

SAGEVILLE



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Sageville Elementary Newsletter

April 4, 2019

From the desk of Miss Mac:

National Service member Eve Dietrich, who heads up our Green Club, was the recipient of the 2019 Impact Award, which recognizes members whose work positively impacted the site at which they serve. Sageville is one of the lucky schools that gets to work with Eve. She has done many great things with our students and I have enjoyed the opportunity to make plans with her to keep our school "green". One of their latest projects involves the Crayola Color Cycle Program. Green Club members decorated tissue boxes that will be placed in each classroom to collect dried up markers. Crayola pays for us to ship them and in return we get new markers. Next, the school garden will be planted. We'll be reaching out to families to help maintain the garden this summer with a sign up form which will come home in May. A perk is that you will get to pick the produce.

Recently the Reading Educators' Association of Dubuque (READ), a local council part of the Iowa Reading Association, nominated Sageville substitute teacher Laurie Brimeyer for the Celebrate Literacy Award. It was announced this week that Mrs. B. won the award at the state level. All the various ways that Mrs. B. promotes literacy in the community were mentioned in the nomination letter, including giving book talks about the Iowa Children's Choice Award books and working with the Battle of the Books teams at Sageville each year. She will be recognized at an awards banquet in Ames June 25 during the Iowa Reading Association's annual conference. Congratulations, Mrs. B.!

Before break children in Grades 3-4-5 voted for their favorite Iowa Children's Choice Award books. Kids who had read two or more of the 20 books on the list were eligible to vote. So far 82 Sageville students have voted. That number may change as there were several people absent on the day of the vote. *Moo* by Sharon Creech and *Wish* by Barbara O'Connor received the most votes at Sageville, but all votes will be turned in and counted at the state level. Every one of the 20 books received at least one vote this year. These are the books the 5th graders are reading for their Battle of the Books competition, which will take place in May. Read on!

Calendar of Events

Scrip orders are due tomorrow

Iowa Tests for Grades 3-5

Monday-April 8

9:00 Gr. K field trip to
Challenge to Change

Tuesday-April 9

4:00-5:30 PM Track
6:30-7:15 PM Preschool
Family Night in the gym

Thursday-April 11

Choir
4:00-5:30 PM Track

Friday-April 12

Scrip orders are due
9:40 Late Start
12:05 PM Career Café
2:45 1B Parent Stations
3:15 Celebration Assembly

Friday Focus:

- Our content leaders will be highlighting some features of our new math program, Bridges, that all teachers will



All 4th graders in the district have the opportunity to participate in a fitness challenge beginning on April 1st. In order for the student to successfully complete the challenge, he/she must exercise 5 of the 7 days a week. Below is a list of the weekly challenges. Students were given a calendar with the required exercises.

Week 1 Squat Challenge
Week 2 Planks Challenge
Week 3 Sit-Up Challenge
Week 4 Jump Challenge

Students must turn in completed forms to one of the Hy-Vee locations in Dubuque before April 26th. The school with the most completed forms earns a smoothie party.

For more workout ideas, please visit www.hy-veekidsfit.com

Sageville's PTC



**Save the
Date:**

May 10th

Counselor Corner...Mrs. Boeve

Next week students in grades 3-5 will be taking the ISASP Tests. Along with testing can come stress that we call "test anxiety." Students in these grades have had an extra guidance lesson this month addressing test anxiety, test taking tips, and Q&A about ISASP. Some tips for the week of testing to ensure students feel calm and confident about are below. Discuss these as a family to help your child feel more at ease the nights and mornings before testing week:

- Reassure them they have been well prepared for the test by their teachers.
- Practice Positive Affirmations or yoga Mantras ("I Am Calm. I Am Prepared.")
- Get a good night's rest. Rest, exercise, and eating well are as important to test-taking as they are to everyday school (6-8 hours of restful sleep).
- Encourage your child to try to keep their electronic devices in a separate room when sleeping. Studies show screen time before bed can decrease restful sleep and even a device simply being in another room can increase REM sleep patterns aka "deep sleep".
- Eat a healthy nutritious breakfast each day. If a healthy option is not available, eat something to fill your belly and drink plenty of water. Brains love water!
- Give yourself plenty of time to get to school so they aren't rushed the morning before the test which could cause additional stress.

**Track Session is right
around the corner:**

**Track will meet 4:00-5:30
PM on the following dates:**

April 9th

April 11th

April 16th

April 18th

April 23th

April 25th

**The district track meet will
be held on Thursday,
May 2nd**