and Interpretive
Center/Visitor Center.
Youth Activities & Attractions

Fenelon Place Elevator ..................... 582-6496
512 Fenelon Pl., Dbq 52001
www.fenelonplaceelevator.com

Field of Dreams
Movie Site, Inc. ....................... 1-888-875-8404
28995 Lansing Rd., Dyersville 52040
www.fodmoviesite.com

General Zebulon Pike .............. 582-0881
Lock & Dam No. 11
3000 Volunteer Dr., Dbq 52001

Grand Harbor Resort
& Waterpark ......................... 690-4000
350 Bell St., Dbq 52001
www.grandharborresort.com
• Has 193 guest rooms; 25,000 square feet of waterpark fun; and huge interactive game room. Collect tickets to redeem for prizes. Birthday party packages available each day waterpark is open. Group rates available for 15+.

Julien Dubuque Monument ............ 556-0620
1810 Monument Dr., Dbq 52003
www.minesofspain.org
• Located at the Mines of Spain Recreation Area; listed on National Register of Historic Places.

Junior Achievement ..................... 845-0545
900 Jackson St., Dbq 52001
www.jaheartland.org

McAleese Park & Recreation
Complex Skateboard Park ............. 589-4263
1801 Admiral Sheehy Dr., Chaplain Schmitt Island
Hwy 151/61 N., Dbq 52001

Mystique Ice Center ..................... 583-4949
www.MystiqueIceCenter.com
1800 Admiral Sheehy Dr., Dbq 52001

National Farm Toy Museum .... 563-875-2727
1110 16th Ave. SE, Dyersville 52040
www.nationalfarmtoymuseum.com
E-mail: farmtoys@dyersville.com
• A small-scale adventure into the history of agriculture; explore farm toy collections, pedal tractors, dioramas, and unique exhibits on agriculture’s history. Discover farming changes throughout the years and the history of tractors that continue to help make successful harvests.

National Mississippi River Museum & Aquarium ............... 557-9545
................................. 1-800-226-3369
350 E. Third St., Dbq 52001
www.rivermuseum.com
• Interactive activities for all ages.

The New Vienna Heritage Museum ........................................ 563-921-3165
7396 Columbus St., New Vienna 52065
• A former convent, converted to a German Museum features 23 rooms of antiques, artifacts, and quilts. Handicap accessible.

The Old Jail Museum & Historical Society ............ 557-9545
36 E. 8th St., Dbq 52001
• From year 1857, the jail exhibits Dubuque County Historical Society’s unique and interesting artifacts.
Youth Activities & Attractions

Park and Recreation
City of Dubuque......................... 589-4263
2200 Bunker Hill Rd., Dbq 52001
www.cityofdubuque.org/parks
• Year-round and after-school activities for youth
  and young adults. Activities available at no cost
  or low cost to people with limited income.

Phoneix Theatres ....................... 556-0009
555 JFK Rd., Dbq 52001

Sky Tours at YMCA Union
Park Camp .................................. 484-4248
11764 JFK Rd., Dbq 52001
• Features 9 high altitude zip lines.

Storybook Hill Children's Zoo.... 588-2551
12201 N. Cascade Rd., Dbq 52003
• Open June through Labor Day.

Swiss Valley Nature Center....... 556-6745
13606 Swiss Valley Rd., Peosta 52068
www.dubuquecounty.org
• Includes nature center with interpretive
  displays, live animal exhibits, library, and avian
  room for bird watching. Offers free programs
  on animals, wildlife, compost, geology,
  habitats, hiking/survival, hunter safety, bugs,
  Native Americans, trees, and watershed/
  pollution.

Trolleys of Dubuque, Inc.......... 552-2896
2728 Asbury Rd., Dbq 52001
www.trolleysofdubq.com

Vertical Jump Park..................... 554-6583
555 JFK Rd., Dbq 52002
www.verticaljumpark.com/dubuque-iowa

YAPPERS .................................. 588-2700
700 Locust St., Ste 195, Dbq 52001
E-mail: yapppers@dbqfoundation.org
• Area high school students work to address
  local youth needs. Meetings twice a month to
  engage in team-building activities, volunteering,
  fundraising, and granting money to non-profits.

Mark the Calendar!

Kids Expo
Dubuque County
will happen on
October 2, 2021

www.dcearlychild.org
(563)588.1620
More for Your Community

program makes direct grants to agencies to jumpstart and/or sustain projects that most effectively serve: the basic needs of families & children, which includes food, shelter, education, safety and health.

THEISEN’S AWARDS OVER

$350,000

TO LOCAL CHARITIES ANNUALLY

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