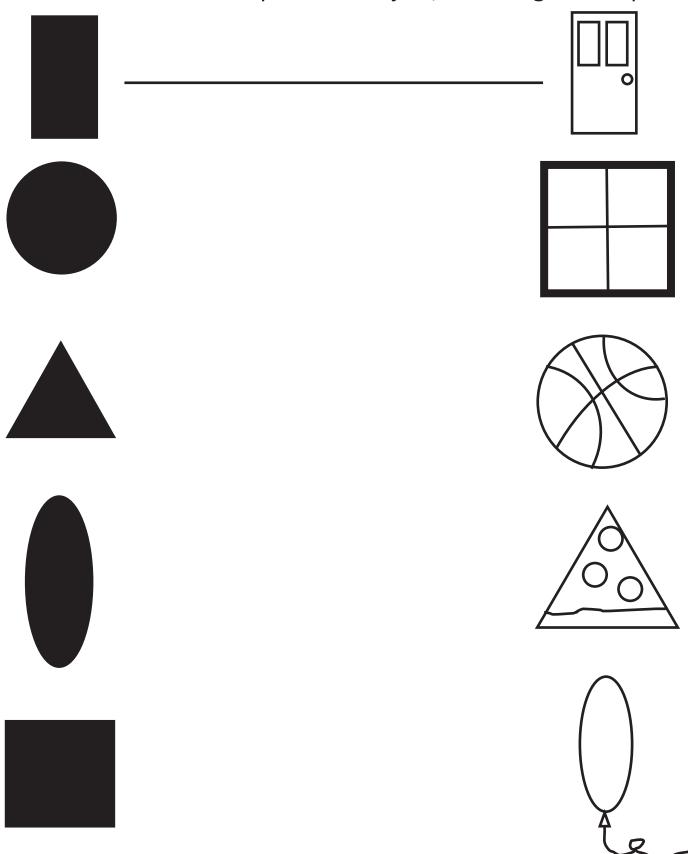
# DAY 1

# THEME: WEATHER

✓ ACTIVITY	PAGE(S)
Art	2
Music	3
Wellness	4
Language Arts Reading	5-8
Language Arts Writing	9-13
Math	14-21
Science	22
Social Studies	23
Second Step	24

#### **Art**

Draw a line from the shape to the object, matching the shapes.



#### Music

## Five Little Penguins

Read the poem, "Five Little Penguins", while clapping the steady beat.

To Do: Draw a picture that shows what is happening in the poem.

## Poem:

Five little penguins sitting on the ice.

The first one said, "Oh, my this is so nice!"

The second one said, "There is snow in the air."

The third one said, "But we don't care."

The fourth one said, "Let's skate and skate and skate."

The fifth one said, "Now don't be late!"

Oo went the wind and froze all the snow,
and the five little penguins said, "It's time to go!"

#### Wellness

# Fitness Challenges

Complete each task one by one.

Place an 'X' next to the box when
the exercise is completed.

Have fun and stay safe!

Jog in place for 30 seconds

Reach up high with both arms and hold for 10 seconds

Do arm circles for 30 seconds

Hold a plank position for 30 seconds

Do as many mountain climbers as you can in 30 seconds Sit and touch your toes, hold for 10 seconds

Lie on your back and lift your legs and back off the ground, hold for 10 seconds Do 15 jumping jacks

Physical Education Standard 1:
The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

Congratulations!
You did it!!!

Grades: K-1

# **Language Arts Reading**



Trace the follow	ving words:		
the			one
th	e	on	e
Write the words the	on the line	below:	9
Match the sigh	t word with	the jumbled w	vord.
the	one	the	one
eon	hte	noe	eth

# **Language Arts Reading**



Trace the followi	ng words:		
the	said		one
the	SC	iid	one
Write the words		_	
the	SO	ıid	one
Match the sight	word with t	he jumble	d word.
the	neo	the	eno
said	het	one	eth
one	aisd	said	aisd

