



Join us for another season of FASST Flag Football in Dubuque! This program is an exciting opportunity for both boys and girls entering grades 1 through 6 to learn, grow, and play football.

Schedule & Information:

- Season starts August 17, the first week of school (DCSD) and ends on October 11
- Training Camp – Week 1
 - Sunday, August 17 (grade level groups) 4:00-6:00pm
 - Tuesday, August 19 (grade level groups) 5:15-6:30pm
 - Thursday, August 21 (grade level group) 5:15-6:30pm
Team draft and coaches meeting to follow Thursday practice
- **Teams/schedules announced by Friday, August 22 at 9pm**
- Saturday, August 23 (practice with your team) 8:00-10:00am
- Practices on Tuesdays and Thursdays from 5:15-6:30pm
 - Tuesday and Thursday, August 26, 28 and September 2, 4*
Grades 1/2 first game on Sept 4
 - Continue each Tuesday (optional Thursdays for upper grades based on coach discretion)
- Games for Grades 1/2 are on Thursday evenings at 5:15pm and 6:15pm
 - Game dates: Thursdays, September 4, 11, 18, 25, October 2
- Games for Grades 3/4 and 5/6 teams on Saturdays at 8am, 9am, and 10am
 - Game dates: Saturdays, September 6, 13, 20, 27, October 4
- Final tournament on Saturday, October 11 starting at 8:00am for ALL grades/teams

Location:

- Practices & Games – McAleece Park & Recreation Complex – 1801 Admiral Sheehy Drive

What does it cost?

- Grades 1/2 teams – 5v5 - \$105 **includes camp shirt, game jersey & mouthguard*
Roster limit of 10 per team and 6 teams max. We will NOT accept any additional registrations First come-First served.
- Grades 3/4 teams 6v6 - \$125 **includes camp shirt, game jersey & mouthguard*
Roster limit of 12 per team and 6 teams max. We will NOT accept any additional registrations. First come-First served.
- Grades 5/6 teams 7v7 - \$125 **includes camp shirt, game jersey & mouthguard*
Roster limit of 14 per team and 6 teams max. We will NOT accept any additional registrations. First come-First served.

REGISTRATION OPENS – April 1, 2025 – www.fasstsport.com

REGISTRATION CLOSES – June 1, 2025, or until grade levels fill up!

Email us at fasstflagfootball@gmail.com



Keep up with us on **Facebook** | www.facebook.com/fasstflagfootball

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