

## High School Physical Education Enrollment Alternatives

According to Policy 6212, high school students “must complete physical education ONLY for the semesters when they are in attendance.”

The high school principal or designee will be guided by the following procedures when accepting exemptions from physical education requirements for high school students.

- Medical Exemption
- Religious Exemption

A pupil shall not be required to enroll in either physical education or health courses if the pupil’s parent or guardian files a written statement with the school principal that the course conflicts with the pupil's religious beliefs.

- Athletic and Academic Exemptions

A student may be excused from the physical education requirement by the principal of the school in which the student is enrolled under one of the following circumstances:

- (1) **Work Study/Educational Program** - The student is enrolled in a cooperative, work study, or other educational program authorized by the school which requires the student's absence from the school's premises during the school day. This includes Senior Year Plus programs.
- (2) **Academic Exemption** – See High School Course Guide for the most current exemption information.
- (3) **Athletic Exemption** – See High School Course Guide for the most current exemption information.

If a student utilizes a physical education exemption and consequently drops the course, or quits participation in the athletic season, the student must enroll in a physical education course.

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Cross Reference:  
5305, 6210, 6213