### **Language Arts Reading**



Trace the following words: the said one who what Write the words on the line below: the said one who what Match the sight word with the jumbled word. sdai the the twah het one one eno what what dais hwo who who eth eno said htaw said ohw

## **Language Arts Reading**



Trace the fo	llowin	g words:	,			
	the		said		one	
		who		wha	ı	
					<u> </u>	
Write the wo			e below			
	the	said	one	who	what	
-						
-						
-						
Match the s	ight w	ord with	the jun	nbled v	vord.	
the		sdai		the		twah
one		het		one		eno
what		hwo		what		dais
who		eno		who		eth
said		htaw		said		ohw
Choose three	e sight v	vords and	l write th	em in th	ree sente	nces.

## **Language Arts Writing**



Put a box around the first word in the sentence.

<u>Underline</u> the capital letter(s) in the sentence.

Circle the ending punctuation.

Example: went sledding with my friend

1. I like to play in the snow.

2. Can you make a snowman?

### **Language Arts Writing**



Put a box around the first word in the sentence.

<u>Underline</u> the capital letter(s) in the sentence.

Circle the ending punctuation.

Example:  $\boxed{I}$  went sledding with my friend $\odot$ 

1. I like to play in the snow.

2. Can you make a snowman?

3. We went to Walmart to get milk.

#### **Language Arts Writing**



Put a box around the first word in the sentence.

<u>Underline</u> the capital letter(s) in the sentence.

Circle the ending punctuation.

Example:  $\blacksquare$  went sledding with my friend $\odot$ 

1. I like to play in the snow.

2. Can you make a snowman?

3. We went to Walmart to get milk.

4. My little brother Bob said, "Let's go outside!"

### **Language Arts Writing**



Put a box around the first word in the sentence.

Underline the capital letter(s) in the sentence.

Circle the ending punctuation.

Example: went sledding with my friend

1. I like to play in the snow.

2. Can you make a snowman?

3. We went to Walmart to get milk.

4. My little brother Bob said, "Let's go outside!"

5.			
6.			

Write two sentences using the correct punctuation. Put a box around the first word. <u>Underline</u> the capital letter. <u>Circle</u> the ending punctuation.

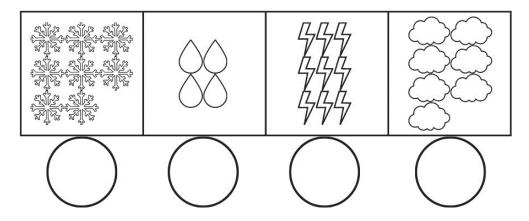
#### Math



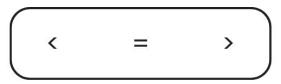
1. Fill in the missing numbers, count by ones.

1				8	
1			6		

2. Count the items. Write the number of items in the circle.



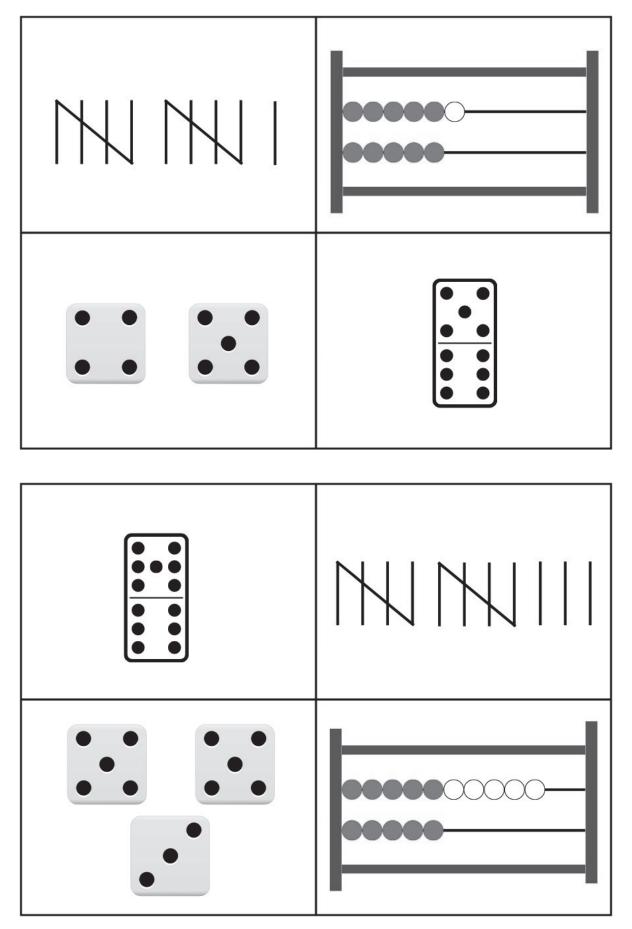
**3.** Compare the following numbers using the correct symbol.



