



## Lady Stang's Youth Basketball Teams

- We are looking for young ladies in grades 1-2 of the school year 2024-2025 to play on basketball teams.
- Currently we have over 80 young ladies in our Lady Stang's Youth Basketball Program in grades 3-8.
- Season:
  - o Practices would be one hour a piece, twice a week, from September-Early December at Hempstead High School.
  - o Games would be played and organized by the YMCA League Team at different DCSD elementary schools.
- Interested?
  - o Direct Message and/or Follow Our Facebook Page "Lady Stang's Youth Basketball"
  - o You can also email Coach Ryan Rush [rrush@dbgschools.org](mailto:rrush@dbgschools.org)
- Interested in Coaching?
  - o We have practice plans as well as skills/drills all ready and will be in video form next September
  - o We have three meetings a year- July, October, February-that usually last about an hour
  - o Reach out to Coach Rush directly- [rrush@dbgschools.org](mailto:rrush@dbgschools.org) if interested in coaching a team
  
- **NOTICE: Distribution of this flyer does not constitute an endorsement by the Dubuque Community School District. Any production or printing cost for these flyers was paid for by the sponsoring organization.**