

OUR MISSION

The mission of Eleanor Roosevelt Middle School is to develop respectful, responsible learners through a rigorous curriculum in a caring, diverse community.



VOLUME 22 | ISSUE 7 | MARCH 2023

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OUR NEWSLETTER

The Roosevelt Report is sponsored by the ERMS PTO and the ERMS Staff. In future issues we hope to bring you important information about events and activities at ERMS.

OUR COMMUNITY PARTNERS



EBLYONS
Nature Center

NOTES FROM MR. JOHLL

Dear Roosevelt Families,

I hope your child(ren) and your family had a wonderful spring break. It was nice having some time off, but it's also good to be back in school again! With this article I want to share some information on the importance of helping build resiliency in our youth. As you know, resiliency is the ability to adapt in a positive way when faced with a situation that is difficult, a situation that brings about adversity, or even when there is a situation of failure in life. It is the ability to work through that tough time constructively and effectively. Doing so provides the person with a sense of personal empowerment, and a strong life experience that can be drawn upon later when faced with another difficult situation. I would argue that this is needed more today than ever before. I recently read an outstanding article, the "Resilience Guide for Parents and Teachers," from the American Psychological Association (APA). This article was written over ten years ago, but it was updated just this week. In the article, the APA provides ten tips that can help develop resilience in our students. They are:

1. Make connections
2. Help your child by having him or her help others
3. Maintain a daily routine
4. Take a break
5. Teach your child self-care
6. Move toward your goals
7. Nurture a positive self-view
8. Keep things in perspective and maintain a hopeful outlook
9. Look for opportunities of self-discovery
10. Accept that change is a part of living

Within the article, each of these ten tips has wonderful suggestions for parents and guardians to consider. There is also a section devoted to middle school students. In that part of the article, I like the information shared around helping reinforce the importance of empathy. I highly recommend that all parents and guardians take a few minutes to review this information. Here is a link if you are interested in reading the article or in learning more about this topic:

<https://www.apa.org/helpcenter/resilience>

CONTINUED ►

FOLLOW US ON INSTAGRAM

ERMS Houses each have their own Instagram accounts. On a computer type in the following website and add the house user name after the "/" without the "@" symbol. Go to:

Instagram.com/_____

OR

via the free Instagram app, create an account if you don't already have one, then search for the user name listed below. Make sure to include the "@" symbol.

THEN

Make sure to click "FOLLOW" on each of the pages.

HOUSE INSTAGRAM USER NAMES

HOUSE 6-1

@erms6.1

HOUSE 6-2

@erms6_2

HOUSE 6-3

@ermshouse6_3

HOUSE 7-1

@erms.71

HOUSE 7-2

@7.2raptors

HOUSE 7-3

@ermshouse73

HOUSE 8-1

@mkskreshistory
@msyagerscience
@mrscummingsmath
@mspociask_ela

HOUSE 8-2

@erms_82
@Mrs_Norby

HOUSE 8-3

@erms_house_8.3

CONTINUED ▶

ISASP | Next week and the first week April, our students will be taking a series of very important tests. The Iowa Statewide Assessment of Student Progress (ISASP) tests are standardized assessments that have been developed by Iowa Testing Programs at the University of Iowa. These REQUIRED tests have been developed specifically for students in our state. They are directly aligned with the Iowa Core standards in reading, math, and science. The information gleaned from these tests provide teachers, students, and families, with a clear and accurate assessment of learning as it relates to those core standards. These tests are very important in helping your child(ren) with their growth in learning here at Roosevelt. Your words of encouragement and your help in promoting the importance of these test is very much needed and appreciated.

Again, this year the Iowa tests will be done completely online. Students will use their school issued laptops to take the tests on our secure server network. Earlier this week in a Parent Square message, I shared the dates and times for testing. I will send more information for families next week. Here is the schedule for testing:

- Wednesday, March 29: **8th Grade Science** 8:10–10:10 AM
- Thursday, March 30: **Reading** 8:20–10:20 AM
- Tuesday, April 4: **Language and Writing** 8:20–10:20 AM
- Wednesday, April 5: **Math** 8:20–10:20 AM

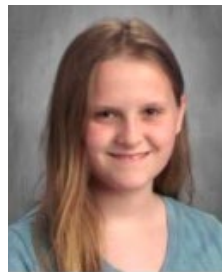
PARENT TEACHER CONFERENCES | Thank you to everyone that attended our second round of parent-teacher conferences, especially with the winter weather related postponements. We appreciate you taking the time to learn about what is happening here at school. We know that these conversations will help promote learning success.

