

SAGEVILLE



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Sageville Elementary Newsletter

November 1, 2018

From the desk of Miss Mac:

At next Friday's Celebration Assembly, we welcome Mrs. Nancy Anderson, the daughter of Miss Adeline Klingeman, former Sageville teacher, who has donated her mother's school bell back to Sageville. Miss Klingeman was born in 1907 in Monona, Iowa. She was the valedictorian of her class from Monona High School so she received a scholarship to a college of her choice. She chose the University of Dubuque. Miss Klingeman began teaching at Sageville School in the fall of 1926 and continued there until she left to marry Joseph Mista in June, 1930.

When Mrs. Mista left Sageville her school bell went along with her. Her daughters can not remember a time that the bell was not displayed in their living room. Mrs. Mista died in 1986 and her daughter, Nancy, who was also a teacher, kept the bell in her home all these years since.

Now in 2018 the school bell is moving back to the place where it began its role in education. It now has a "forever" home, Sageville School! Mrs. Nancy Anderson will be here for our Celebration Assembly on November 9th at 2:45 PM to present the bell. You're welcome to attend.



Calendar of Events

Monday-November 5

3:30-6:00 Pick up your cookie dough orders in the gym

Tuesday-November 6

3:30-5:00 PM Volleyball

Wednesday-November 7

3:30-5:30 PM Volleyball

Thursday-November 8

8:05 Choir

Friday-November 9

Scrip orders due

Sageville Awesome Day for Special Olympics. Pick one or more items from the menu!
2:45 Celebration Assembly

Friday Focus:

- Teachers will be working on Standard Based Report Cards

Mrs. Herr's kindergarten class celebrated the planting of their pear tree

Smile.amazon.com news!

Tell your family and friends!

For a limited time, your support goes 10 times as far

**From Oct 29 – Nov 2, Amazon is donating 5%
(10 times the usual rate) when you shop at
smile.amazon.com**

Thanks to our customers shopping at smile.amazon.com, AmazonSmile has donated over \$100 million to charities around the world! To celebrate, we're launching our biggest bonus donation to date — **5% for 5 days**. From Oct 29 - Nov 2, we're donating 5%, ten times our usual rate, on all eligible smile.amazon.com purchases. Click [here for details](#).

Through Nov 2, AmazonSmile is donating 5% (ten times the usual amount) to Sageville Parent Teachers Club when you shop at smile.amazon.com/ch/42-1177007. #AmazonSmile #StartWithaSmile

Counselor Corner...Mrs. Boeve

Greetings! Throughout our lessons on Emotion Regulation in the month of October, most grades were exposed to some form of regulating through the practice of mindful breathing. Deep or mindful breathing helps regulate our bodies to a calmer state which then gives our brains clarity to process our emotions. Research indicates that when we practice intentional breathing, people tend to have more positive reactions to an upsetting feeling or situation. These are the skills we want kids to have! Breathing is easiest to practice during routine times such as washing your hands, showering, walking, riding in the car, or at bedtime. Below is one way that 2nd graders practiced mindful breathing during Guidance and you can practice together at home!



I found a fairy in our Preschool!

“Birthday Cake Breathing” from *Take Care Blog* by Ruthie Weiglein, LPC, RPT
Link: <https://take-care.blog/2016/03/12/a-fun-way-to-calm-down-quick/>

