

OUR MISSION

The mission of Eleanor Roosevelt Middle School is to develop respectful, responsible learners through a rigorous curriculum in a caring, diverse community.



ELEANOR ROOSEVELT REPORT

MIDDLE SCHOOL

VOLUME 23 | ISSUE 3 | NOVEMBER 2023

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OUR NEWSLETTER

The Roosevelt Report is sponsored by the ERMS PTO and the ERMS Staff. In future issues we hope to bring you important information about events and activities at ERMS.

OUR COMMUNITY PARTNERS



NOTES FROM MR. JOHLL

Dear Roosevelt Families,

I hope this November newsletter finds you and your family doing well, enjoying the beautiful fall weather.

GUEST SPEAKER | Last Friday we had a special assembly at our school attended by all students. During the week of October 30th, the Dubuque Community Schools hosted Kristen Harootunian, a mental health advocate from Pennsylvania, in all of our secondary schools. Along with our student assembly, we were fortunate to host her for a community family night last Thursday. We were able to bring in this national speaker thanks to the sponsorship of the Duck Cup Memorial Fund, a group dedicated to the prevention of suicide. Her message to our students was focused on hope and recovery. Kristen experienced significant trauma as a young child, including the death of her mother by suicide. In her presentation Kristen shared the path she took to replace negative coping skills with positive ones. She shared that it is never too late or too early to get the help you need.

According to the Jason Foundation, we know that for middle and high school youth aged 12-18, suicide is the second leading cause of death. There has been an increase in suicides among youth aged 10-14, and the number of suicides have more than doubled for this group since 2006. More teenagers and young adults die from suicide than from cancer, heart disease, AIDs, birth defects, stroke, pneumonia, influenza and chronic lung disease.

It can be challenging for parents/guardians to know the difference between normal ups and downs or teenager moodiness versus when there is a real cause for concern. Discussing brain health, and in particular suicide, with your teen child can be difficult. Many teens do not want to talk about their thoughts and feelings. Having an open line of communication with them is important. It is a good thing for families to talk openly and regularly about brain health letting

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FOLLOW US ON INSTAGRAM

ERMS Houses each have their own Instagram accounts. On a computer type in the following website and add the house user name after the "/" without the "@" symbol. Go to:

Instagram.com/_____

OR

via the free Instagram app, create an account if you don't already have one, then search for the user name listed below. Make sure to include the "@" symbol.

THEN

Make sure to click "FOLLOW" on each of the pages.

HOUSE INSTAGRAM USER NAMES

HOUSE 6-1

@erms6.1

HOUSE 6-2

@erms6_2

HOUSE 6-3

@ermshouse6_3

HOUSE 7-2

@7.2raptors

HOUSE 7-3

@ermshouse73

HOUSE 8-1

@mskresshistory
@msyagerscience
@mrscummingsmath
@mspociask_ela

HOUSE 8-2

@erms_82
@Mrs_Norby

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your child know they do not have to struggle alone. We know from research that talking about suicide not only reduces the stigma, but it also allows teens to seek help when needed. Typically, people (including teens) do not die by suicide because they do not want to live—they die because they want to end their suffering. They feel helpless and hopeless. The act of suicide is often an attempt to control those deep and painful emotions. It's important to know that suicide is often preventable. If your child makes any references to suicide or you see any warning signs of suicide, please take them seriously. If you are seeing areas of concern, ask your teen directly if they are thinking of suicide. If they share that they are, seek professional help immediately. You can also call the 988 suicide and crisis lifeline right away for help and assistance. Never minimize their feelings but instead validate them with statements such as "What can I do to support and help you?"

For your reference, information on many local resources are compiled in the following Dubuque County publication:

Family Resource Guide 2022-2023 (PDF) >

TRIMESTER 2 | It's hard to believe that in a few days we will begin the second trimester of the 2023-2024 school year. The first day is Friday, November 17th. Because your child(ren) will have a new specialist class (Art, Health, or Gen. Music), it would be great if you could review their schedule with them on Infinite Campus.

BULLYING, HARASSMENT, AND DISCRIMINATION ARE NOT ALLOWED |

With this newsletter I want to share information about an electronic reporting option that anyone may use to report a concern. This district form, along with an informational video, can be found on the district website with this link:

<https://www.dbqschools.org/parents/say-something/>

The online form is available to all students, staff, parents, and community members to use, and it can be submitted anonymously. If a concern is shared electronically, it will be routed directly to me as the school principal. Please know that this form is provided by the district as an additional option to share a report, but we also encourage everyone to also let us know directly at school of any bullying, harassment, or discrimination. We are committed to creating a safe learning environment for all students.

