Summer YogArt Camps

Join Challenge to Change for an exciting 4-day YogArt Camp, where combining yoga and art creates emPOWERed kids!

Iam

Get ready for an unforgettable experience with Ms. Sandra designed to empower, uplift, and inspire!

Through mindful movement, creative expression, and engaging activities, kids will explore their inner strength, courage, and creativity—all while having a blast. No prior experience in yoga or art? No problem! Every child is welcome to explore, create, and shine at their own pace.

Date: June 23-June 26 OR August 4-7

Time: 10:00 AM-2:00 PM +Cost: \$150 per yogi* Location: Allison Henderson Park, Dubuque

+Ages: 5-11

Registration will open through Dubuque Leisure Services starting on May 7th.

*Scholarship opportunities are available.



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