

# DAY 3

## ✓ ACTIVITY

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### **Check In**

Look at the Feeling Wheel on **PAGE 16** and share what makes you excited.

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### **Art**

Draw a picture of where you live using at least two different colors on **PAGE 17**.

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### **Music**

See literacy activity on **PAGE 18**.

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### **Physical Activity**

Complete these morning exercises:

- 5 push ups
- 5 sit ups
- 5 jumping jacks
- 5 frog jumps

Create an obstacle course in your environment.

- *Example: go under the table, crawl around the couch, jump on the carpet.*
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### **Literacy**

Complete the activities on **PAGE 18**.

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### **Math**

Complete the activity on **PAGE 19**.

### **Shape Hunt**

Search and identify shapes! See how many you can find!

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### **Science**

#### **Which Weighs More?**

Collect a group of items. Put one item in each hand to see which one weighs more and which one weighs less. Repeat with the other items.

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### **Social Studies**

#### **Community Helpers**

Who is the community helper that helps you when you want to buy food?

Where would you go to see them?

How would you get there?

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Learning Activity:

**Check In**

How are you feeling today? Share what makes you excited.



## Learning Activity:

### **Art**

#### **Journal**

#### Where I Live

Draw a picture of where you live using at least two different colors.  
Remember to write your name on the page!

## Learning Activity:

# Literacy

## Listening and Rhyming

Directions:

1. Use your listening and rhyming skills to chant the song.
2. Use your (the child's) name to fill in the blanks.
3. Replace your (the child's) name with objects around the environment to fill in the blanks.

### Willoughby Wallaby Woo

Willoughby wallaby wee  
An elephant sat on me  
Willoughby wallaby woo  
An elephant sat on you  
Willoughby wallaby fee  
An elephant sat on \_\_\_\_\_.  
Willoughby Wallaby \_\_\_\_\_.  
An elephant sat on \_\_\_\_\_.

## Opposites: words that are completely different

Directions:

1. Using a mirror, make a happy face and then a mad face.
2. Find a big toy and a small toy.
3. Walk or scoot down the stairs, then walk up the stairs.
4. Turn on the light in your room, then turn the light off in your room.
5. Open a drawer in your bedroom, then close the drawer.
6. Make your own opposites!

# Learning Activity:

## Math

### Circle Counting

Follow the directions to color the circles.

Directions:

- Color 2 red.
- Color 1 yellow.
- Color 2 orange.
- Color 3 purple.
- Color 5 green.
- Color 1 black.
- Color 4 blue.