Happy spring to everyone!



Mr. Johll - Principal

RAPTOR RAVES: MARCH



House 6-1 is proud to nominate **Olivia Steckel** for our Raptor Raves this month. This girl has her own unique identity and personality. She encompasses the characteristics needed to be recognized for this honor. Olivia is respectful to both classmates and adults encountered throughout her day. She greets her teachers and wishes them well at the end of each class, expressing gratitude for the lessons. She is a responsible learner, asking questions, completing all work to the best of her ability and on time. Olivia is always ready for class with all of her materials and she even completes work when she misses class. We are so grateful for the opportunity to have Olivia in house 6-1 this year.



House 6-2 is proud to announce **Kartik Chugh** as this month's Raptor Rave. Kartik had a very busy month in school as well as participating in school events outside of school. Kartik won the school spelling bee as a 6th grader and was a member of the Robo Robotics Team, Science Bowl Team, and also did the Battle of the Books competition. Not only did Kartik participate in all those extracurricular activities, he also earned straight A's during his 1st and 2nd trimesters at Roosevelt Middle School. Kartik is very kind and helpful to staff and students. It is very common for Kartik to end class by approaching his teacher and thanking them for teaching him. Congrats Kartik and keep up the outstanding work, from your 6-2 teachers.

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ADDITIONAL ERMS INSTAGRAM USER NAMES

@ermslibrary
@mrsglennonerms
@msmontanaerms
@msputchio
@ermsartcastaneda
@ermsbands
@feldermanwellness
@lucaswellness1002
@erms.orch
@erms.fame

MEDICAL APPOINTMENT TRANSPORTATION

Transportation to **medical** appointments is available through RTA transportation bus and funded by United Way Dubuque.

For more information please contact Roosevelt School Nurse:

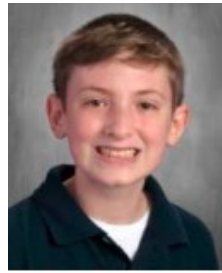
Katie Vogt
PH: 563-552-5016
FAX: 552-5001

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RAPTOR RAVES: MARCH



House 6-3 is extremely overjoyed to nominate **Isaac Lochner** as this month's Raptor Rave! It's actually difficult to determine where to start, as he is that fantastic! Isaac goes out of his way every single day to be a fabulous role model to his peers, which is not only extraordinary but also appreciated. His work ethic is also truly wonderful to witness. Isaac is extremely reliable, and always willing to help absolutely anyone in need. He is also an eager learner. He comes every day ready to get started! Isaac is ambitious, goal-oriented, and a positive influence on his classmates. He wears his heart on his sleeve, never afraid to show compassion and kindness to his peers and teachers. We all consider ourselves advantaged and fortunate to have Isaac in our house! Super proud of you, Isaac!



House 7-1 nominates **Lilah Ettema** as our Raptor Rave. Lilah is an extremely responsible student. She takes pride in her work and always put forth her best effort. Lilah advocates for herself and her learning. She collaborates well with her peers, and she is respectful to everyone. House 7-1 has enjoyed having Lilah in our house this year.



House 7-2 nominates **Elizabeth Hoffman** as March's Raptor Rave. Ellie demonstrates the 3 R's daily. She shows responsibility by helping her peers and teachers, completing work with great effort and doing it on time. Ellie is kind to others and is ready to take on any challenge. We are proud of Ellie and her work ethic! Way to go, Ellie!



House 7-3 would like to honor **Ella Kennedy** as March's Raptor Rave. Ella continues to use the 3 R's each and every day. Ella is always READY for class, she is very RESPONSIBLE and always has her assignments completed, and she is very considerate toward other students. She is RESPECTFUL and willing to help her peers and teachers. We appreciate that Ella leads by example. She is a role model for her peers. Ella is a pleasure to have in House 7-3!



House 8-1 is happy to announce **James Heiderscheit** as our March Raptor Rave! James is what's good about 8-1. He is kind, caring, responsible, and respectful. He can work in any group and will quickly become a leader in that group. He cares about doing well and always puts his best effort into all he does. James arrives to each class ready to learn and is respectful to all. He contributes to class activities and is a positive influence on the climate of the classroom. We can count on James to do the right thing and to lead by example. We are thrilled that James is part of our 8-1 Family this year!



