

OUR MISSION

The mission of Eleanor Roosevelt Middle School is to develop respectful, responsible learners through a rigorous curriculum in a caring, diverse community.



VOLUME 22 | ISSUE 9 | MAY 2023

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OUR NEWSLETTER

The Roosevelt Report is sponsored by the ERMS PTO and the ERMS Staff. In future issues we hope to bring you important information about events and activities at ERMS.

OUR COMMUNITY PARTNERS



EBLYONS

Nature Center

NOTES FROM MR. JOHLL

Dear Roosevelt Families,

Another end of the school year is quickly arriving. As we wind down the 2022-2023 year, I want to share a few points of information...

RENAISSANCE BREAKFAST | This week on May 9, before the school day began, we hosted the last student and family breakfast of the school year. Students were nominated for this special event by a staff member for excellence or perseverance demonstrated in the classroom. Both the student and parent(s) were served a gourmet hot breakfast by our teachers, administrators, and cafeteria staff. Our thanks to sixth-grade teacher, Mrs. Winger, for her organization of this event, and to all staff for their help with the breakfast.

JUST SIX BOOKS | Each May, with this newsletter, I like to share information with parents about the importance of reading during the summer. Research shows many children, especially struggling readers, 'unlearn' some of what they accomplished in the area of reading during the school year. For some, it is the result of not having that reading practice during the busy summer months. Did you know that reading just six books during the summer may keep a middle school reader from regressing? We know that it's often hard to keep a reading routine in a season packed with other events and activities, but encouraging them to read every day, even for a small amount of time, will help them increase their abilities over the summer and beyond! I encourage you to take advantage of your local library when selecting books to ensure that they match your child's age, interests, and abilities.

TRACK, MUSIC CONCERTS, AND 'THE MUSIC MAN Jr.' | Congratulations to our track athletes and coaches on a successful spring season. Though the weather did not always cooperate with us again this spring, it has been fun to watch the students improve and grow in this wonderful sport. The season will conclude tomorrow, May 13th, with the running of the Washington Relays at Dalzell Field. Good luck to our athletes this Saturday.

The end of the school year also brings three special music concerts in Lass

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FOLLOW US ON INSTAGRAM

ERMS Houses each have their own Instagram accounts. On a computer type in the following website and add the house user name after the "/" without the "@" symbol. Go to:

Instagram.com/_____

OR

via the free Instagram app, create an account if you don't already have one, then search for the user name listed below. Make sure to include the "@" symbol.

THEN

Make sure to click "FOLLOW" on each of the pages.

HOUSE INSTAGRAM USER NAMES

HOUSE 6-1

@erms6.1

HOUSE 6-2

@erms6_2

HOUSE 6-3

@ermshouse6_3

HOUSE 7-1

@erms.71

HOUSE 7-2

@7.2raptors

HOUSE 7-3

@ermshouse73

HOUSE 8-1

@mskresshistory
@msyagerscience
@mrscummingsmath
@mspociask_ela

HOUSE 8-2

@erms_82
@Mrs_Norby

HOUSE 8-3

@erms_house_8.3

Auditorium. This month we hosted spectacular band and orchestra concerts, and next week we will have our choir finale. Congratulations to all our musicians and the directors. Also, congratulations are in order for all students, staff, parents, and community members that played a role in the April production of the musical, "The Music Man Jr." Thank you for all your efforts to create such a fun and enjoyable musical. The singing, the acting, the pit orchestra music, and the work of the crews was truly fun to watch! It was also wonderful seeing the large crowds present for each show supporting our students! Thanks!

Have a wonderful spring!



Mr. Johll - Principal

RAPTOR RAVES: APRIL



House 6-1 would like to congratulate **Amelia Arensdorff** for being chosen as our May Raptor Rave! Amelia is such a wonderful role model for her peers. She is respectful of her classmates, teachers, and work. Her responsibility is off the charts and she is always 100% ready for every class. It really is a joy to have Amelia in class on a daily basis. Good job, Amelia! Keep up the good work!