FALL FUNDRAISER | I want to share my sincere appreciation to all students and parents, along with the Roosevelt PTO, for another successful fall fundraiser. Our distribution of fundraiser products, including frozen food, will be on Tuesday, December 5, from 2:30 to 5:30 p.m. in the cafeteria. More information will be coming from the school via Parent Square. The money raised from the fundraiser, with the support and advice of the PTO, will be used to support our students in their learning experience here at Roosevelt.

ERMS FACEBOOK | If you have not done so already, please consider following the **Roosevelt Facebook page**. We share pictures of learning, activities, athletics and much more, along with other important information. Many of our PBIS activities are featured on our Facebook page.

Have a great Thanksgiving!

Sincerely,



Mr. Johll - Principal

ADDITIONAL ERMS INSTAGRAM USER NAMES

@ermslibrary
@mrsglennonerms
@msmontanaerms
@msputchio
@feldermanwellness
@lucaswellness1002
@erms.orch
@erms.fame

MEDICAL APPOINTMENT TRANSPORTATION

Transportation to **medical** appointments is available through RTA transportation bus and funded by United Way Dubuque.

For more information please contact Roosevelt School Nurse:

Katie Vogt
PH: 563-552-5016
FAX: 552-5001

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Click **HERE** for our **PTO** page!

RAPTOR RAVES: NOVEMBER



House 6-1 is proud to announce **Elizabeth Ellerbach** as our next Raptor Rave! Emmie has risen to the top of the list quickly this fall. She is polite, friendly, and works hard to be successful every day. Emmie has confidence and intelligence that put her over the top. She meets our Respect, Responsible, and Ready expectations in all that she does. She strives to be the best version of herself, dreams big, and uses her strengths to achieve success. Keep working hard, Emmie! We can't wait to see what you do next!



House 6-2 recognizes **Ben Valentine** as this month's Raptor Rave. Ben is exemplary at demonstrating respect, responsibility, and readiness in his interactions with teachers and classmates. He willingly accepts challenges and perseveres until his goal is met. He is humble about his successes and shares his knowledge and skills with others graciously. He is ready to lend a helping hand even if doing so isn't easy or convenient. He is the epitome of what it means to be ethical and to contribute to a better world.



House 6-3 is proud to share the recognition of **Addyson Goss** as our November Raptor Rave! Addy's hard work and dedication to school are seen on a daily basis. Whenever Addy is introduced to a new concept, project, or challenge, she approaches all with enthusiasm and interest. Addy is a wonderful role model for her peers, as she is always ready to learn, respectful of others, and is consistently a responsible citizen. Addy's persistence and problem-solving skills demonstrate how interested she is in learning and progressing her knowledge. Having Addy enter a classroom with her bright smile makes the day much more enjoyable for all around her. Thank you, Addy, for representing Eleanor Roosevelt Middle School as a true Raptor!!



House 7-1 happily names **Vera Mihalakis** as our Raptor Rave this month. Vera is a respectful student who arrives to class everyday prepared and ready to collaborate with her peers. She is willing to work with anyone and strives for excellence in all assignments and class activities. House 7-1 is grateful for Vera and congratulates her on the honor of becoming our November Raptor Rave.



House 7-2 nominates **Alexander Wiese** as this month's Raptor Rave. Alex demonstrates Roosevelt's 3 R's daily. He is always ready with work completed for class at a high level, showing great creativity when given the opportunity. He is ready to work with others productively, and also is a very diligent planner of his time. He is a responsible learner who advocates for himself and asks for help when needed. Alex also demonstrates respect for his peers as he is regularly willing to help others with tasks or explaining class work, even if it eats into his own time. Alex not only cares for his success and inclusion, but for those around him. House 7-2 is proud to recognize Alex for his continuous efforts towards demonstrating Roosevelt's 3 Rs. Keep up the tremendous effort, Alex!

