**APPROVED ACTIVITIES**

Below is a list of approved activities that are acceptable to use towards the **125 hours** of community service needed while in high school, that need to be completed at a nonprofit or not-for-profit organization.

All students must have completed the required number of approved and documented volunteer service hours **starting June 1st of the summer before their freshmen year and ending May 15th of their senior year**. It is the **student's responsibility** to submit their community service hours each year by using the *Silver Cord Program Service Hours Log* link on this page. Service Hours not submitted within 30 days may not be approved.

Students are expected to earn hours during each of their sophomore through senior years. **There is a 10-hour minimum requirement for each of those years to stay in the program.**

Total number of hours required to earn Silver Cord recognition:

Class of 2029: 125 Class of 2028: 125 Class of 2027: 115 Class of 2026: 110

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| --- | --- | --- |
| **CATEGORY** | **ACCEPTABLE ACTIVITIES** | **UNACCEPTABLE ACTIVITIES** |
| Church/Religious Activities | * Teaching Bible School
* Mission Trips
* Church Dinners
* Daycare Help
* Church Festivals
 | * Activities involved in the service or ritual. (Including mass server, choir, scripture reading, offering, livestream operator.)
 |
| Community Agency or Events | * Dubuque Jaycee Events (Firework help, Millwork Nights)
* St. Mark’s Youth Enrichment
* Toys for Tots
* Two by Two
* Project Rooted
* Convivium
* Dubuque Humane Society
* Many Others
* Unsure? Just Ask!
 | * Internships
* Job Shadows
* Company Parties/Events (companies are for-profit)
 |
| Nonprofit Organization or Charity | * Resources Unite Website
* Visit VolunteerDBQ.com
* Blood Drives
* Many Others!
 |  |
| School | * Set up before Dances **\*\*STUCO members cannot claim for dances – they are required to be there\*\***
* Hosting District or Regional Competitions (all activities) or Cleaning Up after District or Regional Competitions
* Tutoring – FAST or pre-approved by advisors
* Classroom assistant in Elementary schools
* Sports Camps/Events for your sport – up to 15 hours/year
* Theatre (Crew) – up to 15 hours/year
* Key Club, NHS, Green Team (others offering service) – Up to 15 hours/year.
 | * Athletics or Music Practice
* Sports Team Managers
* Theatre Rehearsals
 |
| Other | * If you have questions or ideas, talk to Ms. Giesemann or Ms. Norton
 | * Helping relatives/friends with house/yard work
* Babysitting
* Court ordered service or discipline requirements.
* Unsupervised Activities
* Unpaid shifts at job
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