House 8-2 is happy to have **Owen Mason** as our Raptor Rave. Owen has such a big heart! Selfless, caring, and hardworking are just a few ways to describe what a great student he is. Owen consistently puts the best interest of others ahead his own. He is a friend to all and offers a helping hand to any student or teacher in need. Great job Owen!!!

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CONTACTS

Main Office: 552-5000

Principal: Mr. Jeff Johl

Business Manager/Principal's
Secretary: Mrs. Angela Pickel

Activities Office: 552-5010

Assistant Principal/Athletic
Director: Mr. Mark Lawler

Assistant Principal's Secretary/
Activities: Mrs. Tiffany Amico

Attendance Office: 552-5012

Assistant Principal: Mrs. Bobbie
Jones

Attendance/Assistant Principal's
Secretary: Mrs. Amanda Herrig

Health Office: 552-5016

Nurse: Mrs. Katie Vogt
Health Para: Mrs. Dana Sullivan

Guidance Office: 552-5013

Grade 6: Mrs. Kerry Elliott
Grade 7: Mrs. Casie Kaiser
Grade 8: Mrs. Amy Glennon

Records/Counselors Secretary:
Mrs. Polly Fleming

DCSD Anonymous Tip Line: 552-3075

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RAPTOR RAVES: MARCH



House 8-3 teachers are all honored to announce that this month's Raptor Rave is **Sarah Hockett**. Sarah is an extraordinary young lady. She has a true love for learning, is extremely helpful, and cares for everyone around her. Her character is second to none, thus is a great role model for her peers. Sarah, thanks for being so awesome and having such a fantastic 8th grade year. Congratulations Sarah!

ERMS ATTENDANCE PROCEDURE

If your child(ren) will be out for an extended period of time for a non-illness reason such as a family trip, we ask that you please provide notification to the office a minimum of one week in advance of the first day of absence. There are three options for communicating this with the main office:

1. **You can send a note with your child, OR**
2. **You can call the attendance line at 563-552-5012, OR**
3. **You can send an email to ermsattendance@dbqschools.org**

Please include the student name, the dates of the absence and the reason. The student will then receive a letter from the Main Office to be reviewed by each of their teachers so that they are informed of the dates.

Best procedure for your convenience: ERMS Attendance procedure for picking up your student for an appointment during school hours.

- Send a note with your student in the morning.
- The note should include: student's name, pick-up time, reason for leaving early, and parent's signature.
- The student should bring that note to the main office first thing in the morning. He or she will be given a pass out of class in exchange for the note.
- Then your student will meet you at the east door by the flag pole. And he or she can come out when you pull up to the curb.

Option 2: If you know in advance that your child will miss school you can send an email to ermsattendance@dbqschools.org. Please include your child's name, pick-up time and reason for leaving early.

If you need to pick up your student due to a last minute situation, call the attendance line at 552-5012. If we received the information through a phone call, then you have to meet your student in the building. When picking up your student, you will need to enter the building through the door by the flag pole. Then check in with the secretary at the window. **Please notify us as early in the day as possible so that we can better serve you.**

NURSES NOTES

FLU REMINDER: Influenza is in the community and the schools. Please protect yourselves and our children by getting a flu shot, practicing good hand washing, and staying home when you are sick. The symptoms of influenza (flu) appear suddenly and often include:

- Fever of 100.4 F or greater.
- Body aches and muscle pain (often severe), commonly in the back, arms, or legs.

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ACTIVITIES OFFICE CONTACTS

If you have any questions, feel free to contact the following staff in the Activities Office:

Mr. Lawler

mlawler@dbqschools.org

Mrs. Amico

tamico@dbqschools.org

Mrs. Schumacher

kschumacher@dbqschools.org

PHYSICAL PACKET

Visit the page below to download the complete packet. It is the first link on the page titled: Athletic Participation Required Forms (PDF)

<https://roosevelt.dbqschools.org/athletics/forms-and-documents/>

LEAP INFORMATION

Visit the LEAP page to view upcoming events. Students will either be given a permission form to take home or can pick one up from the Activities Office.

<https://roosevelt.dbqschools.org/activities/leap/>

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- Headache.
- Fatigue, a general feeling of sickness (malaise), and loss of appetite.
- A dry cough, runny nose, and dry or sore throat.

If your child is ill, PLEASE keep them home to avoid passing the illness to their class. DCSD requires a student to be free of fever (without Tylenol or Ibuprofen), vomiting or diarrhea for 24 hours before returning to school.