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CONTACTS

Main Office: 552-5000

Principal: Mr. Jeff Johl

Business Manager/Principal's
Secretary: Mrs. Angela Pickel

Activities Office: 552-5010

Assistant Principal/Athletic
Director: Mr. Mark Lawler

Assistant Principal's Secretary/
Activities: Mrs. Tiffany Amico

Attendance Office: 552-5012

Assistant Principal: Mrs. Bobbie
Jones

Attendance/Assistant Principal's
Secretary: Mrs. Amanda Herrig

Health Office: 552-5016

Nurse: Mrs. Katie Vogt
Health Para: Mrs. Dana Sullivan

Guidance Office: 552-5013

Grade 6: Mrs. Amy Glennon
Grade 7: Mrs. Kerry Elliott
Grade 8: Mrs. Casie Kaiser

Records/Counselors Secretary:
Ms. Jordan Coleman

DCSD Anonymous Tip Line: 552-3075

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RAPTOR RAVES: NOVEMBER



House 7-3 has chosen **Collin McCollaugh** as our Raptor Rave this month. Collin demonstrates all of the qualities that we like to see in a Roosevelt Raptor. He is friendly to all of his classmates and always has a smile on his face. Collin is a very responsible student who continues to complete all his homework assignments on time and completes them well. Collin is always willing to work hard to be successful. He is positive, considerate of others, and willing to ask questions if he needs help. The teachers in House 7-3 see that Collin cares about his schoolwork. He is always ready for the day and comes to class prepared and ready to work hard. Collin has been a joy to have in class. All the House 7-3 teachers agree that he is very deserving of this recognition!



House 8-1 proudly chooses **Madelyn Frommelt** as the November Raptor Rave to represent ALL of the Raptor Raves in 8-1! Maddie is kind and caring. She stands up for what she believes is right. Maddie is a good problem solver in her academics and in her social life. She is reflective in her learning and always puts great effort into all she submits. She participates in class and is willing to help others. Maddie is fair and always does the right thing. Maddie is a fantastic addition to the House 8-1 Family!



House 8-2 is thrilled to nominate **Lola Siegert** as our Raptor Rave. Lola is always respectful, responsible, and ready. She goes above and beyond in all classes and in her extracurricular activities. Lola participates constantly and is willing to ask questions when no one else will. She always has a positive attitude and has a smile for all. House 8-2 is excited to have the opportunity to work with Lola.



House 8-3 is excited to announce **Payton Poster** as this month's Raptor Rave! Payton starts his day saying a cheery hello and asks us how we are doing. He is respectful every day to staff and his peers. He politely speaks with his peers, shares his thoughts in a respectful manner, and raises his hand to contribute to class discussions. Payton is responsible by keeping up with his responsibilities at school, such as completing assignments on time and using his class time wisely. Payton has his materials every day and he has a positive attitude every day. Payton's character is genuine and fits right in with his peers, no matter the situation. He can work with any student and is a critical thinker, which enhances not just his learning, but also the learning of other students that he is working with. Payton is busy outside of school as well. He is involved in Boy Scouts, earning badges, and contributing to our community. He has helped scout for food as well as giving assistance to other causes. 8-3 is so very proud of Payton and we are proud to have Payton as our Raptor Rave.

ERMS ATTENDANCE PROCEDURE

If your child(ren) will be out for an extended period of time for a non-illness reason such as a family trip, we ask that you please provide notification to the

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ACTIVITIES OFFICE CONTACTS

If you have any questions, feel free to contact the following staff in the Activities Office:

Mr. Lawler

mlawler@dbqschools.org

Mrs. Amico

tamico@dbqschools.org

Mrs. Schumacher

kschumacher@dbqschools.org

PHYSICAL PACKET

Visit the page below to download the complete packet. It is the first link on the page titled: Athletic Participation Required Forms (PDF)

<https://roosevelt.dbqschools.org/athletics/forms-and-documents/>

LEAP INFORMATION

Visit the LEAP page to view upcoming events. Students will either be given a permission form to take home or can pick one up from the Activities Office.

<https://roosevelt.dbqschools.org/activities/leap/>

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office a minimum of one week in advance of the first day of absence. There are three options for communicating this with the main office:

- 1. You can send a note with your child, OR**
- 2. You can call the attendance line at 563-552-5012, OR**
- 3. You can send an email to ermsattendance@dbqschools.org**

Please include the student name, the dates of the absence and the reason. The student will then receive a letter from the Main Office to be reviewed by each of their teachers so that they are informed of the dates.

Best procedure for your convenience: ERMS Attendance procedure for picking up your student for an appointment during school hours.

- Send a note with your student in the morning.
- The note should include: student's name, pick-up time, reason for leaving early, and parent's signature.
- The student should bring that note to the main office first thing in the morning. He or she will be given a pass out of class in exchange for the note.
- Then your student will meet you at the east door by the flag pole. And he or she can come out when you pull up to the curb.

Option 2: If you know in advance that your child will miss school you can send an email to ermsattendance@dbqschools.org. Please include your child's name, pick-up time and reason for leaving early.

