



Dubuque

COMMUNITY SCHOOLS

2025-2026 Physical Education Exemption Request

Return completed form to the School Counseling Office

STUDENT NAME: _____

STUDENT ID#: _____ GRADE for 2025-2026: _____

I am requesting an exemption from Physical Education based on the following participation:

☐ I am enrolled in a work-based learning program that requires student absence from school premises during the school day. _____

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☐ I am enrolled in one of the approved activities below. Please circle the activity.

Fall Athletics/Activities	Winter Athletics/Activities	Spring Athletics/Activities	Summer** Athletics/Activities
Cross Country	Basketball	Golf (Women)	Baseball
Football	Bowling	Soccer	Softball
Golf (Men)	Swim (Men)	Tennis (Men)	
Swim & Dive (Women)	Wrestling	Track & Field	
Volleyball			
Tennis (Women)			
Fall Cheer	Winter Cheer		
Fall Dance	Winter Dance		
Marching Band			

** Summer sports must be completed prior to the school year to qualify a student for an exemption

***The decision to request an exemption is the responsibility of the student and parent/guardian.
Read the following carefully before signing.***

- I understand no credit will be earned if an exemption from physical education is approved.
- I understand the physical education requirement must be made up to fulfill graduation requirements if I do not participate through the entire athletic season (quit or cut from team), withdraw from the work-based learning program or drop Marching Band.
- **NOTE:** Wellness cannot be added to the student's schedule past the add class deadline.
- **NOTE:** All students must demonstrate competency in cardio-pulmonary resuscitation as required by the State of Iowa. Students who are granted a physical education exemption are **NOT** exempt from the CPR instruction requirement.

STUDENT SIGNATURE: _____ DATE: _____

PARENT/GUARDIAN SIGNATURE: _____ DATE: _____

If approved, the exemption will be noted on the student's schedule.

<i>For Office Use Only</i>	
_____	_____
Exemption approved / Date	Schedule adjusted by / Date