House 6-2 is excited to announce **Parker Ryan** as Raptor Rave. Parker is always respectful, responsible, and ready in class. He is always giving his best effort to produce quality work. Parker is a good friend and worked well with his partners during many science labs throughout the month. What caught all of the 6-2 teachers' eyes is the hard work and effort Parker put toward his i-Ready testing. Parker made great gains and his final score in reading has Parker testing in the high school range. That is very impressive for a sixth grader. Congrats Parker and have a great rest of your school year!



House 6-3 is happy to announce **Aydan Wieser** as our last (but definitely not least) Raptor Rave for the month of May! Aydan goes out of his way to be an inclusive friend and encourage others to be their best selves. He is able to have a conversation with anyone and is quick to help out others when they need it. Aydan works hard to do his best in school and continues to ask questions when he needs help. He is reliant, welcoming, and a positive contributor to House 6-3! We are sad to see you go on to 7th grade, but know you will leave an impact wherever you go. Keep up the great work, Aydan!



House 7-1 has chosen **Taylor Davis** as our Raptor Rave for May. Taylor always works hard in her classes. She is responsible for making sure she has her work completed and done in a thorough manner. She is respectful and kind to her teachers and peers. Taylor collaborates well with whomever she is partnered with. We have enjoyed having Taylor in House 7-1 this year. Keep being awesome, Taylor!

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ADDITIONAL ERMS INSTAGRAM USER NAMES

@ermslibrary
@mrsglennonerms
@msmontanaerms
@msputchio
@ermsartcastaneda
@ermsbands
@feldermanwellness
@lucaswellness1002
@erms.orch
@erms.fame

MEDICAL APPOINTMENT TRANSPORTATION

Transportation to **medical** appointments is available through RTA transportation bus and funded by United Way Dubuque.

For more information please contact Roosevelt School Nurse:

Katie Vogt
PH: 563-552-5016
FAX: 552-5001

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Click [HERE](#) for our **PTO** page!

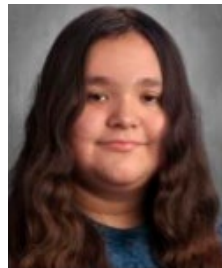
RAPTOR RAVES: APRIL



House 7-2 nominates **Landon Neese** as May's Raptor Rave. Landon demonstrates the 3 R's daily. He shows responsibility by helping his peers and teachers, completing work with great effort and doing it on time. Landon is kind to others and is ready to take on any challenge. We are proud of Landon and his work ethic! Way to go, Landon Neese!



House 7-3 is honored to announce **Zayden Schiffer** as our May Raptor Rave. Not only is Zayden an outstanding student, he is kind and polite in and out of the classroom. Zayden has a strong work ethic which is demonstrated by always having his work completed on time, following all directions and completing high quality work. Zayden is a role model for his peers and a quiet leader. His classmates often look to him to see what they are supposed to be doing. Zayden is always willing to lend a hand to a teacher or peer. We are so proud to have Zayden as part of the 7-3 team!



House 8-1 is proud to announce **Isabella Magdaleno-Saucedo** as it's May Raptor Rave. Bella is a great representative for the Raptor 3 Rs! She is always respectful and kind to everyone. Bella is always ready to learn and comes to class with a smile on her face ready to learn all she can. Her attention in class is a great model for her peers. She is always responsible and stays on top of her classwork. Bella is a sweet young lady and we are happy she has been part of the 8-1 family!



House 8-2 is elated to announce that **Annie Gilligan** has been selected as our Raptor Rave for the month of May. Annie is an amazing student and an all-around awesome person. Annie definitely exemplifies the Three R's every single day. She is incredibly responsible, making sure to try her hardest in every aspect of her life. In addition to that, Annie is always ready; she comes to school prepared to learn and make the best of every opportunity. Finally, Annie is completely respectful at all times; she is sweet and kind to everyone she encounters, and her presence makes the classroom a better place. Ultimately, Annie is such a wonderful student and person; she is top-notch in every way. We are so happy to have Annie Gilligan as a part of the 8-2 family!



