

Virtual relationship education series: Love Notes

Meetings once a week,
February through April

13 lesson evidence-based
curriculum, geared for
14-24 year olds

Lesson Overview

1. Relationships Today
2. Knowing Yourself
3. My Expectations, My Future
4. Attractions + Starting Relationships
5. Principles of Smart Relationships
6. Is it a Healthy Relationship?
7. Dangerous Love
8. Decide, Don't Slide! Pathways and Sequences towards Success
9. Communication + Healthy Relationships
10. Communication Challenges
11. Intimacy + Establishing Boundaries
12. Planning for Choices: STI and Pregnancy Prevention
13. Through the Eyes of a Child

Interested? Fill out the form



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