

DAY 1

✓ **ACTIVITY**

Check In

Look at the Feeling Wheel on **PAGE 2** and share what makes you happy.

Art

Draw a picture using at least three different colors on **PAGE 3**.

Music

Sing 2 favorite songs you have learned.

Physical Activity

Complete these morning exercises:

- 5 jumping jacks
 - 5 toe touches
 - 5 arm circles
 - 5 frog jumps
-

Literacy

Complete the activities on **PAGES 4-5**.

Math

Complete the activities on **PAGES 6-7**.

Science

Animal Walks

Pretend to move like the following animals:

Bear Lion Frog Duck Snake

Social Studies

Community Helpers

Who is the community helper that helps you when you do not feel well?

Where would you go to see them?

How would you get there?

Learning Activity:

Check In

How are you feeling today? Share what makes you happy.



Learning Activity:

Art

Journal

Draw a picture using at least three different colors.
Remember to write your name on the page!

Learning Activity: Literacy

Rhyming: words that sound the same and end the same way

Directions:

1. Sentences are read aloud to the child.
2. For each sentence, choose one of the pictures below (if needed) or say the word that rhymes.

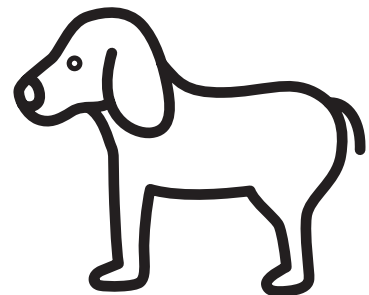
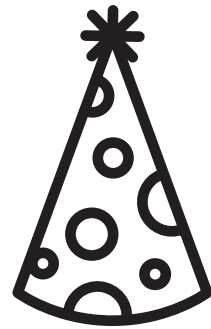
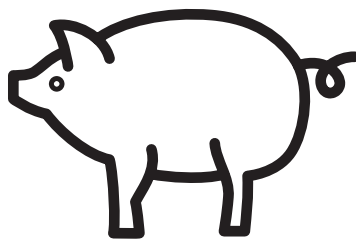
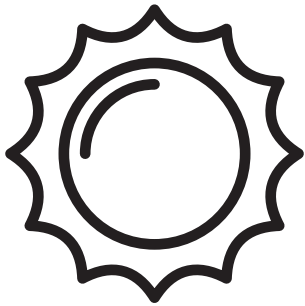
I light up the day sky and I rhyme with **fun**...

You wear me on your head, and I rhyme with **cat**...

I say "woof" and I rhyme with **fog**...

I am an animal that loves the mud and I rhyme with **big**...

You need me to eat soup and I rhyme with **moon**...



Learning Activity: **Literacy**

Nursery Rhyme

Directions:

1. Sing the following nursery rhyme.
2. Sing and act out the nursery rhyme.
3. Listen to someone else sing the nursery rhyme leaving some words out and you fill in the missing words.

Humpty Dumpty

Humpty Dumpty
sat on a wall.

Humpty Dumpty
had a great fall.

All the king's horses
and all the king's men
couldn't put Humpty together again.

Learning Activity:

Math

Break It Up

Materials Needed:

- 5 or 10 small objects
- 5 or 10 frame (see next page)

Directions:

1. Count to make sure you have 5 or 10 objects.
2. Put all the objects together in a pile.
3. Grab some of the objects in your right hand and the rest of the objects in your left hand to separate the original pile.
4. Place the two separate piles slightly away from each other.
5. Count the number of objects in each pile separately, placing in 5 or 10 frame while counting.
6. Explain with words the action that you did. *Example: I broke a group of 5 into a group of 1 and 4, etc.*
7. Draw a picture representing the groups in the space below.
8. Repeat many times to find other ways to break apart 10.

Measuring

Directions:

1. Line up items:
 - a. Biggest to smallest
 - b. Tallest to shortest
2. Use the items to measure how tall you are!

5 Frame

1	2	3	4	5
---	---	---	---	---

10 Frame

1	2	3	4	5
1	2	3	4	5