If your child begins to feel ill at school, please remind them to visit the nurse. Any student who contacts home for pick up without seeing the nurse will get an unexcused absence. Thanks!

REMINDERS: Students with a temperature of 100.4 F or higher should stay home until fever free for 24 hours without any fever-reducing medication.

Students with ANY high-risk COVID-19 symptom or TWO OR MORE low-risk COVID-19 symptoms should also stay home.

High risk: New cough, shortness of breath or difficulty breathing, new loss of taste or smell.

Low risk: Fever or chills, headache, muscle or body aches, fatigue, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.

Students who are symptomatic and waiting on COVID-19 test results SHOULD NOT come to school until they receive the results of the test.

COUNSELOR'S CORNER

Submitted by: Mrs. Elliott (6th), Mrs. Kaiser (7th) and Mrs. Glennon (8th)

March is a month where we truly start seeing how much transition happens in a middle school! We are looking at all of the high school plans and activities for our 8th graders, and we start working with our Elementary schools to transition the 5th graders to 6th grade!

8TH GRADE PARENTS: If you have not already, please go into your student's four-year plan and check the box that says you have seen it!!! Please check your email for directions on how to do this.

DCSD Academic Planning

GuardianApprovePlan-PaperSignature

Remember, it is a plan, they are not locked into what they have chosen for their 10th–12th grade years, but it is required that we have parents mark that they have looked at it!

Current middle schoolers will get to show their knowledge soon by taking the ISASP. Testing dates are March 30, April 4, April 5, and 8th graders only will take science on March 29th. Please be sure to have your students attend school on those dates, they will need to make this up if not here!!!



Mrs. Sendt's Raptor Time
7 Mindsets Gratitude Tree



SPECIAL OLYMPICS BASKETBALL

Submitted by: Mr. Paca, Eleanor Roosevelt Special Olympic Coach

Eleanor Roosevelt participated in three basketball events, which were target passes, 10-meter dribble, and spot shot at Hempstead High School on Thursday March 2nd. Everyone did an outstanding job with all athletes returning home with a medal. Participants in the event (pictured above) included: Nathan Drake, Molly Curry, Bradlyn Hantelmann, Neenah Maneman, Evan Oberman, Kate Schuster, Natalie Miller, Symere Abrams, Abigail DeMoss, Xay LuGrain, Lincoln Keith, and Tanner Youtzy. A special thanks goes to Mrs. Meier and the life skills para educators for all their help. Great job Raptors!



MUSIC NOTES: ORCHESTRA

Submitted by: Natalie Delcorps, 6-8 Orchestra Director

Congratulations to our eight Roosevelt Raptors participating in the Kennedy Honors Orchestra Festival in Cedar Rapids on March 4th, 2023!

Students in picture, left to right: Royal Reisch (cello), Lola Siegert (violin), Sarah Hockett (violin), Shannon Friesen (violin), Ruah Kim (viola), Eve Scheidecker (viola), Quinlan Schumacher (double bass), Nolan Risma (cello)

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SCIENCE BOWL

Submitted by: Wendy Winger, House 6-2 Science Teacher

Congratulations to Kartik Chugh, Max Jones, Sophia Lois, Riley Malcom, and C.J. Peterson for their strong performance at the 2023 Science Bowl in Ames, Iowa in February. These students completed 4 rounds of questions in the morning to place first in the red division.

Questions were in the fields of biology, chemistry, earth science, energy, and math. They were among 16 teams that were invited to compete in the afternoon elimination rounds. In this group they had a narrow loss to Johnston who would eventually become the runner-up team of the championship. Roosevelt's play was completed after a tough competition against a Northview team that finished the event in 3rd place overall.



ERMS PTO

Roosevelt Families,

It's hard to believe April is just around the corner and spring is here! We are beginning to close in on the end of the school year, and I would like to thank the wonderful families at ERMS for all of your support throughout the year. We have a few more events before the school year ends, and hope to see you there!

PTO MEETINGS | Our next PTO meeting is scheduled for Tuesday, April 4th at 6:30 p.m. in the Roosevelt Library. We invite you to join us either in person or virtually. A Microsoft Teams link will be available by request the week of our meeting. Just send message us on Facebook to receive the link.

JOIN US | As the school year is coming to an end, the volunteer opportunities for the next school year are opening up. Please reach out to any PTO member to find out what you can do to help make the 2023-2024 school year the best one yet!