House 8-3 is excited to announce **Ashley Nank** for Raptor Rave! Ashley participates in show choir and was recently in the Music Man musical at Eleanor Roosevelt. She is an exemplary student and excellent role model for others. Her character is exceptional, and she is always ready to help others. Ashley communicates with staff and her peers respectfully and strives for success in all that she does, both academically and as a citizen in our school. Well done, Ashley!

ERMS ATTENDANCE PROCEDURE

If your child(ren) will be out for an extended period of time for a non-illness reason such as a family trip, we ask that you please provide notification to the office a minimum of one week in advance of the first day of absence. There are three options for communicating this with the main office:

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CONTACTS

Main Office: 552-5000

Principal: Mr. Jeff Johl

Business Manager/Principal's
Secretary: Mrs. Angela Pickel

Activities Office: 552-5010

Assistant Principal/Athletic
Director: Mr. Mark Lawler

Assistant Principal's Secretary/
Activities: Mrs. Tiffany Amico

Attendance Office: 552-5012

Assistant Principal: Mrs. Bobbie
Jones

Attendance/Assistant Principal's
Secretary: Mrs. Amanda Herrig

Health Office: 552-5016

Nurse: Mrs. Katie Vogt
Health Para: Mrs. Dana Sullivan

Guidance Office: 552-5013

Grade 6: Mrs. Kerry Elliott
Grade 7: Mrs. Casie Kaiser
Grade 8: Mrs. Amy Glennon

Records/Counselors Secretary:
Mrs. Polly Fleming

DCSD Anonymous Tip Line: 552-3075

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Click [HERE](#) for our PTO page!

1. You can send a note with your child, OR
2. You can call the attendance line at 563-552-5012, OR
3. You can send an email to ermsattendance@dbqschools.org

Please include the student name, the dates of the absence and the reason. The student will then receive a letter from the Main Office to be reviewed by each of their teachers so that they are informed of the dates.

Best procedure for your convenience: ERMS Attendance procedure for picking up your student for an appointment during school hours.

- Send a note with your student in the morning.
- The note should include: student's name, pick-up time, reason for leaving early, and parent's signature.
- The student should bring that note to the main office first thing in the morning. He or she will be given a pass out of class in exchange for the note.
- Then your student will meet you at the east door by the flag pole. And he or she can come out when you pull up to the curb.

Option 2: If you know in advance that your child will miss school you can send an email to ermsattendance@dbqschools.org. Please include your child's name, pick-up time and reason for leaving early.

If you need to pick up your student due to a last minute situation, call the attendance line at 552-5012. If we received the information through a phone call, then you have to meet your student in the building. When picking up your student, you will need to enter the building through the door by the flag pole. Then check in with the secretary at the window. **Please notify us as early in the day as possible so that we can better serve you.**

NURSES NOTES

Reminder to parents of 8th graders, dental screenings need to be completed before entering 9th grade. The form was mailed home, but a copy can be obtained in the Health Office if needed. Please return to the high school your student will be attending.

Reminder to parents of 6th graders, incoming 7th graders will need a TDap and Meningitis vaccine this fall. It is Iowa State law. 7th graders will not be able to attend classes in the fall until this requirement is on file in the health office. <https://hhs.iowa.gov/immmtb/immunization/laws>

ILLNESS REMINDERS: Students with a temperature of 100.4 F or higher should stay home until fever free for 24 hours without any fever-reducing medication.

If your child is ill, PLEASE keep them home to avoid passing the illness to their class. DCSD requires a student to be free of fever (without Tylenol or Ibuprofen), vomiting or diarrhea for 24 hours before returning to school.

If your child begins to feel ill at school, please remind them to visit the nurse. Any student who contacts home for pick up without seeing the nurse will get an unexcused absence. Thanks!

Students with ANY high-risk COVID-19 symptom or TWO OR MORE low-risk COVID-19 symptoms should also stay home.

High risk: New cough, shortness of breath or difficulty breathing, new loss of taste or smell.

