



**Crescent Community
HEALTH CENTER**

Saturday, August 10

Join us for a day of health, wellness, and community spirit at the Crescent Health and Wellness Expo & 5K Walk/Run! We're thrilled to invite you to this exciting event as we strive to cultivate richness and diversity within our community, right here at Crescent in the new Wellness Center.

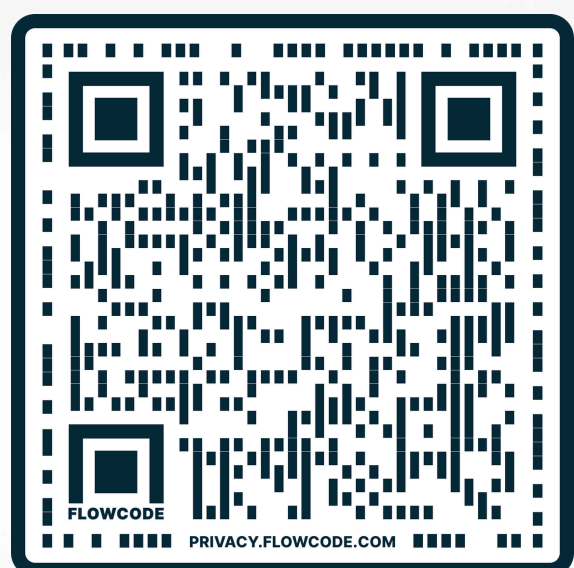
This **FREE** event is open to all, so bring your family, friends, and neighbors for a morning of fun and fitness. After the race enjoy music with our live DJ, indulge in tasty treats from food trucks, discover community resources, and more!

Date: Saturday, August 10

Cost: FREE

Time: Registration opens at 8 a.m.
Race begins at 9 a.m.

Location: Crescent's new
Wellness Center
1690 Elm Street, Dubuque



**Scan QR code or visit
crescentchc.org to register!**

*Registration available in English,
Marshallese, and Spanish.*

Questions? Contact us:

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**CRESCENT'S
STEPPIN' IT UP!**

2024



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