11 15 13 13

20 17 14 19

4. Look at the grids below. Which one does not belong? Cross it out.



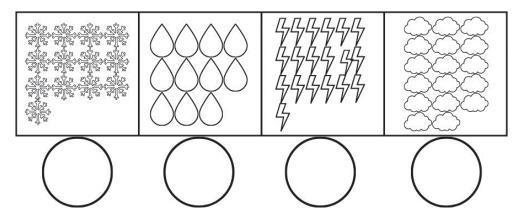
#### Math



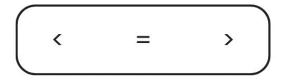
1. Fill in the missing numbers, count by ones.

1						8		
		13					19	
1				6				
	12				17			

2. Count the items. Write the number of items in the circle below.



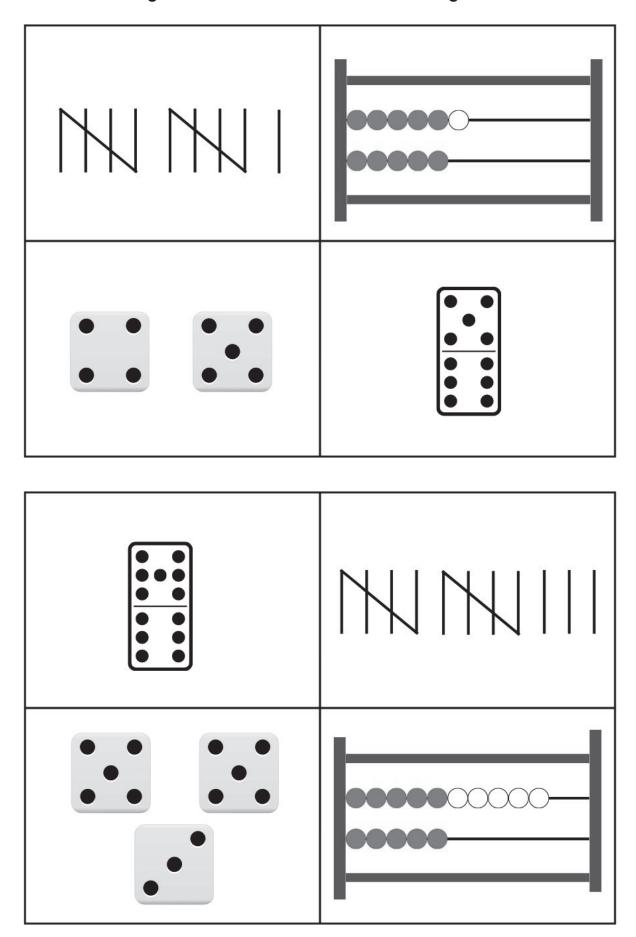
3. Compare the following numbers using the correct symbol.



23 ( ) 30 27 ( ) 18

32 ( ) 42 35 ( ) 14

4. Look at the grids below. Which one does not belong? Cross it out.



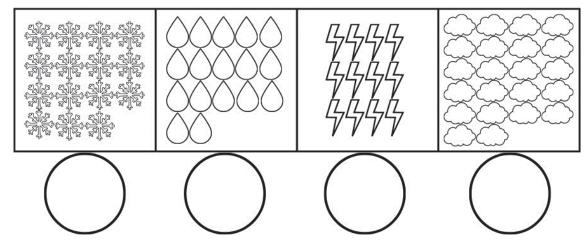
## Math

7

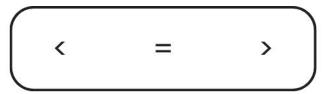
1. Fill in the missing numbers, count by ones.