Low risk: Fever or chills, headache, muscle or body aches, fatigue, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.

Students who are symptomatic and waiting on COVID-19 test results SHOULD NOT come to school until they receive the results of the test.

ACTIVITIES OFFICE CONTACTS

If you have any questions, feel free to contact the following staff in the Activities Office:

Mr. Lawler

mlawler@dbqschools.org

Mrs. Amico

tamico@dbqschools.org

Mrs. Schumacher

kschumacher@dbqschools.org

PHYSICAL PACKET

Visit the page below to download the complete packet. It is the first link on the page titled: Athletic Participation Required Forms (PDF)

<https://roosevelt.dbqschools.org/athletics/forms-and-documents/>

LEAP INFORMATION

Visit the LEAP page to view upcoming events. Students will either be given a permission form to take home or can pick one up from the Activities Office.

<https://roosevelt.dbqschools.org/activities/leap/>

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COUNSELOR'S CORNER

Submitted by: Mrs. Elliott (6th), Mrs. Kaiser (7th) and Mrs. Glennon (8th)

We made it... well almost!!! We will be wrapping up some end of the year stuff and are working on next school year!

Parents of 8th grade: Please go into Infinite Campus and approve your soon to be freshman's 4-year-plan!

7 mindsets – Our last unit is, The Time Is Now.

The Time Is Now Mindset teaches us the importance of harnessing the power of the moment and taking purposeful action. The simple fact is that all of our power to act and make an impact exists in this moment. We cannot change the past, and the future hasn't happened, so we must recognize that our only path to happiness, fulfillment and meaning is to take purposeful action in the present toward creating the lives of our dreams. -7 Mindsets Curriculum

The Dubuque Community School Food and Clothing pantry WILL be open all summer long! The hours will remain the same per usual, Monday's 2-4 and Wednesday's 10-noon @ the NICC downtown center.

The Salvation Army is reviving a program they had before the pandemic called "Pathway of Hope". This program helps family map out goals and provides resources and connections for families who are willing to build a strong future for themselves. The goal is to help families in generational poverty or families who are in crisis. For additional information on this program please contact: John Emery at 563-556-1573 or john.emery@usc.salvationarmy.org

The last pages of this newsletter lists additional Dubuque resources to utilize throughout the summer!

DUBUQUE: A PEREGRINE HOME

ERMS 8th GRADERS WILL BE NAMING DUBUQUE'S NEW FALCON CHICKS

Submitted by: Genevieve S., Carsyn B., Isla S., Naomi R., and Elleauna A.

Are you a falcon fan? Then we've got news for you!



On a courthouse ledge in downtown Dubuque is a nest where two peregrine falcons have been coming since 2017. The nest is live streamed 24/7 on the Dubuque County YouTube channel, so everyone can enjoy a peek into these magnificent birds and their chicks. This year the falcon couple of She Beast and Jeff have laid four eggs, and 8-3 science classes have the privilege of naming them!

Science students have been checking up on the falcons periodically for several months now and have enjoyed a peek into their fascinating life cycle. They have also been asking questions and collecting information from other falcon fans on the live stream chat. Did you know peregrines are the fastest animals on Earth? They can reach speeds up to 200 miles per hour as they hunt other birds! They are also monogamous—mating for life.

Three of the eggs have hatched, and many different names have been suggested for the chicks. These include Fiona, Angelica, Peanut, Talon, and Ice Spice. This whole experience has been a wonderful learning opportunity, and 8-3 students are grateful to have been able to participate in such a fun activity. We hope the babies love their new names!

The chicks will be banded and given their official names on Thursday, May 25th at 10:00 a.m. If you'd like to watch it live, go to:

 [YouTube Dubuque County - Falcon Camera PTZ View - YouTube >](#)

SAVE THE DATE: GARDEN CLUB PLANT SALE

STUDENT VEGGIE PRE-SALE
Friday, May 19th
8th Period until 3:00 p.m.

PUBLIC SALE
Saturday, May 20th
10:00 a.m.–12:00 p.m.



