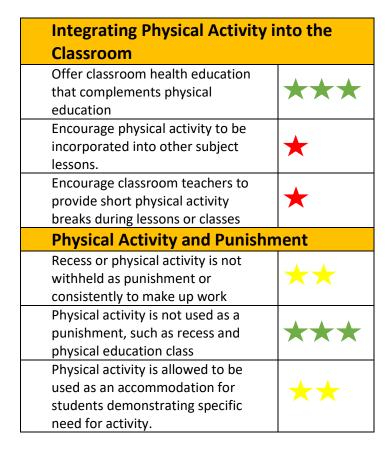
Dubuque Community School District Wellness Policy Assessment Report Card

Food & Nutrition Services Dep	artmen
Engage students and parents in selecting food offered through NSLP and NSBP to promote healthy choices.	**
Share nutritional information about the nutritional content of food and meals with parents and students	**
Food Service Staff	
Provide staff development programs that include appropriate certification and/or training programs for managers and cafeteria workers, according to their levels of responsibility.	**
Food Safety	
Follow food safety and security guidelines	**
Follow Hazard Analysis Critical Control Points plan and guidelines that are implemented to prevent foodborne illness	**
Sharing of Foods	
Discourage students from sharing food or beverages with one another during meal or snack times	**
School Meals: NSLP & NSBP	
Meet nutrition requirements established by local, state, and federal law set forth by the Health Hunger Free Kids Act 2010.	**
Continually plan to improve infrastructure in elementary	**
buildings to enhance the existing breakfast programs	
	**
breakfast programs Not deny any food or beverages as means of punishment or behavior	**
breakfast programs Not deny any food or beverages as means of punishment or behavior modification Notify parents and students of	** **

Wellness Policy As		
Free & Reduced- Priced Meals		
Promote availability of all meals to all students	***	
Make very, effort to eliminating social stigma attached to free and reduced meals	***	
Meal Times and Scheduling		
Allow adequate time to receive and consume meals.	***	
Not schedule tutoring, club or organizational meetings or activities during mealtimes	***	
Provide access to hand washing and when not available, hand sanitizing before they eat	***	
Beverage and Food: Sold		
All food/beverages sold to students outside lunch and breakfast meet Smart Snack Guidelines	**	
Special Events: Snacks, Rewa	rds,	
Celebrations, and Fundraising	3	
Emphasize that snacks served during the school day should make a positive contribution to student's diets.	**	
Discourage use of food or beverages as rewards, but if used, recommend food or beverages conform to nutritional guidelines	*	
Promote that schools conform to the nutritional guidelines in the policy for snacks, rewards, celebrations and fundraisers by providing information about options	*	
Nutrition Education & Promo	tion	
Nutrition Education is offered as part of the age-appropriate and standards base program	***	
Nutrition Education includes providing education and resources for teachers and staff regarding curriculum.	***	
Promote enjoyable developmentally appropriate, culturally relevant participatory activities such as contests, promotions, taste-testing, farm visits, and community gardens.	*	

Promote fruits, vegetables, whole- grain, low-fat, and fat-free dairy consumption	*
Advocate for family engagement	*
Physical Education	
Physical education includes students with disabilities.	***
Engage students in moderate to vigorous activity during at least 75% of physical education class time.	***
Allow students to earn the required credits for designated courses in health education	***
Meets regularly for a period of approximately 45 minutes per session at the middle school level	***
Promote the recommended 60 minutes or more of moderate to vigorous daily physical activity.	*
Physical education is taught by certified physical education teacher	***
Meets as often as schedules allow at the elementary level.	***
Physical Activity Opportunitie	es after
school	
Offer extracurricular physical activity programs, such as physical activity clubs or intramural programs	***
Offer a range of activities that meet the needs, interests, and abilities of all students, including students with disabilities and health care needs.	***
Partner with community agencies to offer a maximum number of physical activity opportunities	***
Publicize and promote participation in community events and programs that involve physical activity.	*
Daily Recess	
Provide at least 2 recesses totaling at least 40 minutes per day (Elementary only)	*
Recesses encourages moderate to vigorous physical activity verbally	44



Green = >80% assessments report having policy fully in place;

Yellow = 50 - 80% assessments report having policy fully in place;

Red = <50% assessments report having the policy fully in place; ★

The results of the assessment show the progress of meeting the DCSD Wellness Policy. There were 18/21 responses to the assessment.