

Choice Board

Below is a list of possible themes one could explore when developing an idea for an original work of art. One approach a person could consider is to create a [mind map](#) to help personally explore topics deeper. As you develop your mind map, consider what possible subject matter or imagery you may want to include in your work of art. Consider recording all of these ideas in a journal or sketchbook. From there, see what ideas stick out and start develop a final work of art. Most importantly have fun while you create.

People		
Consider a person you appreciate most in your life. What feelings or moods do you experience when you are around that person? How can you show that in a work of art?	Consider a moment you shared with someone that made you most thankful there were part of your life? How could you represent that moment in a work of art? How could you share your thoughts, mood, or feelings you experienced during that moment through a work of art?	Is there a specific person or group of people that have played an important role in getting you through these challenging times? (For example: nurses, doctors, teachers, parents, police officers, fire fighters, military, etc.) Is there a group of people that you want to show how grateful you are?
Places		
Are there places you like to visit or go to regularly? What are you and others doing in that place? Is it an interior or exterior place? What moods or attitudes does that place bring? How could you represent that place in a work of art?	What are those unique places that you notice that others may overlook? What about those places or spaces fascinates you? How could you capture those spaces in a work of art?	Is there a moment or activity that you did either before the pandemic (or during) that you grateful to be a part of? How can you share that moment in a work of art?
Objects/ Things		
Do you have a memento or an object of importance to you? Perhaps that object reminds you of someone important. Someone you are grateful for. How could a rendering of that object play tribute to that person?	Do you have a pet that you are thankful to have? How does that pet make you feel? How does your pet express that they are happy to have you in their life?	Create a still-life or model of the thing(s) you are grateful for.
Conceptual		
What happens when you show your gratitude towards someone? How does it make you feel? How does it make others feel? What lines, shapes, colors, patterns, or images remind you about how it feels to be grateful? Through the use of color, shapes, patterns, and/or images, create an abstract work of art that shares your thoughts and feelings around the theme of being grateful.	Values are beliefs about what is important. They are usually taught to us by our parents or caregivers. Examples of values include respect, kindness, helpfulness, fairness and honesty. Think of a time when you or someone else demonstrated a value that helped you or someone else feel good. Create a work of art that represents those values.	What are you passionate about? Do you like to dance, play a musical instrument, skateboard, or read? How can you celebrate those passions through a work of art?
Identity		
Have there been any times in your life when you had to show strength? For example, have you overcome a challenge or hardship? What struggles do you face? How do we celebrate our strength and how we can persevere?	How well do we know ourselves? How do you see yourself? Create a work of art that reflects/expresses who you really are. What can you express about your character?	How do you feel connected to the world, your community, your family, your friends, etc.?