GARDEN CLUB: SPRING HAS SPRUNG

Submitted by: The Garden Club



The ERMS Garden Club has been working tirelessly preparing for this year's growing season. Club members have started thousands of veggie, herb and flower plants, learning the process of growing and nurturing plants from seed to harvest!! From mixing our own soil, planting seeds and repotting them in repurposed milk cartons from our own cafeteria to getting them to the greenhouse, the students have had their hands fully immersed in the caretaking of living, green things.

Our mission is to fully self-sustain our club with the funds from selling plants in the spring and pumpkins in the fall. We use these funds to buy seeds, soil, and tools, propane gas for the greenhouse heater, and, most recently, fruit trees to start our school community orchard. We will welcome the delivery of 4 apple trees and a cold-hardy peach tree this week!

Additionally, we are very grateful for new support from a community donor. The generosity of this donor enables our club to replace 4 decaying, decrepit raised beds as well as build 2 brand new accessible raised beds! (Thanks to the help of Building & Grounds.) We are so excited to have these 6 new beds ready to go for our spring planting. Make sure to come see them when you are at ERMS... they are the best thing since sliced cucumbers!



We are anxious for our plant sale to get underway; there is always a lot of energy and enthusiasm when the students come to buy plants. From our business model, club members generate revenue and understand the cost analysis of our plant sale. We take some pride in turning out a good product and we have had really great feedback on our plants. Thank you for your continued support. Hoping and wishing you a green, serene spring, full of renewal!

CONGRATS ON YOUR RETIREMENT MR. NORMAN!



MUSIC NOTES: ORCHESTRA

Submitted by: Natalie Delcorps, 6-8 Orchestra Director

The Eleanor Roosevelt Middle School Bands had their end of the year concert on May 4th, 2023. It was a glorious night filled with marches, lullabies, and jazz tunes. There was even a percussion ensemble performing a piece called, "Fresh Trash" with trash cans. This was Mr. Dan Norman's last ERMS band concert before his retirement. We wish him well on his new endeavors!



Ruah Kim (viola), Sarah Hockett (violin) and Eve Scheidecker (viola) had a great time at the Iowa String Festival on May 13th, 2023. Both Sarah and Eve placed third chair in their sections while Ruah placed sixth. Congratulations to these young string musicians!

MUSIC NOTES: BAND

Submitted by: Dan Norman, Band

This past Thursday, Addilyn Dolan, Jordan Davisdon, and Aaron Blanchard all performed with the All Iowa 8th Grade Honor Band in Des Moines. This Honor Band is hosted by the Iowa Bandmasters Association and is made up of the strongest 8th grade musicians in the entire STATE!



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Students rehearsed for 2.5 hours with a nationally known director from Ohio in the morning and then in the afternoon, performed for packed house of band directors from all over the mid-west! Performing in the IBA 8th Grade Honor Band is the highest achievement any 8th grade band member can achieve!

Great job Addilyn, Jordan, and Aaron!

WE APPRECIATE YOU DAY

Submitted by: ERMS PTO

Since February, the PTO has been recognizing ERMS staff each week. Recipients receive a gift card as a gesture of our appreciation for all they do for our students.



March staff we recognized included (from left to right): Bethany Haeft (Special Programs Teacher), Scott Preston (Seventh Grade Social Studies), Amy Glennon (Counselor), Annie Schmidt (Eighth Grade Social Studies), Mark Lawler (Assistant Principal) and Andrew Vermies (Eighth Grade Social Studies) Not pictured: Cindy Schadler (Paraprofessional)



April staff we recognized included (from left to right): Melissa Sendt (Seventh Grade Science), Stacey Sigwarth (Seventh Grade Math), Diona Montana (Special Programs), Sarah Delaney (Educational Interpreter) and Liz Wiskus (Paraprofessional). Not pictured: Nicole Hilby (Sixth Grade Social Studies), Kiersten Schumacher (Student Needs Facilitator) and Kent Paca (Health and Wellness)

ERMS PTO

Roosevelt Families,

As the year comes to a close, I would like to thank our wonderful Roosevelt families for all of the support they have shown our students, staff and PTO throughout the school year. Our PTO was able to host several fantastic events for students and staff and make incredible contributions to the school for the benefit of all. We could not have done it without your help, and for that I am thankful!