If you need to pick up your student due to a last minute situation, call the attendance line at **552-5012**. If we received the information through a phone call, then you have to meet your student in the building. When picking up your student, you will need to enter the building through the door by the flag pole. Then check in with the secretary at the window. **Please notify us as early in the day as possible so that we can better serve you.**

NURSES NOTES

Submitted by: Mrs. Vogt, RN

HEALTH OFFICE UPDATES:

- 1. We can no longer give cough drops or Tums to students.**
- 2. Written consent has to be obtained before giving Tylenol or Motrin to students. We can no longer call home for verbal consent.**

Reminder, 6th grade students will need a **TDap and Meningitis vaccine** to enter 7th grade next year.

Students will be given an unexcused absence if they text/call a parent to go home without visiting the nurse first.

ILLNESS REMINDERS: Students with a temperature of 100.4 F or higher should stay home until fever free for 24 hours without any fever-reducing medication.

If your child is ill, PLEASE keep them home to avoid passing the illness to their class. DCSD requires a student to be free of fever (without Tylenol or Ibuprofen), vomiting or diarrhea for 24 hours before returning to school.

Students with ANY high-risk COVID-19 symptom or TWO OR MORE low-risk COVID-19 symptoms should also stay home.

High risk: New cough, shortness of breath or difficulty breathing, new loss of taste or smell.

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Low risk: Fever or chills, headache, muscle or body aches, fatigue, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.

Students who are symptomatic and waiting on COVID-19 test results SHOULD NOT come to school until they receive the results of the test.

COUNSELOR'S CORNER

Submitted by: Casie Kaiser, Counselor

It's hard to believe that we are almost at the end of the 1st trimester!

2nd Trimester begins on November 17th. Please take a look at your students' grades in Infinite Campus and Canvas and connect with their teachers if your student needs improvement. If your student is struggling to complete their homework, you can follow your student on Canvas and see the teacher's agenda and what was assigned. The Multicultural Family Center is also offering tutoring in all subjects for middle school students on Monday's and Wednesday's from 3:30-5:00 p.m.

As you are aware, the weather is getting chilly! If you are in need of some winter gear, please stop down at our Dubuque Community Clothing Pantry located at NICC Dubuque Center, 700 Main Street. It is open on Monday's 2-4 and Wednesday's 10-12.

STRUGGLING IN SCHOOL? **FREE!**

GET HELP!

TUTORING IN ALL SUBJECTS AVAILABLE TO GRADES 6-12
MIDDLE SCHOOL- MONDAY & WEDNESDAY FROM 3:30-5
HIGH SCHOOL- TUESDAY & THURSDAY FROM 3:30-5

SCAN BELOW TO APPLY TO JOIN!

Multicultural FAMILY CENTER
The Family Hub on Main | DUBUQUE

MULTICULTURAL FAMILY CENTER (MFC) | 1157 CENTRAL AVE., DUBUQUE, IA 52001 | (563) 582-3651 | EMAIL: COUNSELOR@MFC.ORG | WWW.MFC.ORG

SCAN ME! SCAN ME! SCAN ME! SCAN ME! SCAN ME! SCAN ME!

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ACTIVITIES OFFICE

Submitted by: Mark Lawler, Assistant Principal/Activities Director

We just started our wrestling meets and girls' basketball games for the first winter season, and we're excited for these competitions. We have other groups like FIRST LEGO League and FIRST Tech Challenge getting ready for competitions as well. Teams like Math Counts and Science Bowl continue to practice for their competitions.

As always, if you have any questions, please contact us in the Activities Office at 563-552-5010 or tamico@dbqschools.org or mlawler@dbqschools.org.

MUSIC: ORCHESTRA

Submitted by: Natalie Delcorps, Orchestra Director



Congratulations to 8th grader **Ruah Kim** for being accepted into the Iowa Junior Honors Orchestra Festival! Ruah will travel to Ames, Iowa on November 17th to rehearse and perform with young musicians across the state. This honors orchestra festival is a one-day event, held in the same complex and at the same time as the Iowa All-State Music Festival and the Iowa Music Educators Association state convention. We are so thankful to have Ruah in our orchestras at Eleanor Roosevelt. Congratulations, Ruah!

PLP PUMPKIN FUN

Submitted by: Lindsey Mohr, Roosevelt PLP Teacher

Thank you to the Garden Club for donating Pumpkins to the PLP Classroom for us to decorate and to explore the inside of what a Pumpkin looks and feels like.

- Your Friends in PLP



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PTO BOARD

Jeff Johl, School Principal
Bobbie Jones, Asst. Principal
Mark Lawler, Asst. Principal
Jodi Heimke, Staff Rep.