SPIRIT NIGHT | Our next Spirit Night will be at the Dubuque Pizza Ranch on Thursday, March 30th from 4–8 p.m. Pizza Ranch will donate 10% of profits from that time period back to Roosevelt PTO to benefit our school.

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PTO BOARD

Jeff Johl, School Principal
Bobbie Jones, Asst. Principal
Mark Lawler, Asst. Principal
Jodi Heimke, Staff Rep.

2022-23 OFFICERS

President:

Hayley Taylor
taylor.hayleym@gmail.com

Vice-President:

Stephanie Wolter
sswolter74@gmail.com

Treasurer:

Tammy Rausch
trausch2@yahoo.com

Secretary:

Michelle Hingtgen
Tonymichelle83003@gmail.com

2022-23 COMMITTEE POSITIONS

Sports/Activity Booster:

Mark Lawler
mlawler@dbqschools.org

Dance Committee:

Hayley Taylor

Hospitality:

Hayley Taylor (Back to School)
Stephanie Wolter (Back to School
and Conference Meals)
Tina Long

Newsletter & Social Media:

Kimberly Davis
kim@maderastudios.com

Spirit Nights:

Brittany Becker
bbecker@dbq.edu
Stephanie Wolter

Yearbook:

Alex Schiavoni
aschiavoni@dbqschools.org
Stacey Sigwarth
ssigwarth@dbqschools.org

NEXT PTO MEETING

All are welcome to attend on
Tuesday, April 4, 2023 from 6:30–
7:30 p.m. in the school library or
via Microsoft Teams. To receive the
login info, message us on Facebook
or email us at: ERMSPTO@outlook.
com

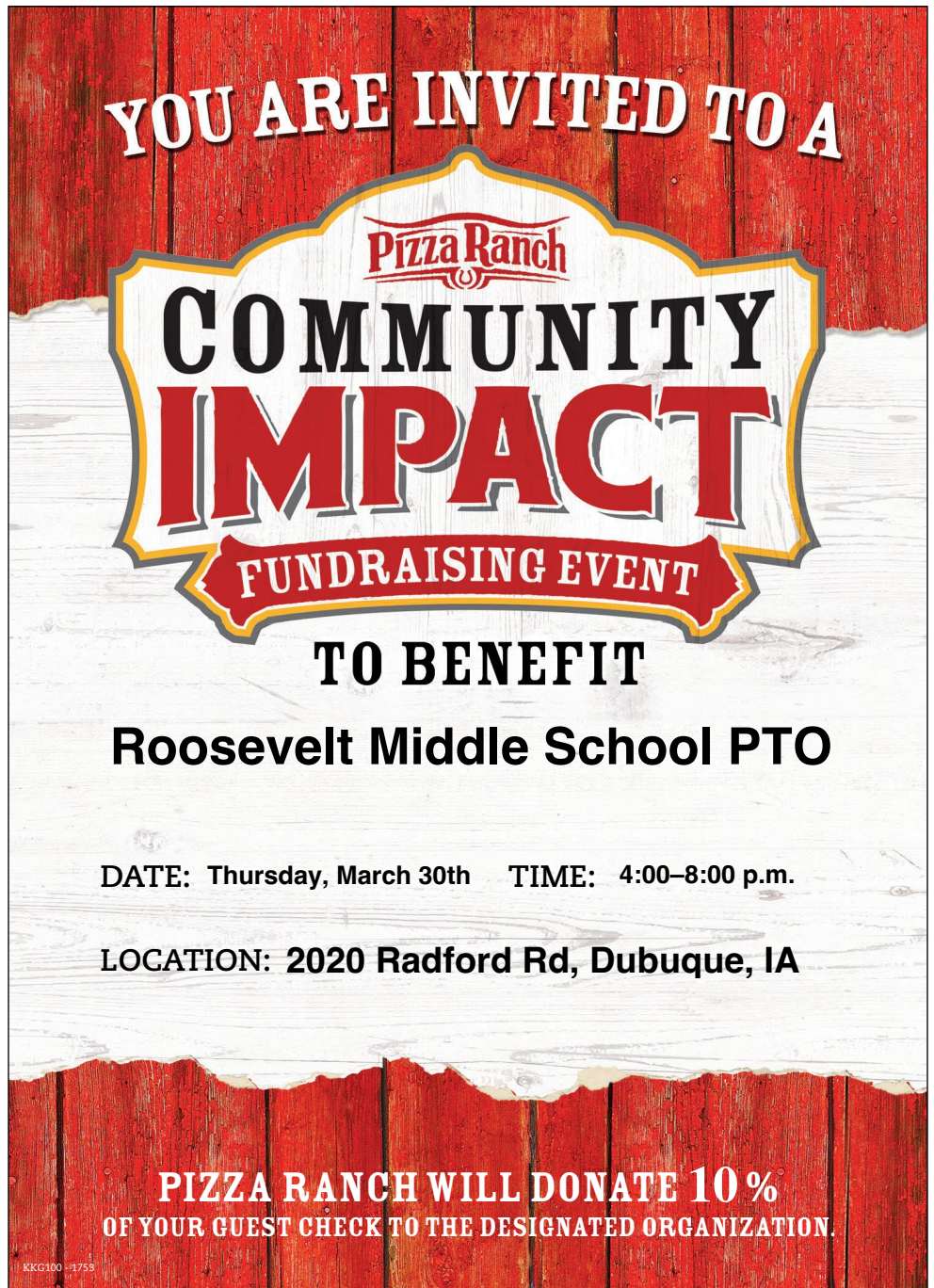
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STAY CONNECTED | Remember to like our Facebook page, **PTO Eleanor Roosevelt Middle School Dubuque**, to stay in the know on all things PTO. Also, make sure to join our email list by sending us a message on Facebook, signing up online or emailing us, ermsto@outlook.com. We are regularly sending out emails with volunteer and donation opportunities.