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PTO BOARD

Jeff Johl, School Principal
Bobbie Jones, Asst. Principal
Mark Lawler, Asst. Principal
Jodi Heimke, Staff Rep.

2022-23 OFFICERS

President:

Hayley Taylor
taylor.hayleym@gmail.com

Vice-President:

Stephanie Wolter
sswolter74@gmail.com

Treasurer:

Tammy Rausch
trausch2@yahoo.com

Secretary:

Michelle Hingtgen
Tonymichelle83003@gmail.com

2022-23 COMMITTEE POSITIONS

Sports/Activity Booster:

Mark Lawler
mlawler@dbqschools.org

Dance Committee:

Hayley Taylor

Hospitality:

Hayley Taylor (Back to School)
Stephanie Wolter (Back to School
and Conference Meals)
Tina Long

Newsletter & Social Media:

Kimberly Davis
kim@maderastudios.com

Spirit Nights:

Brittany Becker
bbecker@dbq.edu
Stephanie Wolter

Yearbook:

Alex Schiavoni
aschiavoni@dbqschools.org
Stacey Sigwarth
ssigwarth@dbqschools.org

NEXT PTO MEETING

The first meeting for next year will be announced later this summer on our Facebook page so make sure to follow us!

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The 2023-2024 school year is shaping up to be another great one, and our PTO is fortunate to have volunteers stepping up to fill several of the positions being vacated as families move on to new schools. Brenda Nank will be taking on the role of President, bringing with her many years of PTO experience and a wealth of exciting new ideas. I encourage you to attend our first meeting in the fall and see what's on the agenda for next year!

STAY CONNECTED | Remember to like our Facebook page, **PTO Eleanor Roosevelt Middle School Dubuque**, to stay in the know on all things PTO. Also, make sure to join our email list by sending us a message on Facebook, signing up online or emailing us, ernspto@outlook.com.

SPIRIT NIGHT | Our next Spirit Night will be Wednesday, May 17th from 5–8 p.m. at Town Clock Pizza in Peosta. Town Clock Pizza will donate 10% of profits from that time period back to Roosevelt PTO to benefit our school.

I wish everyone a safe, healthy and fun summer! To those families moving on to the next chapter with their student, I hope you embrace the excitement of high school; some of the best years are yet to come! To the families returning to Roosevelt, I wish you continued fun and engagement; this school brings so many unique opportunities to students. Happy summer, and best of luck!

Hayley Taylor, PTO President



DINE-IN & CARRY-OUT

WEDNESDAY
May 17
4-9 p.m.

Join us for
ROOSEVELT PTO
Spirit Night

Town Clock will donate 10% of all purchases from 4:00–9:00 p.m. back to Roosevelt's PTO to support our school!

NOTE: Kitchen closes at 8:45 p.m.



DISTRICT INFORMATION

SAFE ZONE

This school is free of harassment, bullying and discrimination. The Anti-Harassment/Bullying/Discrimination Assurance Statement and School Board Polycys #1001/#1005 is available at The Forum, 2300 Chaney Road, Dubuque, Iowa 52001. Questions can be directed to 552-3000.

LUNCH MENU HOTLINE

Call the lunch menu hotline for the DCSD menu of the day at 552-3250. NSF CHECKS (NON-SUFFICIENT FUNDS) There is a \$20.00 charge for all NSF checks per DCSD guidelines.

ABSENCE PROCEDURES

When a student is absent from school, the parent or guardian should call the Attendance Office (563-552-5012) before 9:00 a.m. Please be sure to give your name, student name and reason for the absence. If you prefer send us an email to ERMSAttendance@dbqschools.org.

PAY STUDENT FEES ONLINE

Parents, can pay student fees and deposit breakfast/lunch money into your child's meal account by going to the Dubuque Community School District website at: dbqschools.org Select Student Fees from the drop down box OR Select Student Meals from the District front web page.

