# DAY 3

#### 🗸 ΑCTIVITY

#### **Check In**

Look at the Feeling Wheel on PAGE 16 and share what makes you excited.

#### Art

Draw a picture of where you live using at least two different colors on PAGE 17.

#### Music

See literacy activity on PAGE 18.

#### **Physical Activity**

Complete these morning exercises:

• 5 push ups • 5 sit ups • 5 jumping jacks • 5 frog jumps

Create an obstacle course in your environment.

• Example: go under the table, crawl around the couch, jump on the carpet.

#### Literacy

Complete the activities on PAGE 18.

#### Math

Complete the activity on PAGE 19.

#### Shape Hunt

Search and identify shapes! See how many you can find!

#### Science

#### Which Weighs More?

Collect a group of items. Put one item in each hand to see which one weighs more and which one weighs less. Repeat with the other items.

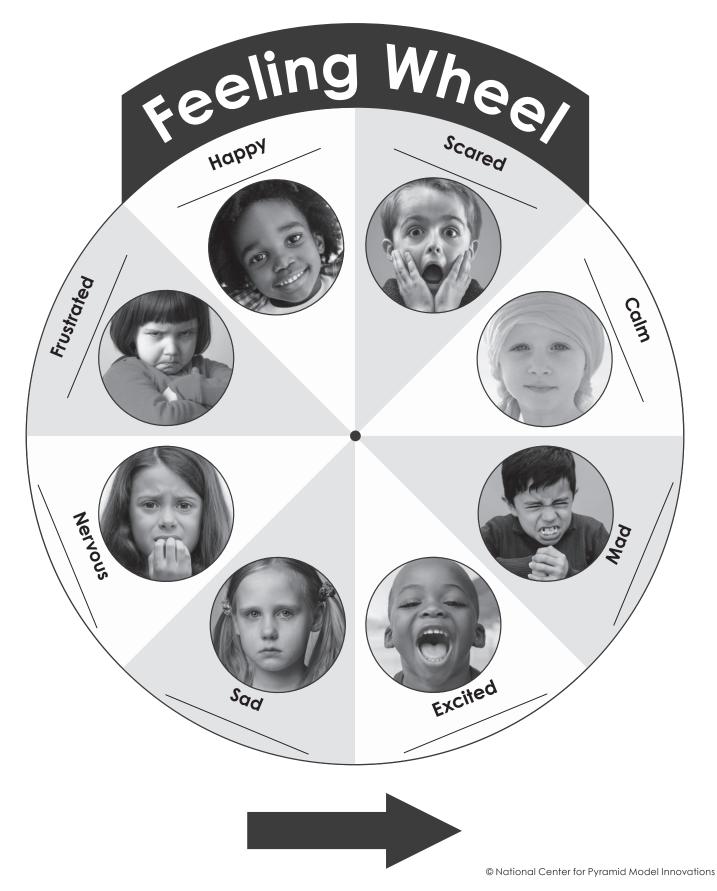
#### **Social Studies**

#### **Community Helpers**

Who is the community helper that helps you when you want to buy food? Where would you go to see them? How would you get there?

# Learning Activity: Check In

How are you feeling today? Share what makes you excited.



# Learning Activity: **Art**

# Journal

# Where I Live

Draw a picture of where you live using at least two different colors. Remember to write your name on the page!

# Learning Activity: **Literacy**

### Listening and Rhyming

Directions:

- 1. Use your listening and rhyming skills to chant the song.
- 2. Use your (the child's) name to fill in the blanks.
- 3. Replace your (the child's) name with objects around the environment to fill in the blanks.

# Willoughby Wallaby Woo

Willoughby wallaby wee An elephant sat on me Willoughby wallaby woo An elephant sat on you Willoughby wallaby fee An elephant sat on \_\_\_\_\_. Willoughby Wallaby \_\_\_\_\_.

## Opposites: words that are completely different

Directions:

- 1. Using a mirror, make a happy face and then a mad face.
- 2. Find a big toy and a small toy.
- 3. Walk or scoot down the stairs, then walk up the stairs.
- 4. Turn on the light in your room, then turn the light off in your room.
- 5. Open a drawer in your bedroom, then close the drawer.
- 6. Make your own opposites!

# Learning Activity: **Math**

# **Circle Counting**

Follow the directions to color the circles.

