

Dubuque County Public Health presents

# PARENT NIGHT

## EMPOWERING YOU TO PROTECT YOU KIDS

From substance abuse to online predators, it's essential for you to be aware of the challenges your kids face every day.

### EVENT HIGHLIGHTS

#### Recognize the Threats

Learn about the dangers kids face online, in school, and beyond

#### Understand Warning Signs

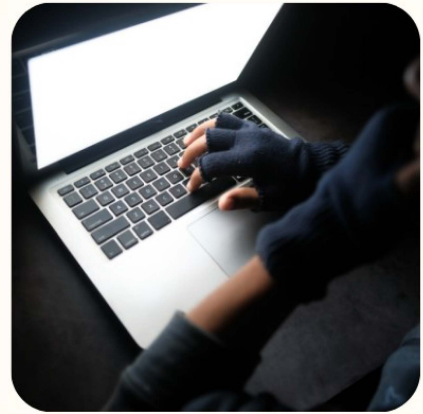
Identify key red flags that your child may be experiencing something harmful.

#### Gain Practical Tools

Discover effective strategies and resources to help guide your child through these challenges safely.

#### Interactive Discussions

Ask questions, share experiences, and connect with professionals.



#### Featuring

- Visiting Nurse Association (VNA)
- National Alliance on Mental Illness (NAMI)
- Area Substance Abuse Council (ASAC),
- Mobile Mamas (Digital Safety)
- Dubuque County Public Health



JANUARY

**30**

5:30 PM-6:30 PM

**ASBURY  
LIBRARY**

5290 GRAND  
MEADOW DRIVE,  
ASBURY, IA 52002



**Public Health**  
Prevent. Promote. Protect.

Dubuque County Public Health

 **Contact Us**  
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 **More Information**

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