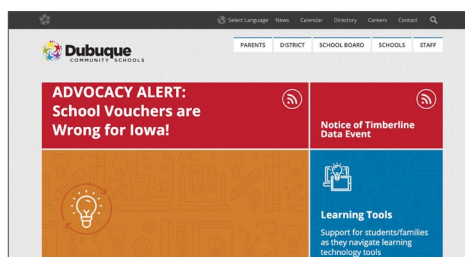
WEATHER HOTLINE

The Dubuque Community School District has a "Weather Hotline." When school may be closed due to inclement weather, individuals may call 552-3035 for school district updates. In addition, YOU CAN NOW press "1" for athletic contest changes and press "2" for fine arts activity changes. You can also sign up for Iowa School Alerts at: <https://schoolalerts.iowa.gov>

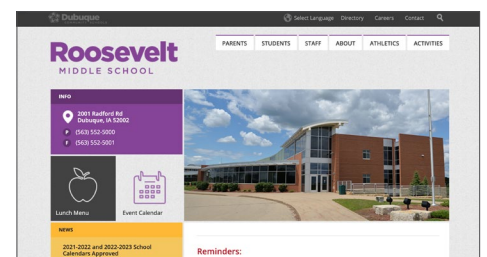
STAYING CONNECTED

Please remember to check in with us throughout the year to stay up-to-date on important news and events. Click on the image to visit each website or facebook page. Make sure to bookmark/like our pages.

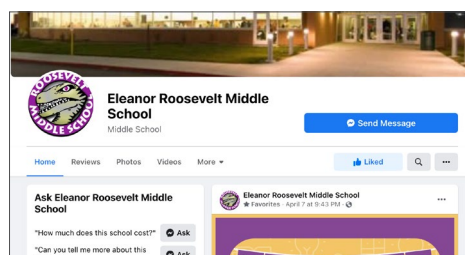
DCSD



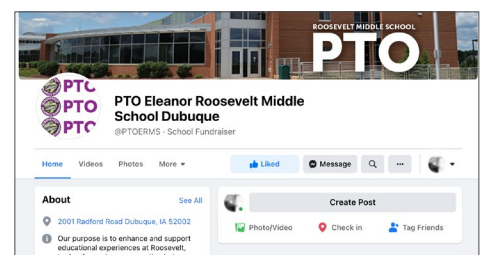
ERMS



ERMS FACEBOOK



ERMS PTO FACEBOOK



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SUMMER RESOURCES

FOOD PANTRIES

NAME	ADDRESS	DAYS	TIME	PHONE NUMBER	OTHER INFO.
Dubuque Area Labor Harvest	423 West Locust St.	2nd Saturday	7:00–9:30 am		Form of ID needed
Dubuque Community Schools					Contact the child's school for information on food pantries and backpack programs for families of enrolled child.
Dubuque County Veterans Affairs	36 East 8th St.			563-589-7840	Veteran & Family members who are Dubuque residents; Appointment is required.
Dubuque Food Pantry	1598 Jackson St.	Monday, Tuesday, Wednesday, Friday	Monday, Wednesday & Friday 1–4pm Tuesday 9am–12pm		Can receive every 30 days.
Grace Point Food Pantry	3100 Windsor Ave.			563-583-3929	Limited; For the working poor.
Hope House Catholic Worker	1592 Locust St.	Tuesday & Thursday	12:00–3:00 pm		
Multicultural Family Center	1157 Central Ave.	4th Friday	2:00 –5:00 pm	563-582-3681	Limited, preregister on 4th Sat. Max 8 people per family. Families can receive every other month. 1st time ID & Iowa residency required.
Resource Unite	1900 John F. Kennedy Rd.	Monday-Friday	8:30 am- 4:30 pm	563-231-6280	Food delivered to home, please the call office.
Salvation Army	1099 Iowa St.	Monday - Friday	9 am–12 pm & 1–3 pm		Referral is needed. Picture ID is needed. 3-4 months between each visit. At least 18 yrs old.
St. Stephen's Food Bank	3145 Cedar Crest Ridge			563-557-7474	Call for next place, date, and time of next scheduled Mobile Food Pantry
St. Luke's United Methodist Church	1199 Main St.	Saturday	4:00 pm	563-582-4543	
St. Vincent De Paul Voucher Center and Food Center	1351 Iowa St.	Tuesday, Thursday, Saturday	9am - 12pm	563-584-2226	Call voucher line. Can receive every 30 days.

