



12015 Sherrill Road (563) 552-4300 Phone (563) 552-4301 Fax

Sageville Elementary Newsletter

November 21, 2019

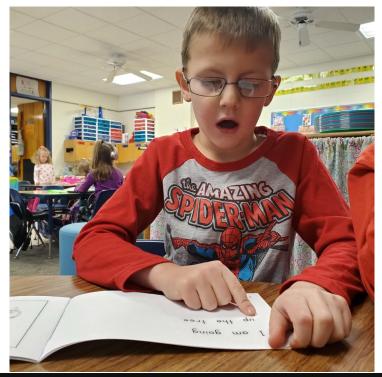
From the desk of Miss Mac:

It sure is great to be back at Sageville School! This has been a long-awaited day for me. Thank you for all of your continued support and prayers.

What are the timelines involved when there are weather-related late arrivals or early dismissals?:

In a two-arrival late arrival, your child's bus will arrive two hours later than it normally does and school will start at 10:40 AM. Morning preschool classes are cancelled.

In a two-hour early dismissal, school will be dismissed at 1:30 PM and there will be no afternoon preschool classes. This announcement is usually made mid-morning so that parents can make arrangements for their children arriving home two hours earlier.



Calendar of Events

Tomorrow is the November birthday lunch celebration for K-2 at 11:35 PM & 12:05 for 3-5 students!

Our November Celebration Assembly is at 2:35 PM.

Tuesday-November 26

Standards Based Report Cards will be emailed home to K-5 families. ISASP results will be emailed to Grs. 4 & 5 families

Wednesday-November 27

No School

Teacher Quality Day: Teachers have the opportunity to engage in their professional learning communities and hear a dynamic speaker.

Thursday-November 28

No School Happy Thanksgiving

Friday-November 29

No School

Friday Focus:

 Bridges Instruction is our focus this Friday.

Colton enjoys learning to read from our new books from the DRA Grant!



Counselor Corner...Mrs. Boeve

Greetings! I hope you had a chance to view the short video of Dr. Siegel explaining the hand model of the brain (https://www.youtube.com/watch?v=gm9ClJ74Oxw). In class, students learned about these parts of the brain, how we respond to fear (fight, flight, freeze), and how to move on. Here are the different parts of the brain and the hand model way of explaining it.

Prefrontal Cortex, PFC (Wise Owl)- your decision maker center of the brain

Hippocampus (Elephant)- your memory maker/saver and learning center

Amygdala (Guard Dog)- fear/stress responder, makes us fight, flight, or freeze

We talked about needing to calm your Guard Dog down first before you can make good decisions or learn. Take time to discuss with your child ways that they can safely calm their Guard Dog down when they "flip their lid" and sense fear/stress/danger. Give them examples of things that you used to do when you were their age to destress or calm your guard dog! We want those Hippocampus's (memory & learning) and Wise Owls (decision making) ready to learn all the great things Sageville teachers have to offer!

Albrecht Acres Arts & Crafts Collection

We'll be helping out our neighbors by collecting some art supplies in the upcoming weeks. You can send them to the school office until December 13th.

Paper plates
Cotton balls
Craft sticks
Paper bags
Construction paper
Crayols markers &
crayons
Painting supplies
Magic Erasers & Lysol
wipes to clean tables
Pipe Cleaners
Pom pom balls

They are happy to take anything else to brighten the campers' art time at Albrect Acres!