	34		38	
61		66		

2. Count the items. Write the number of items in the circle below.



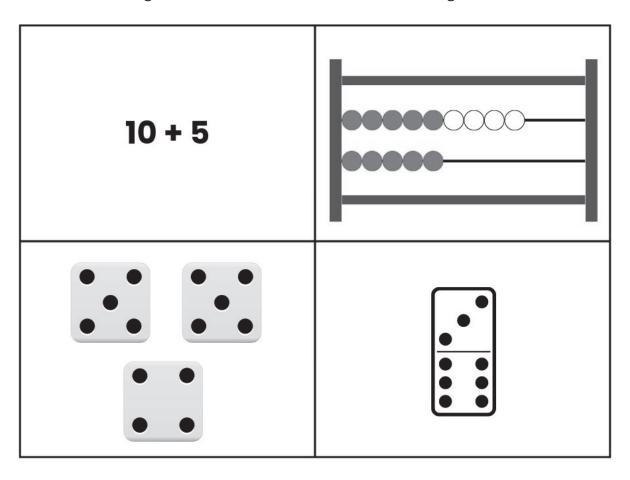
3. Compare the following numbers using the correct symbol.

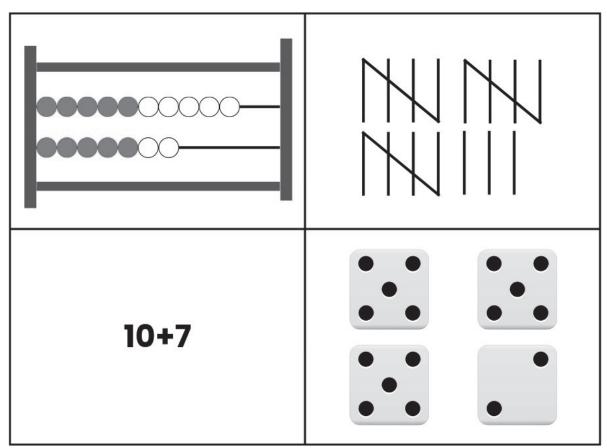


54 ( ) 23 14 ( ) 41

37 ( ) 26 40 ( ) 39

**4.** Look at the grids below. Which one does not belong? Cross it out.

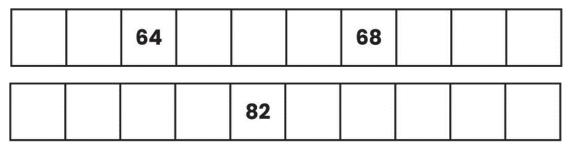




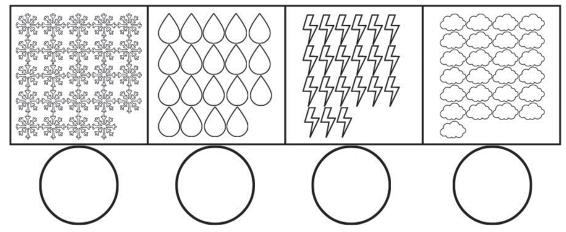
#### Math



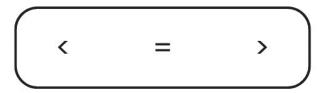
1. Fill in the missing numbers, count by ones.