MEALS FOR KIDS

NAME	ADDRESS	PHONE NUMBER	OTHER INFO.
Dubuque Food Pantry	1598 Jackson St.	563-583-4440	
Boys/Girls Club, Greater Dubuque	1299 Locust St.	563-585-0955	www.bgcdg.org

FREE MEALS

NAME	ADDRESS	DAYS & TIMES	OTHER INFO.
Dubuque Rescue Mission	398 Main St.	Breakfast: Every day @ 7:30 am. Lunch: Monday–Saturday @ 11:30am. Dinner: Monday, Tuesday & Friday @ 5:00 pm	
Hope House Catholic Worker	1592 Locust St.	Coffee: Sunday @ 3:00 pm and meal @ 6:00 pm	
St. Patrick's Church	1425 Iowa St.	Wednesday @ 5:00 pm	

FREE MEALS

NAME	ADDRESS	DAYS & TIMES	OTHER INFO.
First Congregational United Church of Christ	255 W. 10th St.	Thursdays @ 5:30 pm	
St. Luke's United Methodist Church	1199 Main St.	Saturday: snacks, free bread & seasonal produce @ 4:00 pm; 5:30 pm meal	
St. John Episcopal Church	1458 Locust St.	5th Sunday of the month @ 12:00 pm	
Dubuque Area Labor Harvest	423 West Locust St.	1st, 3rd, 4th & 5th Saturday @ 7:00–8:30 am	
Urban Bicycle Food Mission	423 West Locust St.	Delivers Sundays: Labor Harvest @ 4:15 pm Library @ 4:30pm, then all around downtown	ubfmdbq@gmail.com

SHOWER LOCATIONS

NAME	ADDRESS	PHONE NUMBER
Dubuque Rescue Mission	398 Main St.	563.583.1394
St. Luke's United Methodist Church	1199 Main St.	563.582.4543

RED BASKETS

NAME	ADDRESS	OTHER INFO.
Dubuque Rescue Mission	398 Main St.	
St. Luke's United Methodist Church	1199 Main St.	
Resource Unite	1900 JFK Rd.	
Dubuque Food Pantry	1598 Jackson St.	
Dubuque Community Schools		
City of Dubuque	50 W. 13th St.	
St. John's Open Closet	1276 White St.	Monday-Friday: 9:00 am–1:00 pm (Men's & Women's personal supplies)

DOWNTOWN FREE HOT MEALS

MEAL	SUN	MON	TUE	WED	THU	FRI	SAT
BREAKFAST	Rescue Mission 7:30 am	Rescue Mission 7:30 am	Rescue Mission 7:30 am	Rescue Mission 7:30 am	Rescue Mission 7:30 am	Rescue Mission 7:30 am	Rescue Mission 7:30 am DBQ Labor Harvest 1st, 3rd, 4th, 5th Saturday 7:30 am
LUNCH	St. John Episcopal Church 5th Sundays only 12:00 pm	Rescue Mission 11:30 am	Rescue Mission 11:30 am	Rescue Mission 11:30 am	Rescue Mission 11:30 am	Rescue Mission 11:30 am	Rescue Mission 11:30 am
DINNER	Hope House 6:00 pm	Rescue Mission 5:00 pm Hope House 6:00 pm	Rescue Mission 5:00 pm	St. Patrick's Church 5:00 pm	First Cong. United Church of Christ 5:30 pm	Rescue Mission 5:00 pm	St. Luke's United Methodists Church 5:30 pm