



challenge to change
upcoming classes

Children's Summer YogArt

Join us for a MINI yoga and art camp!

Our YogART program for minis combines the creative, calming practices of yoga and art into one amazing event. At camp, children will breathe, stretch, and imagine as they receive instruction in yoga and mindful art.

July 14th & Aug 11th

10:00-12:00

Ages: 3-5

\$30 per yogi (per session)

***Child must be potty-trained and able to attend without a caregiver present.**

**3337 Hillcrest Road
www.challengetochangeinc.com
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