Hayley Taylor, PTO President



YOU ARE INVITED TO A

Pizza Ranch

COMMUNITY IMPACT

FUNDRAISING EVENT

TO BENEFIT

Roosevelt Middle School PTO

DATE: Thursday, March 30th TIME: 4:00–8:00 p.m.

LOCATION: 2020 Radford Rd, Dubuque, IA

PIZZA RANCH WILL DONATE 10% OF YOUR GUEST CHECK TO THE DESIGNATED ORGANIZATION.

KKG100-1753



ELEANOR ROOSEVELT MIDDLE SCHOOL

APRIL 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 ISASP TESTING Grade Check	5 ISASP TESTING	6	7 NO SCHOOL	8
9 EASTER	10 Girls Track @ Wahlert 4:30pm Boys Track @ Hempstead 4:30 PM	11 6 th Grade Orientation	12	13 6 th Grade Orientation	14 Boys Track @ WD 4:00 PM	15
16	17 Boys and Girls Track @ Dalzell Field (Senior) 5:00 PM	18	19	20	21	22
23	24	25 7 th Grade Field Trip to River Museum	26 7 th Grade Field Trip to River Museum	27 7 th Grade Field Trip to River Museum MUSIC MAN JR MUSICAL 7pm	28 Girls Track @ WD 4:00 PM MUSIC MAN JR MUSICAL 7pm	29 MUSIC MAN JR MUSICAL 7pm
30 MUSIC MAN JR MUSICAL 2pm						

DISTRICT INFORMATION

SAFE ZONE

This school is free of harassment, bullying and discrimination. The Anti-Harassment/Bullying/Discrimination Assurance Statement and School Board Polycys #1001/#1005 is available at The Forum, 2300 Chaney Road, Dubuque, Iowa 52001. Questions can be directed to 552-3000.

LUNCH MENU HOTLINE

Call the lunch menu hotline for the DCSD menu of the day at 552-3250. NSF CHECKS (NON-SUFFICIENT FUNDS) There is a \$20.00 charge for all NSF checks per DCSD guidelines.

ABSENCE PROCEDURES

When a student is absent from school, the parent or guardian should call the Attendance Office (563-552-5012) before 9:00 a.m. Please be sure to give your name, student name and reason for the absence. If you prefer send us an email to ERMSAttendance@dbqschools.org.

PAY STUDENT FEES ONLINE

Parents, can pay student fees and deposit breakfast/lunch money into your child's meal account by going to the Dubuque Community School District website at: dbqschools.org Select Student Fees from the drop down box OR Select Student Meals from the District front web page.

WEATHER HOTLINE

The Dubuque Community School District has a "Weather Hotline." When school may be closed due to inclement weather, individuals may call 552-3035 for school district updates. In addition, YOU CAN NOW press "1" for athletic contest changes and press "2" for fine arts activity changes. You can also sign up for Iowa School Alerts at: <https://schoolalerts.iowa.gov>