**APPROVED ACTIVITIES**

Below is a list of approved activities that are acceptable to use towards the **125 hours** of community service needed while in high school, that need to be completed at a nonprofit or not-for-profit organization.

All students must have completed the required number of approved and documented volunteer service hours **starting June 1st of the summer before their freshmen year and ending May 15th of their senior year**. It is the **student's responsibility** to submit their community service hours each year by using the *Silver Cord Program Service Hours Log* link on this page. Service Hours not submitted within 30 days may not be approved.

Students are expected to earn hours during each of their sophomore through senior years. **There is a 10-hour minimum requirement for each of those years to stay in the program.**

Total number of hours required to earn Silver Cord recognition:

Class of 2029: 125 Class of 2028: 125 Class of 2027: 115 Class of 2026: 110

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| **CATEGORY** | **ACCEPTABLE ACTIVITIES** | **UNACCEPTABLE ACTIVITIES** |
| Church/Religious Activities | * Teaching Bible School * Mission Trips * Church Dinners * Daycare Help * Church Festivals | * Activities involved in the service or ritual. (Including mass server, choir, scripture reading, offering, livestream operator.) |
| Community Agency or Events | * Dubuque Jaycee Events (Firework help, Millwork Nights) * St. Mark’s Youth Enrichment * Toys for Tots * Two by Two * Project Rooted * Convivium * Dubuque Humane Society * Many Others * Unsure? Just Ask! | * Internships * Job Shadows * Company Parties/Events (companies are for-profit) |
| Nonprofit Organization or Charity | * Resources Unite Website * Visit VolunteerDBQ.com * Blood Drives * Many Others! |  |
| School | * Set up before Dances **\*\*STUCO members cannot claim for dances – they are required to be there\*\*** * Hosting District or Regional Competitions (all activities) or Cleaning Up after District or Regional Competitions * Tutoring – FAST or pre-approved by advisors * Classroom assistant in Elementary schools * Sports Camps/Events for your sport – up to 15 hours/year * Theatre (Crew) – up to 15 hours/year * Key Club, NHS, Green Team (others offering service) – Up to 15 hours/year. | * Athletics or Music Practice * Sports Team Managers * Theatre Rehearsals |
| Other | * If you have questions or ideas, talk to Ms. Giesemann or Ms. Norton | * Helping relatives/friends with house/yard work * Babysitting * Court ordered service or discipline requirements. * Unsupervised Activities * Unpaid shifts at job |