2. Count the items. Write the number of items in the circle below.



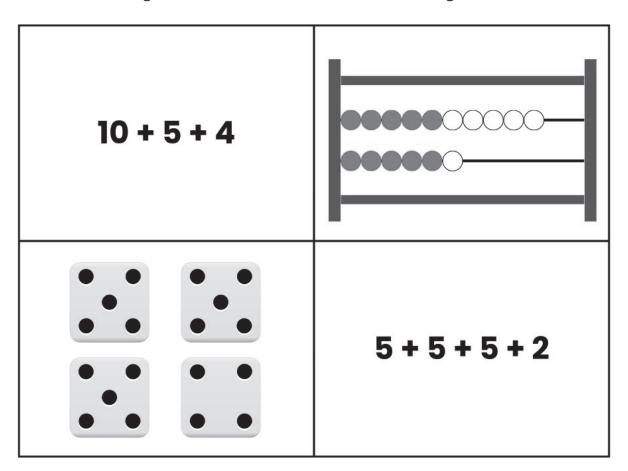
**3.** Compare the following numbers using the correct symbol.

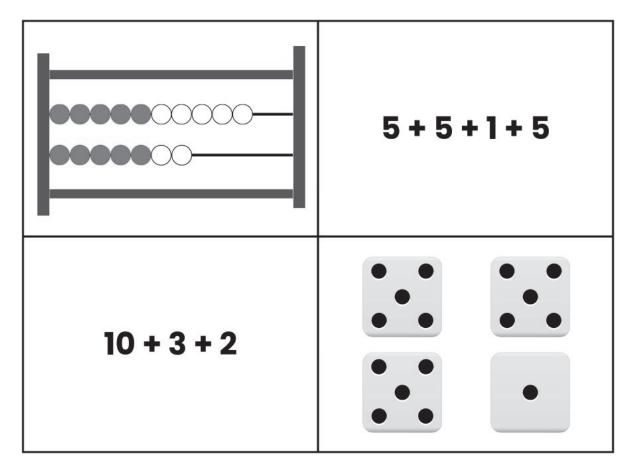


67 ( ) 76 33 ( ) 34

89 ( ) 64 92 ( ) 92

**4.** Look at the grids below. Which one does not belong? Cross it out.





## Science

## Be a Weather Reporter

Date:	Time:	Location:	
Draw and write about the	weather outside today:		
My favorite kind of weathe	er is:		
	~	$\bigcap$	
	***		040
			,

## **Social Studies**

Use the template to tell about your family.

Picture of my family:	People I spend a lot of time with:
My family likes to eat:	A picture of what my family likes to do:
Places my far	mily has lived:

#### **Second Step**

PRINT

Grade 1, Unit 1 Lesson 5: Being Assertive

Home Link



#### What Is My Child Learning?

Your child is learning that being assertive is the best way to ask for help at school. When you are assertive, you face the person you're talking to, stand up straight, use a calm, firm voice, and use respectful words.

#### Why Is This Important?

Being able to ask for help assertively helps children be better learners. When children don't understand something, it helps them continue to learn rather than being stuck.

Ask your child: What is a good way to ask your teacher or an adult for help? *Second Step* answer: In an assertive way.

Can you show me how it looks and sounds to ask for help assertively? (Your child should be facing you, sitting or standing up straight, and using clear, calm, and respectful words, such as "Can you please help me?")

#### Be Assertive

- Face the person you're talking to.
- Keep your head up and shoulders back.
- ' Use a calm, firm voice.
- ' Use respectful words.

#### Practice at Home

Notice if your child is getting frustrated with a difficult or new task (such as cleaning a messy room, reading a book, or writing words). First, give your child time to try to figure it out alone. If your child is still stuck, remind him or her to ask you for help. For example:

I see that you are starting to feel frustrated trying to write those words. If you would like some help, you can say: "Excuse me. Can you please help me write these words?" Wait and let your child ask you assertively for help. Make sure that you give him or her the needed help soon after being asked.

#### Activity

Help your child practice asking for help at school. Pretend that you are a teacher. You are busy writing a note on your calendar. Your child needs help with a math problem. Before asking you for help, your child needs to wait until you have finished what you are doing. Then have your child practice saying these words to ask you for help:

**Excuse me. Can you please help with this math problem?** Check the steps that your child remembered to do:

Excuse me, can you preuse meip with and main problem. Greek the steps that your emartement of a
$\square$ Waited until you finished what you were doing before asking for help.
☐ Faced you.
☐ Stood up straight.
Used clear, calm, respectful words.