2023-24 OFFICERS

President:

Brenda Nank
brendanank@yahoo.com

Vice-President:

Sara Wernimont
cuenowernimont@aol.com

Treasurer:

Tammy Rausch
trausch2@yahoo.com

Secretary:

Open Position

2023-24 COMMITTEE POSITIONS

Sports/Activity Booster:

Mark Lawler
mlawler@dbqschools.org

Dance Committee:

Open Position

Hospitality:

Crissy Adams

Newsletter & Social Media:

Kimberly Davis
kmadavis@gmail.com

Spirit Nights:

Open Position

Yearbook:

Alex Schiavoni
aschiavoni@dbqschools.org
Stacey Sigwarth
ssigwarth@dbqschools.org

NEXT PTO MEETING

All are welcome to attend on
Thursday, December 7, 2023
from 6:30–7:30 p.m. in the school
library.

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ERMS PTO

Hello Roosevelt Families,

The winter school dance of the school year will be held on Friday, December 1st. Tickets will be sold during school lunches. Watch our Facebook page for updates and volunteer opportunities.

SPIRIT WEAR | Get your Roosevelt gear now! The ERMS apparel store is live! Thanks to our new Spirit Wear Chairperson, Lynn Valley, for coordinating with District 20 to bring some new merch to the selection.

Shop ERMS Gear >

Shop ERMS Customizable Gear >

SPIRIT NIGHT | This month's Spirit Night is at **Pancheros at 4840 Asbury Road, Wednesday, November 15th from 4:00 – 10:00 p.m.** A portion of sales during that time will be donated back to Roosevelt's PTO to support our school. Please see below for additional details.

PTO MEETING | Our next PTO meeting will be on Thursday, December 7th at 6:30 p.m. in the school library. We look forward to seeing you there!

Brenda Nank, PTO President



**WEDNESDAY
NOVEMBER 15
4:00-CLOSE
4840 Asbury Road**

**JOIN US FOR
ROOSEVELT PTO
SPIRIT NIGHT**

PANCHEROS
MEXICAN GRILL

★

QUESO FOR A CAUSE

Support our school by eating out at Pancheros at 4840 Asbury Road during the above date and time and Pancheros **will donate 10% of our sales back to Roosevelt PTO to benefit our school!**

 **PTO**



ELEANOR ROOSEVELT MIDDLE SCHOOL

DECEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 WINTER DANCE 2:30-4:30	2
3	4	5 Fundraiser Distribution 2:00-5:30 Choir Pictures 12:30 Choir Concert 7:00pm	6 7PGBB vs 7SGBB	7 Wrestling @ Home PTO Meeting 6:30pm	8 8 th Grade Career Fair	9
10	11 7SGBB vs Washington Wrestling @ Wahlert HS	12 7PGBB @ Drexler Red 8GBB vs Drexler Red	13 7PGBB @ Mazz 8GBB vs Mazz	14 7SGBB vs Drexler Black	15 7SGBB @ Mazz	16
17	18 7PGBB vs Washington 7SGBB vs Drexler Red 8GBB @ Washington Band Pictures 12:30pm Band Concert 7:00pm	19 7PGBB vs Drexler Black 8GBB @ Drexler Black	20	21	22 MUSIC DAY!	23
24	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30
31						

DISTRICT INFORMATION

SAFE ZONE

This school is free of harassment, bullying and discrimination. The Anti-Harassment/Bullying/Discrimination Assurance Statement and School Board Policies #1001/#1005 is available at The Forum, 2300 Chaney Road, Dubuque, Iowa 52001. Questions can be directed to 552-3000.

LUNCH MENU HOTLINE

Call the lunch menu hotline for the DCSD menu of the day at 552-3250. NSF CHECKS (NON-SUFFICIENT FUNDS) There is a \$20.00 charge for all NSF checks per DCSD guidelines.

ABSENCE PROCEDURES

When a student is absent from school, the parent or guardian should call the Attendance Office (563-552-5012) before 9:00 a.m. Please be sure to give your name, student name and reason for the absence. If you prefer send us an email to ERMSAttendance@dbqschools.org.

PAY STUDENT FEES ONLINE

Parents, can pay student fees and deposit breakfast/lunch money into your child's meal account by going to the Dubuque Community School District website at: dbqschools.org Select Student Fees from the drop down box OR Select Student Meals from the District front web page.

WEATHER HOTLINE

The Dubuque Community School District has a "Weather Hotline." When school may be closed due to inclement weather, individuals may call 552-3035 for school district updates. In addition, YOU CAN NOW press "1" for athletic contest changes and press "2" for fine arts activity changes. You can also sign up for Iowa School Alerts at: <https://schoolalerts.iowa.gov>